

Owen Trophy 2017 : Elmbridge targets

		10K base times		Elmbridge target		Elmbridge bonus target	
		minutes	seconds	1.015 minutes	seconds	1.00485 minutes	seconds
Karim	Akhtar	2969	49	2954	49	2924	44
Imtiaz	Ali	no 10K	n/a	n/a	n/a	n/a	n/a
Simon	Ambrosi	2356	39	n/a	n/a	n/a	n/a
Chrissy	Amer	3257	54	2301	38	2278	58
Yasmin	Anderson	2998	49	3155	52	3123	3
Sue	Atkinson	3818	63	n/a	n/a	n/a	n/a
Peter	Attewell	3678	61	n/a	n/a	n/a	n/a
Mark	Bayliss	2800	46	3875	64	3837	57
Mo	Beardson	4367	72	3597	59	3561	21
James	Bennett	1945	32	2842	47	2814	54
Sunjay	Bhogal	2541	42	n/a	n/a	n/a	n/a
Helen	Black	no 10K	n/a	1981	33	1961	41
Adele	Boesinger	3155	52	2642	44	2616	36
Sarah	Botting	3607	60	3096	51	3065	5
Debra	Bourne	2826	47	n/a	n/a	n/a	n/a
Jonathan	Burke	no 10K	n/a	4114	68	4073	53
James	Burree	2849	47	n/a	n/a	n/a	n/a
Terry	Buxton	2929	48	3192	53	3160	40
Allie	Cairnie	2886	48	2828	47	2800	40
Michelle	Campbell	3118	51	2973	49	2943	3
Killian	Carr	no 10K	n/a	2929	48	2900	20
Katie	Chadd	no 10K	n/a	n/a	n/a	n/a	n/a
Marianne	Chua	3080	51	3165	52	3133	13
Michelle	Clarke	2787	46	n/a	n/a	n/a	n/a
Natalie	Clerke	no 10K	n/a	n/a	n/a	n/a	n/a
Phil	Coales	2067	34	n/a	n/a	n/a	n/a
Vicki	Collins	no 10K	n/a	n/a	n/a	n/a	n/a
Gordon	Connor	3400	56	n/a	n/a	n/a	n/a
Suzi	Connor	3791	63	n/a	n/a	n/a	n/a
Nick	Corline	2706	45	n/a	n/a	n/a	n/a
Annie	Cripps	3194	53	2835	47	2807	47
Paul	Cripps	2532	42	n/a	n/a	n/a	n/a
Tom	Crofts	2547	42	2088	34	2067	27
Joanna	Crompton	3155	52	2907	48	2878	58
Martin	Cross	3345	55	n/a	n/a	n/a	n/a
Linda	Daniel	3350	55	n/a	n/a	n/a	n/a
Dave	Denton	3107	51	n/a	n/a	n/a	n/a
Alan	Dolton	2892	48	n/a	n/a	n/a	n/a
William	Donald	no 10K	n/a	3451	57	3416	56
David	Downs	3186	53	n/a	n/a	n/a	n/a
Graeme	Drysdale	2346	39	3848	64	3809	29
Keith	Dube	3243	54	2875	47	2847	27
Pat	Edwards	4074	67	n/a	n/a	n/a	n/a
Rosemary	Egbe	no 10K	n/a	2585	43	2559	39
Anne	Eldridge	4216	70	3202	53	3170	50
Andy	Elliott	3499	58	n/a	n/a	n/a	n/a
Kawall	Etwaroo	3588	59	3359	55	3325	25
Edie	Fairservice	no 10K	n/a	3154	52	3122	2
Alastair	Falconer	2163	36	3551	59	3516	36
Sandie	Fay	no 10K	n/a	n/a	n/a	n/a	n/a
Nick	Fiander	3274	54	2935	48	2906	26
Martin	Filer	2349	39	2382	39	2358	18
Barry	Finch	no 10K	n/a	3175	52	3143	23
Paul	Finch	no 10K	n/a	2964	49	2934	54
Rob	Finch...	no 10K	n/a	4042	67	4001	41
Nigel	Finch...	2592	43	4100	68	4059	39
Lee	Flanagan	2177	36	n/a	n/a	n/a	n/a
Sandra	Francis	3783	63	3844	64	3805	25
Sean	Gallagher	3010	50	3431	57	3396	36
Louise	Grech	3093	51	3642	60	3605	5
Chris	Green	no 10K	n/a	2725	45	2698	58
Ozgur	Gulec	no 10K	n/a	3496	58	3461	41
David	Gunaratnam	3067	51	n/a	n/a	n/a	n/a
Kevin	Hann	2936	48	n/a	n/a	n/a	n/a
Colin	Hann	3100	51	2397	39	2373	33
Jenny	Hansen	3628	60	n/a	n/a	n/a	n/a
Sam	Hansen	2355	39	n/a	n/a	n/a	n/a
Steve	Harris	2574	42	n/a	n/a	n/a	n/a
Diane	Hart	3101	51	2631	43	2605	25
Avarnia	Hawkins	no 10K	n/a	3350	55	3316	16
Brenham	Heath	no 10K	n/a	2210	36	2188	28
Stuart	Hills	2994	49	3949	65	3910	10
Mike	Hinchcliffe	3250	54	n/a	n/a	n/a	n/a
Melanie	Hinds	3498	58	3830	63	3791	11
David	Hoben	3746	62	3099	51	3068	8
