

ranking	5k					10k					10 Miles					Half Marathon					Marathon					either 5K or 10	
	Event	seconds	factor	%age	Rank	Event	seconds	factor	%age	Rank	Event	seconds	factor	%age	Rank	Event	seconds	factor	%age	Rank	Event	seconds	factor	%ages	Rank	best 3 from	
1	James Bennett	Clapham C	955	0.97	83.80%	2	QEOP	1974	0.99	82.28%	1		0	1		Big Half	4325	0.9902	81.80%	1	Berlin	9170	0.9920	81.10%	1	3	
2	Dave Shaw	Serpentine	1102	0.84	84.16%	1		0	0.84			0	1		Brighton	5158	0.8475	80.13%	2	Chester	11281	0.8495	76.98%	2	5		
3	Krzysztof Klidzia	Battersea	1081	0.86	83.79%	3	Richmond	2291	0.87	80.71%	2	Dorking	3889	0.8705	77.98%	1	Caterham	5074	0.8705	79.31%	3		0	0.8728		6	
4	Andrew Aitken	Wimbledon	1059	0.95	77.67%	4	Richmond	2149	0.96	77.38%	5		0	1		Richmond	4775	0.9695	75.67%	4		0	0.9725		13		
5	Alastair Falconer		0	0.99			Titchmarsh	2117	1.00	75.84%	6		0	1		Richmond	4695	0.9995	74.65%	5	Edinburgh	10203	0.9998	72.32%	4	15	
6	Andy Perks		0	0.89			Croydon	2344	0.90	75.62%	7	Great Soul	3824	0.9089	75.96%	2	Brighton	5197	0.9089	74.16%	7	London	11444	0.9117	70.70%	6	15
7	Steve Massey	Battersea	1189	0.87	75.01%	6	Brighton	2344	0.88	77.55%	4	Dorking	4186	0.8859	71.19%	4	Farnborough	5515	0.8859	71.70%	4	Brighton	11920	0.8884	69.66%	7	15
8	Graeme Drysdale	Hyde Park	1179	0.87	75.65%	5	Brighton	2299	0.88	79.07%	3		0	0.8859		Caterham	5697	0.8859	69.41%	11		0	0.8884		19		
9	Simone Luciani		0	0.98			Self Trans	2156	0.99	75.04%	8		0	1		Big Half	4747	0.9936	74.27%	6	Paris	10335	0.9950	71.74%	5	19	
10	Steve Harris		0	0.89			Croydon	2438	0.90	72.71%	9		0	0.9089		Croydon	5383	0.9089	71.60%	9	Edinburgh	11131	0.9117	72.69%	3	21	
11	Darren Woods	Hyde Park	1175	0.99	66.65%	8	Brighton	2367	1.00	67.75%	12	Great Soul	3969	1	66.52%	5	Wokingham	5058	1.0000	69.26%	12	Mancheste	11714	1.0000	62.98%	8	21
12	Chris Morton		0	0.86			Croydon	2550	0.87	72.51%	10	Velopark	4218	0.8705	71.90%	3	Wokingham	5626	0.8705	71.53%	10		0	0.8728		23	
13	James Burree		0	0.99			Elmbridge	2811	1.00	57.22%	19	Dorking	4741	0.9982	55.78%	9	Farnborough	5842	0.9982	60.07%	18	Mancheste	12724	0.9989	58.04%	12	25
14	Sunjay Bhogal		0	0.89			QEOP	2646	0.90	67.55%	13	Velopark	4691	0.9012	62.45%	8	Victoria Pa	6082	0.9012	63.91%	13	Owler	13584	0.9039	60.08%	9	30
15	Peter Johnson	Wimbledon	1309	0.85	69.74%	7	Elmbridge	2668	0.86	69.91%	11		0	0.8629		Gosport	6471	0.8629	62.73%	16	London	15963	0.8650	53.43%	13	31	
16	David Gunaratnam		0	0.81			Croydon	3016	0.81	65.25%	14	Dorking	5003	0.8168	64.60%	6	Tunbridge	6962	0.8168	61.60%	17		0	0.8163		37	
17	Allstair Smith.....		0	0.93			Vitality	2668	0.94	63.80%	15		0	0.9472		Paddock V	5839	0.9472	63.34%	14	Berlin	13204	0.9506	58.77%	10	39	
18	Lyes Fridi	Wimbledon	1216	0.99	64.59%	9	Elmbridge	2526	1.00	63.56%	16		0	0.9995		Richmond	5577	0.9995	62.84%	15		0	0.9998		40		
19	Terence Buxton	Hyde Park	1547	0.83	60.44%	11	Croydon	3021	0.84	63.40%	17	Great Soul	4997	0.8399	62.90%	7	Marlow	7253	0.8399	57.50%	19		0	0.8417		43	
20	Michael Smaldon	QEOP	1389	0.98	57.00%	12	Finsbury P	3205	0.99	50.31%	20		0	0.9963			0	0.9963			Mancheste	12709	0.9973	58.20%	11	43	
21	Rotimi Ovegunle	Wimbledon	1361	0.93	61.30%	10	Elmbridge	2836	0.95	59.55%	18		0	0.9549		Worthing	6572	0.9549	55.82%	20	London	14948	0.9584	51.49%	14	44	