

Owen Trophy 2017 : Wimbledon 5K targets													
		10K base times			Wimbledon 5K targets			Wimbledon 5K bonus targets					
		minutes	seconds		minutes	seconds		minutes	seconds		minutes	seconds	
Karim	Akhtar	2969	49	29	1455	24	15	1440	24				0
Imtiaz	Ali	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Simon	Ambrosi	2356	39	16	1154	19	14	1143	19				3
Chrissy	Amer	3257	54	17	1596	26	36	1580	26				20
Yasmin	Anderson	2998	49	58	1469	24	29	1454	24				14
Sue	Atkinson	3818	63	38	1871	31	11	1852	30				52
Peter	Attewell	3678	61	18	1802	30	2	1784	29				44
Mark	Bayliss	2800	46	40	1372	22	52	1358	22				38
Mo	Beardson	4367	72	47	2140	35	40	2118	35				18
James	Bennett	1945	32	25	953	15	53	944	15				44
Sunjay	Bhogal	2541	42	21	1245	20	45	1233	20				33
Helen	Black	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Adele	Boesinger	3107	51	47	1522	25	22	1507	25				7
Sarah	Botting	3607	60	7	1767	29	27	1750	29				10
Debra	Bourne	2826	47	6	1385	23	5	1371	22				51
Jonathan	Burke	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
James	Burree	2849	47	29	1396	23	16	1382	23				2
Terry	Buxton	2929	48	49	1435	23	55	1421	23				41
Allie	Cairnie	2849	47	29	1396	23	16	1382	23				2
Michelle	Campbell	3118	51	58	1528	25	28	1513	25				13
Killian	Carr	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Katie	Chadd	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Marianne	Chua	3080	51	20	1509	25	9	1494	24				54
Michelle	Clarke	2787	46	27	1366	22	46	1352	22				32
Natalie	Clerke	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Phil	Coales	2067	34	27	1013	16	53	1003	16				43
Vicki	Collins.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Gordon	Connor	3400	56	40	1666	27	46	1649	27				29
Suzi	Connor.	3791	63	11	1858	30	58	1839	30				39
Nick	Corline	2706	45	6	1326	22	6	1313	21				53
Annie	Cripps	3194	53	14	1565	26	5	1549	25				49
Paul	Cripps	2532	42	12	1241	20	41	1228	20				28
Tom	Crofts	2547	42	27	1248	20	48	1236	20				36
Joanna	Crompton	3155	52	35	1546	25	46	1530	25				30
Martin	Cross	3345	55	45	1639	27	19	1623	27				3
Linda	Daniel	3350	55	50	1642	27	22	1625	27				5
Dave	Denton	3107	51	47	1522	25	22	1507	25				7
Alan	Dolton	2892	48	12	1417	23	37	1403	23				23
William	Donald	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
David	Downs	3186	53	6	1561	26	1	1546	25				46
Graeme	Drysdale	2319	38	39	1136	18	58	1125	18				45
Keith	Dube	3243	54	3	1589	26	29	1573	26				13
Pat	Edwards	4074	67	54	1996	33	16	1976	32				56
Rosemary	Egbe	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Anne	Eldridge	4216	70	16	2066	34	26	2045	34				5
Andy	Elliott	3499	58	19	1715	28	35	1697	28				17
Kawall	Etwaroo	3588	59	48	1758	29	18	1741	29				1
Edie	Fairservice	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Alastair	Falconer	2163	36	3	1060	17	40	1049	17				29
Sandie	Fay	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Nick	Flander	3274	54	34	1604	26	44	1588	26				28
Martin	Filer	2349	39	9	1151	19	11	1139	18				59
Barry	Finch	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Paul	Finch.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Rob	Finch..	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Nigel	Finch..	2592	43	12	1270	21	10	1257	20				57
Lee	Flanagan	2177	36	17	1067	17	47	1056	17				36
Sandra	Francis	3783	63	3	1854	30	54	1835	30				35
Sean	Gallagher	3010	50	10	1475	24	35	1460	24				20
Louise	Grech	3093	51	33	1516	25	16	1500	25				0
Chris	Green	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Ozgur	Gulec	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
David	Gunaratnam	3067	51	7	1503	25	3	1488	24				48
Kevin	Hann.	2936	48	56	1439	23	59	1424	23				44
Colin	Hann..	3100	51	40	1519	25	19	1504	25				4
