

| Men's cross country rankings 2008/09 | | | | | | |
|--------------------------------------|--------|--------|--------|--------|-------|------|
| Name | race 1 | race 2 | race 3 | race 4 | total | rank |
| Matt Morgan | 9 | 15 | 7 | 13 | 44 | 1 |
| Justin Macenhill | 39 | 31 | 27 | 10 | 107 | 2 |
| Duncan Lancashire | 120 | 8 | 6 | 9 | 143 | 3 |
| Damian Macenhill | 35 | 120 | 39 | 38 | 232 | 4 |
| John Foster | 43 | 45 | 120 | 42 | 250 | 5 |
| Tony Sheppard | 51 | 57 | 120 | 62 | 290 | 6 |
| Bob Ewen | 64 | 68 | 77 | 100 | 309 | 7 |
| Chris Morton | 70 | 55 | 66 | 120 | 311 | 8 |
| Lee Wadsworth | 120 | 120 | 54 | 48 | 342 | 9 |
| Mick Turner | 120 | 101 | 72 | 60 | 353 | 10 |
| Simon Ambrosi | 62 | 102 | 71 | 120 | 355 | 11 |
| Nicholas Batten | 103 | 73 | 120 | 68 | 364 | 12 |
| Darren Piper | 101 | 58 | 103 | 103 | 365 | 13 |
| Steve Massey | 100 | 77 | 86 | 120 | 383 | 14 |
| Iain Harrison | 46 | 120 | 120 | 120 | 406 | 15 |
| Matt Anderson | 104 | 105 | 101 | 104 | 414 | 16 |
| Dave Batten | 102 | 120 | 100 | 102 | 424 | 17 |
| Grant Barnes | 74 | 120 | 120 | 120 | 434 | 18 |
| Neil Furze | 120 | 100 | 104 | 120 | 444 | 19 |
| Richard Edwards | 120 | 104 | 102 | 120 | 446 | 20 |
| Paul Finch | 120 | 120 | 120 | 101 | 461 | 21 |
| Alex Aronberg | 120 | 103 | 120 | 120 | 463 | 22 |
| Paul Weir | 105 | 120 | 120 | 120 | 465 | 23 |
| Alan Dolton | 120 | 120 | 120 | 105 | 465 | 23 |
| Brian Hicken | 106 | 120 | 120 | 120 | 466 | 25 |
| Ganesh Swaminathan | 120 | 120 | 120 | 106 | 466 | 25 |
| Nick Eaves | 120 | 106 | 120 | 120 | 466 | 25 |
| | | | | | | |
| First non-scorer | 100 | 100 | 100 | 100 | 100 | |
| Second non-scorer etc. | 101 | 101 | 101 | 101 | 101 | |
| DID NOT RUN | 120 | 120 | 120 | 120 | 120 | |