

Richmond 10k 2018 : Results																	
		10K in sec	10K base times		Richmond		Richmond target		Richmond bonus target		Richmond	20pt	Beating	Beating	better than	better than	Total
			minutes	seconds	1.0150	minutes	seconds	1.0049	minutes	seconds	actual	for race	target	Bonus targ	last year	2016/17 rd	points
Adele	Boesinger	2996	49	56	3041	50	41	3011	50	11	48.38	20	1	1	1	1	24
Selena	Wong.	2964	49	24	3008	50	8	2978	49	38	49.21	20	1	1	1	1	24
Lyes	Fridi	2608	43	28	2647	44	7	2621	43	41	42.51	20	1	1	0	1	23
Michelle	O'Mahony	2754	45	54	2795	46	35	2767	46	7	46.28	20	1	0	1	1	23
Andrew	Aitken	2202	36	42	2235	37	15	2213	36	53	35.49	20	1	1	0	0	22
Andrew	Pickering	2602	43	22	2641	44	1	2615	43	35	40.56	20	1	1	0	0	22
John	O'Mahony	2500	41	40	2538	42	17	2512	41	52	42.12	20	1	0	1	0	22
Joanne	Campbell	2679	44	39	2720	45	20	2693	44	53	44.12	20	1	1	0	0	22
Niamh	Vincent	2736	45	36	2777	46	17	2749	45	49	44.34	20	1	1	0	0	22
Amanda	Hewett	2950	49	10	2994	49	54	2964	49	24	48.54	20	1	1	0	0	22
Susanna	Lutman	2948	49	8	2992	49	52	2962	49	22	49.28	20	1	0	0	1	22
Hannah	Luffman	3079	51	19	3125	52	5	3094	51	34	50.16	20	1	1	0	0	22
Lucy	Kulp	3018	50	18	3155	52	35	3123	52	3	52.03	20	1	1	0	0	22
steve	Tyler	4405	73	25	4471	74	31	4426	73	46	71.09	20	1	1	0	0	22
Steve	Massey	2344	39	4	2379	39	39	2355	39	15	40.20	20	0	0	1	0	21
Darren	Woods.	2367	39	27	2403	40	3	2378	39	38	40.58	20	0	0	0	1	21
Paul	Ayers	2615	43	35	2654	44	14	2628	43	48	44.04	20	1	0	0	0	21
Iain	Harrison	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	36.57	20	0	0	0	0	20
Krzysztof	Klidzia	2170	36	10	2203	36	43	2181	36	21	38.11	20	0	0	0	0	20
Mick	Turner	2404	40	4	2440	40	40	2416	40	16	43.24	20	0	0	0	0	20
Peter	Johnson.	2672	44	32	2712	45	12	2685	44	45	45.27	20	0	0	0	0	20
Serena	Stracey	2514	41	54	2552	42	32	2526	42	6	46.44	20	0	0	0	0	20
Alan	Purchase	2707	45	7	2748	45	48	2720	45	20	50.43	20	0	0	0	0	20
Jessica	Polya	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	51.24	20	0	0	0	0	20
Tony	Flowers	no 10K	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	73.17	20	0	0	0	0	20