Jenny	Hansen	3628	60	28	1778	29	38	1760	29				20
Sam	Hansen	2355	39	15	1154	19	14	1142	19				2
Steve	Harris	2574	42	54	1261	21	1	1249	20				49
Diane	Hart	3101	51	41	1519	25	19	1504	25				4
Avarnia	Hawkins	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Brenham	Heath	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Stuart	Hills	2994	49	54	1467	24	27	1452	24				12
Mike	Hinchcliffe	3250	54	10	1593	26	33	1577	26				17
Melanie	Hinds	3498	58	18	1714	28	34	1697	28				17
David	Hoben	3746	62	26	1836	30	36	1817	30				17
Jamie	Hopps	2458	40	58	1204	20	4	1192	19				52
Jane	Hughes	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Mark	Hutchings	3030	50	30	1485	24	45	1470	24				30
Paula	Irving	3846	64	6	1885	31	25	1866	31				6
Jasmin	Islam	3166	52	46	1551	25	51	1536	25				36
Darren	Jackson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Lisa	Jackson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Robin	Jamieson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Hughes	Jane	3584	59	44	1756	29	16	1739	28				59
Alisha	Johnson	5509	91	49	2699	44	59	2672	44				32
Ian	Johnson	2794	46	34	1369	22	49	1355	22				35
Peter	Johnson.	2602	43	22	1275	21	15	1262	21				2
Patsi	Johnston	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Julie	Jordan	4170	69	30	2043	34	3	2023	33				43
Michael	Joseph	2881	48	1	1412	23	32	1398	23				18
Nicholas	Karelis	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Alison	Kelly	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Mark	Kelly	2723	45	23	1334	22	14	1321	22				1
Isabelle	Kita	3385	56	25	1659	27	39	1642	27				22
Krzysztof	Kildzia	2170	36	10	1063	17	43	1053	17				33
Adam	Kos	2540	42	20	1245	20	45	1232	20				32
Nick	Kyritsis	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Asisat	Lamina	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Becky	Laurence	2646	44	6	1297	21	37	1284	21				24
Peter	Laurence	2596	43	16	1272	21	12	1259	20				59

Richard	Lee-Smith	2641	44	1	1294	21	34	1281	21	21
Victoria	Legge	4433	73	53	2172	36	12	2150	35	50
Charlotte	Letchford	2816	46	56	1380	22	60	1366	22	46
Elanor	Lim	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Rachel	Lindley	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Rob	Lines	2225	37	5	1090	18	10	1079	17	59
Morena	Lironi	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Tom	Littlewood	3375	56	15	1654	27	34	1637	27	17
Dave	Lovell	2792	46	32	1368	22	48	1354	22	34
Simone	Luciani	2101	35	1	1029	17	9	1019	16	59
Damian	Macenhill	3046	50	46	1493	24	53	1478	24	38
Justin	Macenhill...	2420	40	20	1186	19	46	1174	19	34
Bill	Makuwa	2153	35	53	1055	17	35	1044	17	24
Steve	Massey	2397	39	57	1175	19	35	1163	19	23
Taric	Matticks	2419	40	19	1185	19	45	1173	19	33
Helene	McCann	3628	60	28	1778	29	38	1760	29	20
Myles	McCarthy	2931	48	51	1436	23	56	1422	23	42
Neil	McDonough	3082	51	22	1510	25	10	1495	24	55
Richard	Mernagh	3442	57	22	1687	26	7	1670	27	50
Peter	Mills	2057	34	17	1008	16	48	998	16	38
Sarah	Milne	3502	58	22	1716	28	36	1699	28	19
Chris	Morton	2537	42	17	1243	20	43	1231	20	31
Bernie	Nelligan	2870	47	50	1406	23	26	1392	23	12
Tyler	O'Callaghan	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Richard	O'Connor	2973	49	33	1457	24	17	1442	24	2
Sam	O'Dongo	2528	42	8	1239	20	39	1226	20	26
John	O'Dowd	3378	56	18	1655	27	35	1639	27	19
Liz	Offor	3197	53	17	1567	26	7	1551	25	51
John	O'Mahony	2531	42	11	1240	20	40	1228	20	28
Tony	Ostrowski	2747	45	47	1346	22	26	1333	22	13
Claire	Oyediran	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Rotimi	Oyegunle	2919	48	39	1430	23	50	1416	23	36
Karen	Peake	3243	54	3	1589	26	29	1573	26	13
Ruth	Pearson	3715	61	55	1820	30	20	1802	30	2
Geoff	Pennells	3033	50	33	1486	24	46	1471	24	31