Jamie	Hopps	2458	40	3472	57	3438	18
Jane	Hughes	no 10K	n/a	n/a	n/a	n/a	n/a
Mark	Hutchings	3030	50	3276	54	3244	4
Paula	Irving	3846	64	3029	50	2998	58
Jasmin	Islam	3166	52	3139	52	3108	48
Darren	Jackson	no 10K	n/a	n/a	n/a	n/a	n/a
Lisa	Jackson	no 10K	n/a	n/a	n/a	n/a	n/a
Robin	Jamieson	no 10K	n/a	n/a	n/a	n/a	n/a
Hughes	Jane	3584	59	2980	49	2950	10
Alisha	Johnson	5509	91	2462	41	2438	38
Ian	Johnson	2794	46	2498	41	2473	13
Peter	Johnson	2602	43	2130	35	2109	9
Patsi	Johnston	no 10K	n/a	n/a	n/a	n/a	n/a
Julie	Jordan	4170	69	3148	52	3116	56
Michael	Joseph	2881	48	n/a	n/a	n/a	n/a
Nicholas	Karelis	no 10K	n/a	3039	50	3009	9
Alison	Kelly	no 10K	n/a	3299	54	3266	26
Mark	Kelly	2723	45	3550	59	3515	35
Isabelle	Kita	3385	56	n/a	n/a	n/a	n/a
Krzysztof	Klidzia	2170	36	n/a	n/a	n/a	n/a
Adam	Kos	2540	42	n/a	n/a	n/a	n/a
Nick	Kyritsis	no 10K	n/a	n/a	n/a	n/a	n/a
Asisat	Lamina	no 10K	n/a	3064	51	3034	34

Becky	Laurence	2646	44	6	3904	65	4	3865	64	25
Peter	Laurence	2596	43	16	3213	53	33	3181	53	1
Richard	Lee-Smith	2641	44	1	n/a	n/a	n/a	n/a	n/a	
Victoria	Legge	4433	73	53	n/a	n/a	n/a	n/a	n/a	
Charlotte	Letchford	2816	46	56	3409	56	49	3375	56	15
Elanor	Lim	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Rachel	Lindley	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Rob	Lines	2225	37	5	4723	78	43	4676	77	56
Morena	Lironi	no 10K	n/a	n/a	2836	47	16	2808	46	48
Tom	Littlewood	3375	56	15	2641	44	1	2615	43	35
Dave	Lovell	2792	46	32	3078	51	18	3048	50	48
Simone	Luciani	2101	35	1	4086	68	6	4046	67	26
Damian	Macenhill	3046	50	46	n/a	n/a	n/a	n/a	n/a	
Justin	Macenhill...	2420	40	20	2528	42	8	2503	41	43
Bill	Makuwa	2153	35	53	2589	43	9	2563	42	43
Steve	Massey	2411	40	11	n/a	n/a	n/a	n/a	n/a	
Taric	Matticks	2419	40	19	3436	57	16	3401	56	41
Helene	McCann	3628	60	28	2173	36	13	2151	35	51
Myles	McCarthy	2931	48	51	2325	38	45	2302	38	22
Neil	McDonough	3082	51	22	n/a	n/a	n/a	n/a	n/a	
Richard	Mernagh	3442	57	22	n/a	n/a	n/a	n/a	n/a	
Peter	Mills	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Sarah	Milne	3502	58	22	2686	44	46	2659	44	19
Chris	Morton	2537	42	17	2635	43	55	2609	43	29
Bernie	Nelligan	2870	47	50	2451	40	51	2427	40	27
Tyler	O'Callaghan	no 10K	n/a	n/a	4302	71	42	4259	70	59
Richard	O'Connor	2973	49	33	2858	47	38	2830	47	10
Sam	O'Dongo	2528	42	8	n/a	n/a	n/a	n/a	n/a	
John	O'Dowd	3378	56	18	n/a	n/a	n/a	n/a	n/a	
Liz	Offor	3197	53	17	2660	44	20	2634	43	54
John	O'Mahony	2531	42	11	3114	51	54	3083	51	23
Tony	Ostrowski	2747	45	47	2087	34	47	2066	34	26
Claire	Oyediran	no 10K	n/a	n/a	2288	38	8	2265	37	45
Rotimi	Oyegunle	2919	48	39	n/a	n/a	n/a	n/a	n/a	
Karen	Peake	3243	54	3	2327	38	47	2304	38	24
Ruth	Pearson	3715	61	55	2154	35	54	2132	35	32
Geoff	Pennells	3033	50	33	n/a	n/a	n/a	n/a	n/a	
Laura	Pennells	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
William	Pennells.	3034	50	34	n/a	n/a	n/a	n/a	n/a	
Jo	Penny	3782	63	2	2432	40	32	2408	40	8
Andy	Perks	2407	40	7	2455	40	55	2431	40	31
Diane	Phillips	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
John	Punt	2513	41	53	2975	49	35	2945	49	5
