

Striders AGM September 2014

Welcome to members

Apologies for absence

John Humphries

1 & 2 : CM/RJ – matters arising from last year's minutes

No matters or issues raised

AOB - withdrawn from the Rosenheim league - No comments. Approved

3: RJ – Chair's report,

Main points from Chair's report:

Membership now stands at 299 members

Very sadly one of our members Helen Furze lost her battle against cancer earlier this year. A mob match between Striders and Wimbledon Windmilers, her original club is scheduled for November 29th as a memorial event.

Thank you to everyone who assists with the club in any way

A reminder to everyone that swimming at Trinity continues every Thursday evening at 8:45. £6 a session.

Thank you to everyone who contributed to making the fourth Half Marathon last April a great success again. We raised about £10,000 towards local Charities, again. The 2015 event will be on Sunday 29th March.

4: CM – Secretary's report

Main points from the secretary's report:

The past season has seen fantastic running by some Striders men and women. Three of our men recorded 10K times under 36 minutes

We had a busy marathon schedule with 37 men and 16 women completing marathons.

Six men posted sub 3 hour times. Four women ran sub 4 hour marathons

Our super-vets also broke a couple of records in the MV65 category. Our leading Vet was again Krzysztof Klidzia: 36.52 10K, 1.1.51 10 miles, 1.20.29 Half Marathon.

Becky Laurence and Colin Hann are our biggest improvers during the season with both of them knocking many minutes off their 10K PBs.

Our men's team claimed an excellent 4th place in the Surrey cross country League in a highly competitive Division 2. Our women finished 14th in Division 2.

Our Vets track & field team continue to prosper, led and organised by Dave Batten and Alan Dolton. Our women finished 4th and our men also finished 4th in the Southern League.

Debra Bourne organised her first Switchback where we saw 124 finishers.

At our monthly Mile Time Trial our speediest man was Ernie in 5.08, our quickest woman was Steph in 6.36.

At our Club Handicaps Laura Walters was our overall winner – leading both the 2nd and final faces. Krzysztof clocked the fastest time – 29.59 and Rachel broke the women's record with 32.14.

Mobmatches - We had a comfortable win against Croydon Harriers in December.

We also easily beat Blackheath & Bromley in June. We have already lined up future

races with Harriers (Dec. 13th) and Blackheath (Sep. 20th) plus a new one at Nonsuch Parkrun on Nov. 29th in memory of Helen Furze – this is against Wimbledon Windmilers.

As per usual, our club only continues to function and organise so many events due to our numerous helpers including many outside of the committee, so a huge ‘thank you’ to : Alan Dolton, Andy Elliott, Damian Macenhill, Dave Batten, Debra Bourne, Ernie Hann, John Gannon, Karen Connor, Karen Macenhill, Paul Cripps, Richard Lee-Smith, Stuart Hills, Steve Tyler, Victoria Legg, and anyone else who deserves praise.

5) Statement of accounts and Treasurer’s report.

No questions raised.

6) Membership fee for the 2014/15 club year.

Membership fee proposal to keep the fees as there are. ALL AGREED

Fees to England athletics are going up by £2 so may look to increase the fee next year. Striders will cover this increase for the coming year. If subs haven’t been paid by the end of November there will be an additional £2 administration charge added as so much time has previously been spent on chasing people.

Wherever possible please pay by BACS straight into the Striders Account (do not forget to put your name as reference)

7) Proposal to change format of Club Handicap (Goodall Trophy)

As it is getting harder to set the handicap times that are realistic it was proposed to change the way we have our annual handicap races and look to complete it by you setting your own handicap time and run the race with no watch and finish at a certain time (as we do the Addington 4 run).

The general response was that the key feature of the handicap race is to catch people up. It is a race and would like it to remain that way. It was suggested that you could pre-register for the handicap which would allow times to be allocated in advance for those that intend to run rather than all club members which could save a lot of time.

Thoughts on this will be considered further for the 2015 handicaps.

8) Committee RJ / CM

Proposed positions:

- Chairman - Robin Jamieson
- Secretary – Chris Morton
- Treasurer – John Humphries
- Socials – Hannah Musk
- other Committee members – John Ralf (women’s xc team), Mick Turner (Club Handicap), Steph Upton (faster women’s rep), Tony Flowers (4th group rep and Friday runs)

ALL AGREED

Due to the size of the club/amount of members the committee needs to be extended to share out the amount of duties. The committee would like to propose that Ivanka Br

own – as Membership Secretary – and Krzysztof Klidzia – as representative for faster runners - ALL AGREED.

Kit will be organised by a combination of Mick Turner (men's kit) and Victoria Legge (women's kit) – with Steph to advise when necessary.

9) Presentation of Club Awards.

Womens Road Rankings 4th Zoe Williams

3rd Serena Stracey

2nd Cara Kayum

1st Rachel Lindley

Age graded rankings 77% Rachel Lindley

Mens Road Rankings 4th Ernie Hann

3rd Krzysztof Klidzia

2nd James Bennett

1st Iain Harrison

Age Graded rankings Over 80% Krzysztof Klidzia

Womens XC 3rd Alice Ewen

2nd Steph Upton

1st Zoe Williams

Mens XC 3rd Justin Macenhill

2nd Matthew Smith

1st Iain Harrison

Sandilands Cup 3rd Simon Pennell

2nd Zoe Williams

1st Barry White

Handicap Handicap 1 - Kevin Waller

Handicap 2 - Laura Waters

Final Handicap / Winner – Laura Waters

Track n Field winner M Paul Cripps - at least 18 events

W Steph Upton - at least 13 events

Striders Man of the year

Colin Hann

Striders Female of the year

Joint winners - Debra Bourne and Hannah Musk

10) Items for discussion: AOB

Looping

It is felt that the Ethos of the club has been lost and that there is 'elitism'. Individuals have been told that they should run with Beatrice's beginners group as are too slow for the 4th group leaving people demoralised. This should not be an issue if looping is done correctly.

Some people feel that there is an issue that individuals are unable to run for a full hour and instead of taking the 40 minute option, remain on the hour run.

This issue is mainly in the 4th group, which has the highest number of newer members.

The 'looping' policy should therefore be re-iterated to make sure that everyone is aware of what they should be doing.

There is the need to loop and we should all remember to do this. The run leaders should be reminding people to do so. Looping - MUST loop BEHIND the last runner and not in front of them as they will always remain at the back.

Suggestions put forward as follows:

Group Leader seconds who could help with the responsibility of the looping within groups.

Possibility of splitting that fourth group at the 40 minute mark for a slower hour run.

Shorten the route for the fourth group so that the slower runners can be accommodated. This would need to be considered when planning the routes.

Some of the faster runners occasionally going in other groups to help to promote the ethos of the club.

Making the run routes available to everyone as a possibility to helping promote run leaders.

Agreed for committee to look into the suggestions put forward.