Laura	Pennells	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
William	Pennells.	3034	50	34	1487	24	47	1472	24	32
Jo	Penny	3782	63	2	1853	30	53	1835	30	35
Andy	Perks	2407	40	7	1179	19	39	1168	19	28
Diane	Phillips	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
John	Punt	2513	41	53	1231	20	31	1219	20	19
Alan	Purchase	2707	45	7	1326	22	6	1313	21	53
Liam	Redmond	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Phil	Richards	3153	52	33	1545	25	45	1530	25	30
Dennis	Seymour	3062	51	2	1500	25	0	1485	24	45
Lynn	Seymour	4169	69	29	2043	34	3	2022	33	42
Natalie	Seymour.	3759	62	39	1842	30	42	1823	30	23
Stacey	Seymour..	5289	88	9	2592	43	12	2566	42	46
Dave	Shaw	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Clive	Simmonds	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Keith	Simpson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Michael	Smaldon	2763	46	3	1354	22	34	1340	22	20
Steve	Smith.	2633	43	53	1290	21	30	1277	21	17
Matthew	Smith.....	2259	37	39	1107	18	27	1096	18	16
Alistair	Smith.....	2595	43	15	1272	21	12	1259	20	59
Stephen	Starvis	2204	36	44	1080	17	60	1069	17	49
Juliet	Stevenson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Mike	stewart	2344	39	4	1149	19	9	1137	18	57
Matt	Stone	2344	39	4	1149	19	9	1137	18	57
Carolyn	Storey	2778	46	18	1361	22	41	1348	22	28
Serena	Stracey	2514	41	54	1232	20	32	1220	20	20
Sarah	Sutherland	3804	63	24	1864	31	4	1845	30	45
Jo	Sutton	2978	49	38	1459	24	19	1445	24	5
Camilla	Talbot	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Rachel	Tanner	3209	53	29	1572	26	12	1557	25	57
Richard	Tanner	2793	46	33	1369	22	49	1355	22	35
Emily	Tanner.	3114	51	54	1526	25	26	1511	25	11
Laura	thomas	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Abhi	Toraskar	2741	45	41	1343	22	23	1330	22	10
Mick	Turner	2404	40	4	1178	19	38	1166	19	26
steve	Tyler	4001	66	41	1960	32	40	1941	32	21
Steph	Upton	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Laura	Walters	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
simon	webster	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Vanessa	Wheeler	3628	60	28	1778	29	38	1760	29	20
Alison	Whitlock	2940	49	0	1441	24	1	1426	23	46
Greg	Williams.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Jessica	williams..	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Selena	Wong.	2973	49	33	1457	24	17	1442	24	2
Nicole	Woods	3008	50	8	1474	24	34	1459	24	19
Darren	Woods.	2476	41	16	1213	20	13	1201	20	1
Daniel	Barron	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Joanne	Fiddock.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Chloe	Forster-Coleman	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Chloe	Howell	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Corinne	Carr.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Colin	Cotton	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Michelle	Klein	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Kath	Selby	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Beatrice	Schaer	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Chris	Chinnock	2531	42	11	1240	20	40	1228	20	28
Tony	Flowers	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
stephen	Lowe	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Mick	George	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Susanna	Lutman	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Anthony	Keiler	3472	57	52	1701	28	21	1684	28	4
Rose	Nicoll	3717	61	57	1821	30	21	1803	30	3
Natalie	Baynes	3861	64	21	1892	31	32	1873	31	13
Tom	Gillespie	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Luke	Burden	2471	41	11	1211	20	11	1199	19	59
Lyes	Fridi	2608	43	28	1278	21	18	1265	21	5
Jess	Watkins	3515	58	35	1722	28	42	1705	28	25