

Owen Trophy 2019: targets and results. Elmore 7

|         |          |      | 10K base time |         | Factor | 7 mile target time |         | Factor | 7 mile bonus target time |         | Actual  | Actual  |               | Beating | Beating      | Better than | Better than          | Total  |
|---------|----------|------|---------------|---------|--------|--------------------|---------|--------|--------------------------|---------|---------|---------|---------------|---------|--------------|-------------|----------------------|--------|
|         |          |      | minutes       | seconds | 1.2    | minutes            | seconds | 1.188  | minutes                  | seconds | minutes | seconds | 20pt for race | target  | bonus target | last year   | 2017/18 road ranking | points |
| Tatsuya | Okamoto  | 2166 | 36            | 6       | 2599   | 43                 | 19      | 2573   | 42                       | 53      | 41      | 29      | 20            | 1       | 1            | 0           | 0                    | 22     |
| John    | O'Mahony | 2532 | 42            | 12      | 3038   | 50                 | 38      | 3008   | 50                       | 8       | 50      | 43      | 20            | 0       | 0            | 0           | 0                    | 20     |