

Owen Trophy 2023 : Dorking 10 mile targets and results																	
		10K base time		Factor (secs)	10 mile target time		Factor (secs)	10 mile bonus target		Actual	Actual	20 points	Beating	Beating	Better than	Beating 2022	Total
		minutes	seconds	1.76	minutes	seconds	1.7424	minutes	seconds	minutes	seconds	for race	target	bonus target	last year	Road Ranking	points
Steve	Corfield	38	48	4097	68	17	4056	67	36	65	2	20	1	1	1	1	24
Andrew	Aitken	34	34	3650	60	50	3614	60	14	59	27	20	1	1	0	0	22
Martin	Filer	37	6	3918	65	18	3879	64	39	60	22	20	1	1	0	0	22
Maria	Gabriel	54	30	5755	95	55	5698	94	57	85	6	20	1	1	0	0	22
Tom	Gillespie	38	50	4101	68	21	4060	67	40	65	46	20	1	1	0	0	22
Tatsayu	Okamoto	35	23	3736	62	16	3699	61	39	59	11	20	1	1	0	0	22
Cindy	Sui	51	25	5430	90	30	5375	89	35	84	42	20	1	1	0	0	22
Erik	Schrijnemaekers	38	9	4029	67	9	3988	66	28	67	42	20	0	0	0	0	20
Darren	Woods	42	29	4486	74	46	4441	74	1	75	29	20	0	0	0	0	20
David	Gunaratnam	No 10k since 1st September 2021								93	39	20	0	0	0	0	20
Stephen	Harris	No 10k since 1st September 2021								77	1	20	0	0	0	0	20