

Owen Trophy 2019 : targets & results																		
			10K base	times	CHM	Half Marathon	target		Half Marathon	bonus target		half marathon	22pt for helping	Beating	Beating	better than	better than	total
			minutes	seconds		minutes	seconds	2.25225	minutes	seconds		actual	20pt for race	target	Bonus target	last year	2017/18 road ranking	points
Andrew	Aitken	2130	35	30	4846	80	46	4797	79	57		01:18:49	20	1	1	1	1	24
Tom	Lawson	2283	38	3	5194	86	34	5142	85	42		01:22:20	20	1	1	1	1	24
Andy	Perks	2344	39	4	5333	88	53	5279	87	59		01:25:39	20	1	1	1	1	24
Niamh	Vincent	2659	44	19	6049.225	100	49	5988.733	99	49		01:36:58	20	1	1	1	1	24
Krzysztof	Kidzia	2246	37	26	5110	85	10	5059	84	19		01:21:10	20	1	1	0	0	23
Matt	Stone	2293	38	13	5216.575	86	57	5164.409	86	4		01:24:16	20	1	1	1	0	23
David	Vinton	2390	39	50	5437.25	90	37	5382.878	89	43		01:27:20	20	1	1	0	1	23
Alison	Whitlock	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Alistair	Smith.....	2668	44	28	6070	101	10	6009	100	9		0	22	0	0	0	0	22
Andy	Elliott	3399	56	39	7733	128	53	7655	127	35		0	22	0	0	0	0	22
Barry	Finch	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Camilla	Smythe	3243	54	3	7377.825	122	58	7304.047	121	44		0	22	0	0	0	0	22
Darren	Woods.	2367	39	27	5384.925	89	45	5331.076	88	51		0	22	0	0	0	0	22
David	Harris	2470	41	10	5619	93	39	5563	92	43		0	22	0	0	0	0	22
Jane	Hughes	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Juliet	Stevenson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Kath	Selby	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Kevin	Bannister	no 10K	n/a	n/a	n/a	n/a	n/a	#N/A	n/a	n/a		0	22	0	0	0	0	22
Lee	Flanagan	2216	36	56	5041	84	1	4991	83	11		0	22	0	0	0	0	22
Maria	Gabriel	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Marianne	Chua	2526	42	6	5747	95	47	5689	94	49		0	22	0	0	0	0	22
Mark	Hutchings	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Michael	Joseph	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Michael	Smaldon	3205	53	25	7291	121	31	7218	120	18		0	22	0	0	0	0	22
Michelle	Klein	3814	63	34	8677	144	37	8590	143	10		0	22	0	0	0	0	22
Mick	Turner	2444	40	44	5560.1	92	40	5504.499	91	44		0	22	0	0	0	0	22
Neil	McDonough	3188	53	8	7253	120	53	7180	119	40		0	22	0	0	0	0	22
Nick	Fiander	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Nick	Kyritsis	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Nikki	Javan	2595	43	15	5904	98	24	5845	97	25		0	22	0	0	0	0	22
Peter	Attewell	3951	65	51	8989	149	49	8899	148	19		0	22	0	0	0	0	22
Peter	Johnson.	2668	44	28	6070	101	10	6009	100	9		0	22	0	0	0	0	22
Rachel	Lindley	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Robin	Jamieson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Rose	Nicoll	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Sarah	Allport	4186	69	46	9523	158	43	9428	157	8		0	22	0	0	0	0	22
Sophia	Sachedina	3028	50	28	6889	114	49	6820	113	40		0	22	0	0	0	0	22
Steve	Barker	3404	56	44	7744	129	4	7667	127	47		0	22	0	0	0	0	22
Stuart	Hills	3721	62	1	8465	141	5	8381	139	41		0	22	0	0	0	0	22
Tom	Littlewood	3147	52	27	7159	119	19	7088	118	8		0	22	0	0	0	0	22
Vanessa	Wheeler	3562	59	22	8103.55	135	4	8022.515	133	43		0	22	0	0	0	0	22
Victoria	Legge	4049	67	29	9211	153	31	9119	151	59		0	22	0	0	0	0	22
Adam	Lucas	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Alastair	Price	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Darren	Over	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Dev	Malhotra	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Emily	Dean	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Jemma	Zakariyyau	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Joanna	Scanlan	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
John	Summers	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Julie	Barclay	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Nadine	Price	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		0	22	0	0	0	0	22
Tatsuya	Okamoto	2166	36	6	4928	82	8	4878	81	18		01:19:47	20	1	1	0	0	22
Steve	Corfield	2394	39	54	5446	90	46	5392	89	52		01:25:43	20	1	1	0	0	22
Chris	Morton	2550	42	30	5801	96	41	5743	95	43		01:34:03	20	1	1	0	0	22
Jospeh	Ibe	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:35:58	20	0	0	1	1	22
Mark	Kelly	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:38:14	20	0	0	1	1	22
Laura	Fell	2774	46	14	6311	105	11	6248	104	8		01:39:05	20	1	1	0	0	22
Carl	Linkson	2914	48	34	6629	110	29	6563	109	23		01:47:25	20	1	1	0	0	22
Jessica	Polya	3084	51	24	7016	116	56	6946	115	46		01:50:45	20	1	1	0	0	22
Phil	Foley	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:58:17	20	0	0	1	1	22
Alex	Legge	3560	59	20	8099	134	59	8018	133	38		01:59:10	20	1	1	0	0	22
Liam	Redmond	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:24:43	20	0	0	0	1	21
Micky	Wheeler											01:33:37	20	0	0	0	1	21
Brenham	Heath	3070	51	10	6984	116	24	6914	115	14		02:03:28	20	0	0	1	0	21
steve	Tyler	4269	71	9	9711.975	161	52	9614.855	160	15		02:42:37	20	0	0	0	1	21
Simon	Ambrosi	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:25:08	20	0	0	0	0	20
Bill	Makuwa	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:25:45	20	0	0	0	0	20
Dave	Shaw	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:31:43	20	0	0	0	0	20
Andrew	Pickering	2456	40	56	5587	93	7	5532	92	12		01:34:43	20	0	0	0	0	20
simon	webster	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:35:04	20	0	0	0	0	20
Jeremy	Morris											01:35:05	20	0	0	0	0	20
Jenny	Rowe											01:38:57	20	0	0	0	0	20
Paul	Ayers	2644	44	4	6015	100	15	5955	99	15		01:44:30	20	0	0	0	0	20
Phil	Richards	2769	46	9	6299	104	59	6236	103	56		01:44:42	20	0	0	0	0	20
Sarah	Roles											01:52:27	20	0	0	0	0	20
Debra	Bourne	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:56:45	20	0	0	0	0	20
Louise	Grech	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		01:59:10	20	0	0	0	0	20
Andy	Morcombe											01:59:10	20	0	0	0	0	20
Susanna	Lutman	2814	46	54	6402	106	42	6338	105	38		01:59:44	20	0	0	0	0	20
Caroline	Whittaker											02:02:48	20	0	0	0	0	20
Sheena	Hammond	3272	54	32	7444	124	4	7369	122	49		02:04:18	20	0	0	0	0	20
David	Downs	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		02:05:49	20	0	0	0	0	20
Barry	Dearlove											02:06:20	20	0	0	0	0	20
Jo	Riches	3285	54	45	7473	124	33	7399	123	19		02:10:50	20	0	0	0	0	20
Laura	Cullum											02:10:53	20	0	0	0	0	20
Isabelle	Kita	3648	60	48	8299	138	19	8216	136	56		02:20:04	20	0	0	0	0	20
Elsa	Santana								</									