

SOC Committee Meeting – 14th January 2019– Spreddeagle – 7.30pm

Tony Flowers, Mick Turner, Simon Webster, John O'Mahony, Jess Mills, Ruth Pearson, Beatrice Schaer, Krzysztof Klidzia, Lyes Fridi, Nikki Javan

1. Chairman & Sandilands – TF
 - a. Chairman's Report
 - i. First aid training course venue for Saturday 2nd Feb is now fully arranged and confirmed with Royal Russell via Katherine Selby and all 12 places filled.
 - ii. Saturday 2nd March – Ladies' last Surrey League XC and Men's East Surrey League both at Lloyd Park – Sue Turner advised that bar may be open anyway if hockey season is still on. If the bar is not open due to hockey Sue is amenable to opening if we can assure reasonable numbers. **TF to check if Sandilands bar is open**
 - iii. Sunday April 28th - Sandilands bar is booked from 6pm for annual post-marathon drinks.
 - b. Sandilands Report.
 - i. TF attended second Sandilands committee meeting on 8th Jan.
 - ii. Sandilands ended the year in a reasonably healthy position financially and there are no plans to increase fees in 2019 for yoga hall rental or our club subscription.
 - iii. TF has sent a reminder mail to Sandilands Committee members to forward on to their clubs that yoga is available to all including social members.
 - iv. With regard to the new outer doors and what is now the old outer door, a new single clubhouse key has now been issued to all Striders keyholders. In accordance with a request from Roger Hurrion, chair of Sandilands, an individually signed register of all our keyholders and their telephone contact details has been submitted (this request applied to all Sandilands Clubs).
 - v. Defibrillator now in bar. An evening to be arranged to go through how it works. TF advised that we have a sports specific first aid course coming up for Striders including use of defibrillator. TF will attend Sandilands evening if possible along with anyone else who wants to go along (I'm assured the procedure is not complicated) will also feedback to Striders first aiders as to where it is, procedures etc.
 - c. Croydon Half Marathon
 - i. Sunday 31st March – Sandilands hall now booked for 8am onwards for CHM. We will need to open up ourselves and un-alarm hall. The main gates at car park entrance will need to be opened up fully – TF has a raft of keys for this which I need to test in advance. Not sure if gates will need to be opened and closed day before if other equipment eg Portaloos need to be positioned the evening before. TBC whether bar will be open. Sue Turner advised there were very few customers last year as people were drinking tea and coffee from stalls set up in the

- ground. It is also Mothers Day this year so likely to be even less people staying around. **TF to discuss further with James Burree as regards viability of opening bar.**
- ii. Following accounts update from Ruth Pearson at upcoming meeting James Burree (chair of CHM sub committee) and TF have arranged to have a catch up re CHM in general and looking at estimated figures for entry income, costs and subsequent charitable donations plus now above-mentioned issues.
 - iii. As of 2 weeks ago we had 177 entries – up on the past few years. **TF to discuss with James publicising/encouraging sharing of CHM entry information with the club, using Niceworks' flyer as promotional material.**
2. Secretary – MT
 - a. London marathon volunteers. MT confirmed that he would be in control of the London Marathon volunteers this year. VMLM have asked if we could cover an additional section of the course, requiring 50 volunteers in total. **MT to publicise to club earlier than normal.**
 - b. **MT to send generic email to club re EA Coaching.**
 3. Membership – SW
 - a. Subs update **230 paid up. 140 non payers. SW to target non-payers.**
 - b. GDPR update. An individual contacted us to let us know of a page containing contact details has been Carry out site/server audit of non-compliant GDPR pages. Need to audit site JM/SW **JM to lead on the audit. JOM to check**
 4. Treasurer – RP
 - a. Banking responsibilities. TF has completed all necessary forms. RP requested an additional signatory so MT agreed to this. **RP to let MT know what he needs to do.**
 - b. Wings confirmed as sponsor for Croydon Half Marathon. Winning Margin confirmed as providing T Shirts.
 5. Socials - LF
 - a. CroyWall Feb 1st. LF secured a reduced rate for this and it has generated a fair amount of interest. **LF to forward details.**
 - b. Wednesday Club talks and events. The Winning Margin event was popular and they are returning on 30th Jan. A navigational talk is planned for 23rd Jan. Other potential topics (eg nutrition, ultra, S&C, EA speaker on mental welfare –**NJ will look into EA mental welfare topic. BS re Triathlon England.**
 6. Communication Officer – JOM
 - a. Club Magazine – It was agreed to look at better re-use of magazine articles. **JOM to talk to AD re this and investigate better linking/re-use of articles. , with Alan**
 - b. Striders noticeboard and use of – **JOM to fill the board**
 - c. Owen Trophy. Look at bringing season closer in line with membership year rather than 1st Dec to 30th Nov. It was agreed to shorten the 2019 Owen Trophy year for 2019 from 1st Dec to 31st October. **Shorten the year for 2019 til end of October. JM to update rules and email club .**
 - d. London Marathon Club Draw. Clarify & update rules on the website. **MT to update rules on website.**

