

Owen Trophy 2018 : Croydon 10K results & targets																													
		10K base times			Croydon 10K target			Croydon 10K bonus target			Croydon 10K		Beating	Beating	better than	better than	total												
		minutes	seconds	1.0175				1.0073			actual	20pt for race	target	Bonus target	last year	2016/17 road ranking	points												
Alastair	Falconer	2117	35	17	2154	35	54	2133	35	33	35.14	20	1	1	1	1	24												
Vanessa	Wheeler	3595	59	55	3658	60	58	3621	60	21	59.22	20	1	1	1	1	24												
Chris	Green	2799	46	39	2848	47	28	2820	46	60	43.53	20	1	1	1	0	23												
Phil	Richards	3153	52	33	3208	53	28	3176	52	56	46.09	20	1	1	0	1	23												
Sheena	Hammond	3342	55	42	3400	56	40	3366	56	6	54.32	20	1	1	1	0	23												
Jenny	Hansen	3628	60	28	3691	61	31	3655	60	55	59.23	20	1	1	0	1	23												
Lynn	Seymour	4410	73	30	4487	74	47	4442	74	2	69.36	20	1	1	0	1	23												
Natalie	Seymour.	5267	87	47	5359	89	19	5306	88	26	83.31	20	1	1	0	1	23												
Stacey	Seymour..	5289	88	9	5382	89	42	5328	88	48	83.33	20	1	1	0	1	23												
Luke	Burden	2374	39	34	2416	40	16	2391	39	51	40.01	20	1	0	0	1	22												
Peter	Johnson.	2668	44	28	2715	45	15	2688	44	48	44.36	20	1	1	0	0	22												
Ruth	Pearson	3382	56	22	3441	57	21	3407	56	47	54.44	20	1	1	0	0	22												
Jo	Riches	3300	55	0	3358	55	58	3324	55	24	54.45	20	1	1	0	0	22												
Alex	Legge	3780	63	0	3846	64	6	3808	63	28	59.20	20	1	1	0	0	22												
Victoria	Legge	4048	67	28	4119	68	39	4078	67	58	68.31	20	1	0	1	0	22												
Tony	Flowers	4397	73	17	4474	74	34	4429	73	49	70.30	20	1	1	0	0	22												
Lee	Flanagan	2187	36	27	2225	37	5	2203	36	43	36.56	20	1	0	0	0	21												
Martin	Filer	2349	39	9	2390	39	50	2366	39	26	39.35	20	1	0	0	0	21												
Chris	Morton	2541	42	21	2585	43	5	2560	42	40	43.20	20	1	0	0	0	21												
Joanne	Fiddock.	3302	55	2	3360	55	60	3326	55	26	55.54	20	1	0	0	0	21												
steve	Tyler	4269	71	9	4344	72	24	4300	71	40	72.57	20	0	0	1	0	21												
Tatsuya	Okamoto	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	36.06	20	0	0	0	0	20												
Krzysztof	Klidzia	2170	36	10	2208	36	48	2186	36	26	37.26	20	0	0	0	0	20												
Bill	Makuwa	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	37.40	20	0	0	0	0	20												
Rob	Lines	2225	37	5	2264	37	44	2241	37	21	38.23	20	0	0	0	0	20												
Tom	Lawson	2240	37	20	2279	37	59	2256	37	36	38.55	20	0	0	0	0	20												
Steve	Corfield	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	39.54	20	0	0	0	0	20												
Andy	Perks	2344	39	4	2385	39	45	2361	39	21	40.06	20	0	0	0	0	20												
Michael	Davies	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	40.29	20	0	0	0	0	20												
Steve	Massey	2344	39	4	2385	39	45	2361	39	21	41.58	20	0	0	0	0	20												
Jospeh	Ibe	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	42.35	20	0	0	0	0	20												
Lyes	Fridi	2526	42	6	2570	42	50	2545	42	25	44.20	20	0	0	0	0	20												
Peter	Wackenier	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	45.57	20	0	0	0	0	20												
Paul	Ayers	2615	43	35	2661	44	21	2634	43	54	46.08	20	0	0	0	0	20												
Laura	Fell	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	46.14	20	0	0	0	0	20												
Carl	Linkson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	48.34	20	0	0	0	0	20												
Mark	Watson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	50.22	20	0	0	0	0	20												
Selena	Wong.	2961	49	21	3013	50	13	2983	49	43	50.30	20	0	0	0	0	20												
Kath	Selby	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	51.56	20	0	0	0	0	20												
Peter	Shew	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	57.13	20	0	0	0	0	20												
Matthew	Prior	3360	56	0	3419	56	59	3385	56	25	60.50	20	0	0	0	0	20												
Isabelle	Kita	3499	58	19	3560	59	20	3525	58	45	63.49	20	0	0	0	0	20												
Sarah	Alport	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	69.46	20	0	0	0	0	20												