

Owen Trophy 2014 : results																		
		10K base times			Pride, Dulwich, Self Transcendence targets			Pride, Dulwich, Self Transcendence bonus targets			Pride, Dulwich, Self Transcendence b		Beating	Beating	better than	better than	total	
		minutes	seconds		1.01500	minutes	seconds		1.00485	minutes	seconds	actual	20pt for race	target	Bonus target	last year	2012/13 road ranking	points
Becky	Laurence	2902	48	22	2946	49	6	2916	48	36	36	46.37	20	1	1		1	23
Cara	Kayum	2397	39	57	2433	40	33	2409	40	9	9	39.58	20	1	1	1		23
Colin	Hann..	2505	41	45	2543	42	23	2517	41	57	57	40.34	20	1	1		1	23
Ernie	Hann	2201	36	41	2234	37	14	2212	36	52	52	35.59	20	1	1		1	23
Simon	Ambrosi	2360	39	20	2395	39	55	2371	39	31	31	37.47	20	1	1		1	23
Steve	Smith	2672	44	32	2712	45	12	2685	44	45	45	44.32	20	1	1		1	23
Darren	Woods.	2573	42	53	2612	43	32	2585	43	5	5	42.52	20	1	1			22
Paul	Stanford	2463	41	3	2500	41	40	2475	41	15	15	41.03	20	1	1			22
Peter	Laurence	2848	47	28	2891	48	11	2862	47	42	42	47.12	20	1	1			22
Simon	Pannell	2370	39	30	2406	40	6	2381	39	41	41	39.30	20	1	1			22
Will	Ward	2663	44	23	2703	45	3	2676	44	36	36	43.35	20	1	1			22
Isabelle	Kita	3287	54	47	3336	55	36	3303	55	3	3	56.37	20					20
Steve	Massey	2345	39	5	2380	39	40	2356	39	16	16	40.50	20					20
Sunjay	Bhogal	2544	42	24	2582	43	2	2556	42	36	36	47.40	20					20