Alan	Purchase	2707	45	7	3128	52	8	3097	51	37
Liam	Redmond	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Phil	Richards	3153	52	33	3153	52	33	3121	52	1
Dennis	Seymour	3070	51	10	n/a	n/a	n/a	n/a	n/a	
Lynn	Seymour	4169	69	29	n/a	n/a	n/a	n/a	n/a	
Natalie	Seymour.	3759	62	39	2492	41	32	2467	41	7
Stacey	Seymour..	5665	94	25	n/a	n/a	n/a	n/a	n/a	
Dave	Shaw	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Clive	Simmonds	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Keith	Simpson	no 10K	n/a	n/a	2618	43	38	2592	43	12
Michael	Smaldon	2763	46	3	3465	57	45	3431	57	11
Steve	Smith.	2633	43	53	3245	54	5	3213	53	33
Matthew	Smith.....	2259	37	39	2698	44	58	2671	44	31
Alistair	Smith.....	2595	43	15	n/a	n/a	n/a	n/a	n/a	
Stephen	Starvis	2204	36	44	2788	46	28	2760	46	0
Juliet	Stevenson	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Mike	stewart	2344	39	4	2456	40	56	2432	40	32
Matt	Stone	2344	39	4	3175	52	55	3143	52	23
Carolyn	Storey	2778	46	18	n/a	n/a	n/a	n/a	n/a	
Serena	Tracey	2514	41	54	n/a	n/a	n/a	n/a	n/a	
Sarah	Sutherland	3804	63	24	n/a	n/a	n/a	n/a	n/a	
Jo	Sutton	2978	49	38	2442	40	42	2418	40	18
Camilla	Talbot	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Rachel	Tanner	3209	53	29	n/a	n/a	n/a	n/a	n/a	
Richard	Tanner	2793	46	33	2551	42	31	2525	42	5
Emily	Tanner.	3114	51	54	2685	44	45	2658	44	18
Laura	thomas	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Abhi	Toraskar	2741	45	41	n/a	n/a	n/a	n/a	n/a	
Mick	Turner	2404	40	4	n/a	n/a	n/a	n/a	n/a	
steve	Tyler	4001	66	41	n/a	n/a	n/a	n/a	n/a	
Steph	Upton	no 10K	n/a	n/a	3116	51	56	3085	51	25
Laura	Walters	no 10K	n/a	n/a	3507	58	27	3472	57	52
simon	webster	no 10K	n/a	n/a	3814	63	34	3776	62	56
Vanessa	Wheeler	3628	60	28	5800	96	40	5742	95	42
Alison	Whitlock	2940	49	0	n/a	n/a	n/a	n/a	n/a	
Greg	Williams.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Jessica	williams.	no 10K	n/a	n/a	3624	60	24	3587	59	47
Selena	Wong.	2973	49	33	n/a	n/a	n/a	n/a	n/a	
Nicole	Woods	3008	50	8	n/a	n/a	n/a	n/a	n/a	
Darren	Woods.	2476	41	16	2953	49	13	2923	48	43
Daniel	Barron	no 10K	n/a	n/a	2672	44	32	2646	44	6
Joanne	Fiddock.	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Chloe	Forster-Coleman	no 10K	n/a	n/a	2220	36	60	2198	36	38
Chloe	Howell	no 10K	n/a	n/a	2598	43	18	2572	42	52
Corinne	Carr.	no 10K	n/a	n/a	3243	54	3	3210	53	30
Colin	Cotton	no 10K	n/a	n/a	2519	41	59	2494	41	34
Michelle	Klein	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Kath	Selby	no 10K	n/a	n/a	2262	37	42	2240	37	20
Beatrice	Schaer	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Chris	Chinnock	2531	42	11	2820	46	60	2791	46	31
Tony	Flowers	no 10K	n/a	n/a	2665	44	25	2639	43	59
stephen	Lowe	no 10K	n/a	n/a	2491	41	31	2466	41	6
Mick	George	no 10K	n/a	n/a	3023	50	23	2992	49	52
Susanna	Lutman	no 10K	n/a	n/a	3118	51	58	3087	51	27
Anthony	Keller	3472	57	52	3257	54	17	3225	53	45
Rose	Nicoll	3717	61	57	2835	47	15	2807	46	47
Natalie	Baynes	3861	64	21	3579	59	39	3543	59	3
Tom	Gillespie	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Luke	Burden	2590	43	10	2589	43	9	2563	42	43