- e. Issues communicated from groups runs & group leaders.
 - i. runners falling off the back of groups and not letting anyone know, or finishing a run early and not letting anyone know / difficulty in accounting for everyone lack of looping.... **TF to send reminder email.**
- 7. Kit Officer – NJ
 - a. NJ has looked at various different suppliers and suggested a webshop option justalittlebit.co.uk. **Committee to come back with comments to NJ's suggestions by 28th Jan.**
- 8. Club Runs – All
 - a. Speed sessions. The Committee acknowledged that there has been discussion within the club about Tuesday/Thursday speed sessions. **TF/KK to continue discussions.**
- 9. Yoga.
 - a. Feedback from attendees has asked for the second class to speed up and the first class to slow down. **MT to feedback to L, our instructor.**
- 10. Swimming
 - a. Emailing separately from the weekly Tuesday email has added a few more Striders.
- 11. Triathlon & multisports
 - a. It was agreed to re-affiliate as a club with the BTF (British Triathlon Federation) **BS to liaise with RP**
 - b. The Striders only Strength & Conditioning classes at MyPT have started on a Thursday. **BS to continue to promote to Striders.**
- 12. Marathon Training
 - a. Structured Sunday Marathon Runs. **KK suggested that we revisit this topic of specific pace targeting during long runs after the spring marathons.**
- 13. parkrun age graded competition
 - a. Suggestion to keep as annual tie in to Christmas? The Committee decided to look for a second date in the summer. **MT to look at calendar.**
- 14. XC handicap
 - a. Finding a third date has proved very difficult – **MT to look at calendar for all summer handicaps/events and report back.**
- 15. Ultra award for 19/20 season. It was thought too difficult to quantify this so this is on hold for the time being.
- 16. Website
 - a. The Striders wordpress theme, as a bespoke version, cannot be updated and there is a risk of the site falling down. **JM will have a look at some ideas and costings for updates to the website for the next committee meeting.**
- 17. B&B Mob Match
 - a. KK mentioned that horses in the field bolted through the field through a gated path at the start area and almost hit some spectators/runners getting ready. He has requested that the organisers think about safety and secure the horses for future mob matches.

Action Points

Socials	JOM	On hold	Flesh out idea of Sunday run socials
Kit supplier change	All	Open	Committee to email comments on suggested new supplier by 28/1/19
Strength & Conditioning classes	BS	Open	Promote to Striders
British Triathlon Federation affiliation	BS/RP	Open	Pay affiliation fee
Change end date of Owen trophy year	JM	Open	Update website and email club
Website	JM	Open	Look at some ideas and costings for updates to the website for the next committee meeting.
GDPR website/server audit	JM/JOM	Open	Carry out audit
Club noticeboard	JOM	Open	Populate board
Re-use of club magazine articles	JOM	Open	Talk to AD
Race submission page on website for one para to reflect special races	KK/JM	Open	KK wants members to be able to provide more substansive race reports when something special/different has happened in a race (ie club team win race first time ever, awful weather conditions) for the purpose of historical records to look back on.. A work in progress.
Croywall Social	LF	Open	LF to publicise
England Athletics Coaching	MT	Open	Email generic coaching links to club
Facebook Group	MT	Open	Clean Up of Non-Members
Handicap dates	MT	Open	Set dates for summer handicaps
parkrun age-graded competition	MT	Open	Revisit calendar for a summer event.
VMLM ballot rules	MT	Open	Update website
VMLM Volunteers	MT	Open	Publicise to club

Whatsapp Group	MT	Open	MT to set up committee group for all excludng TF
Yoga	MT	Open	Feed back user views to L
EA welfare topic	NJ	Open	NJ to investigate
Kit suppliers	NJ	Open	Following committee feedback change suppliers
Accounting best practice	RP	Open	Register us with HMRC
Add MT as banking signatory	RP/MT	Open	Add MT as signatory
Membership	SW	Open	Chase non-payers
CHM food/clothes stalls	TF	Open	TF to check on status of food/clothes stalls
CHM Promotion	TF	Open	TF to encourage sharing of CHM entry information with the club, using Niceworks flyer as promotional material.
Club run conduct - looping etc	TF	Open	Email reminder to club
Croydon Half Marathon	TF	Open	Meet with JM to firm up CHM details
March 2nd XC Bar	TF	Open	TF to check if Sandilands bar is open
Speed sessions	TF/KK	Open	Continue to discuss and promote
Speed sessions	TF/KK	Open	Continue conversation around sessions