

Owen Trophy 2015 : results & targets																	
		10K base times			Croydon 10K target			Croydon 10K bonus target			Croydon 10K		Beating	Beating	better than	better than	total
		minutes	seconds	1.0175				1.0073			actual	20pt for race	target	Bonus target	last year	2013/14 road ranking	points
Lee	Flanagan	2220	37	0	2259	37	39	2236	37	16	36.28	20		1	1	1	24
Becky	Laurence	2714	45	14	2761	46	1	2734	45	34	44.06	20		1	1	1	24
Peter	Laurence.	2610	43	30	2656	44	16	2629	43	49	43.16	20		1	1	1	24
Steve	Smith.	2648	44	8	2694	44	54	2667	44	27	43.54	20		1	1	1	24
Michelle	Campbell..	3209	53	29	3265	54	25	3233	53	53	51.58	20		1	1	1	23
Phil	Coales	2341	39	1	2382	39	42	2358	39	18	35.09	20		1	1	1	23
Graeme	Drysdale	2347	39	7	2388	39	48	2364	39	24	39.38	20		1	1	1	23
Martin	Filer	2431	40	31	2474	41	14	2449	40	49	40.20	20		1	1	1	23
Nigel	Finch...	2610	43	30	2656	44	16	2629	43	49	43.12	20		1	1	1	23
Ian	Johnson	2896	48	16	2947	49	7	2917	48	37	47.45	20		1	1	1	23
Sam	O'Dongo	2576	42	56	2621	43	41	2595	43	15	42.59	20		1	1	1	23
Dennis	Seymour	3303	55	3	3361	56	1	3327	55	27	51.10	20		1	1	1	23
Natalie	Seymour.	3758	62	38	3824	63	44	3786	63	6	62.39	20		1	1	1	23
Stacey	Seymour..	5759	95	59	5860	97	40	5801	96	41	95.14	20		1	1	1	23
Rachel	Tanner	3210	53	30	3266	54	26	3234	53	54	53.29	20		1	1	1	23
Terry	Buxton	2983	49	43	3035	50	35	3005	50	5	48.49	20		1	1	1	22
Melanie	Hinds	3505	58	25	3566	59	26	3531	58	51	58.18	20		1	1	1	22
Richard	Tanner..	2874	47	54	2924	48	44	2895	48	15	48.29	20		1	1	1	22
Nick	Corline	2979	49	39	3031	50	31	3001	50	1	47.13	20			1	1	21
Dave	Denton	3063	51	3	3117	51	57	3085	51	25	51.47	20		1	1	1	21
Sandra	Francis	3751	62	31	3817	63	37	3778	62	58	63.03	20		1	1	1	21
Sean	Gallagher	2940	49	0	2991	49	51	2962	49	22	50.53	20			1	1	21
Bill	Makuwa	2122	35	22	2159	35	59	2138	35	38	35.53	20		1	1	1	21
Carolyn	Storey	2829	47	9	2879	47	59	2850	47	30	47.40	20		1	1	1	21
Darren	Woods.	2435	40	35	2478	41	18	2453	40	53	43.17	20			1	1	21
Karim	Akhtar	2910	48	30	2961	49	21	2931	48	51	52.36	20					20
Simon	Ambrosi	2267	37	47	2307	38	27	2284	38	4	39.16	20					20
Peter	Attewell	3544	59	4	3606	60	6	3570	59	30	61.18	20					20
Mark	Bayliss	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	46.40	20					20
Adele	Boesinger	3050	50	50	3103	51	43	3072	51	12	52.35	20					20
Allie	Cairnie	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	48.06	20					20
Gordon	Connor	3226	53	46	3282	54	42	3250	54	10	56.40	20					20
Suzi	Connor				n/a	n/a	n/a	n/a	n/a	n/a	63.11	20					20
Tom	Crofts	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	42.27	20					20
Joanna	Crompton				n/a	n/a	n/a	n/a	n/a	n/a	52.35	20					20
Alan	Dolton	2640	44	0	2686	44	46	2659	44	19	48.12	20					20
Louise	Grech	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	51.33	20					20
Colin	Hann..	2426	40	26	2468	41	8	2444	40	44	51.40	20					20
Steve	Harris	2461	41	1	2504	41	44	2479	41	19	42.54	20					20
diane	Hart				n/a	n/a	n/a	n/a	n/a	n/a	51.41	20					20
Mark	Hutchings	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	50.30	20					20
Alisha	Johnson				n/a	n/a	n/a	n/a	n/a	n/a	91.49	20					20
Peter	Johnson..				n/a	n/a	n/a	n/a	n/a	n/a	46.08	20					20
Julie	Jordan	3988	66	28	4058	67	38	4017	66	57	69.30	20					20
Mark	Kelly	2551	42	31	2596	43	16	2570	42	50	45.23	20					20
Richard	Lee-Smith	2415	40	15	2457	40	57	2433	40	33	44.01	20					20
Victoria	Legg	4238	70	38	4312	71	52	4269	71	9	74.39	20					20
Charlotte	Letchford				n/a	n/a	n/a	n/a	n/a	n/a	49.18	20					20
Simone	Luciani	2056	34	16	2092	34	52	2071	34	31	35.03	20					20
Steve	Massey	2391	39	51	2433	40	33	2409	40	9	40.43	20					20
tariq	Matticks				n/a	n/a	n/a	n/a	n/a	n/a	40.19	20					20
Liz	Offor				n/a	n/a	n/a	n/a	n/a	n/a	53.17	20					20
Andy	Perks	2406	40	6	2448	40	48	2424	40	24	41.16	20					20
John	Punt	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	41.53	20					20
Lynn	Seymour...	3455	57	35	3515	58	35	3480	58	0	69.29	20					20
Matthew	Smith.....	2187	36	27	2225	37	5	2203	36	43	37.39	20					20
Abhi	Toraskar				n/a	n/a	n/a	n/a	n/a	n/a	48.50	20					20
Selena	Wong	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	52.23	20					20