## STRIDERS COMMITTEE MINUTES 30th April 2015

Apologies for absence: Ivanka Brown, John Humphries, John Ralf

# 1) Minutes of last meeting - 12<sup>th</sup> March 2015 - agreed

### 2) Chairman's Report

#### **Croydon Half**

405 entered 350 ran. Last year it was 608 and 435. I await Johns final figure but we netted around 7000. AS before £2000 goes to Sandilands, £1800 goes to the Tennis club rather than Harriers we keep a liitle back and the balance goes to the Streets Ahead foundation. Next year's event is fixed for 10th April. The week before Brighton but doesn't clash with

Next year's event is fixed for 10th April. The week before Brighton but doesn't clash with Paddock Wood which is on the 3rd.

I am meeting with Nice Works next week to agree details of their support. But basically they manage race admin, entries, timing and results. We provide resources and also do the logistics of the event on the day.

Subject to no surprises on the cost I reckon on charging £22 for affiliates next year.

#### Sandilands

It is the AGM next week. I expect Roger Hurrion -Chairman of the cricket club to be voted in as chairman.

THE ECB have given us a grant to double glaze the Hall.

You may have noticed the collapsing gate into Lloyd Park has been repaired.

Next minor development is to repair the rutted lower entrance to the grounds.

I now have keys to all the changing room doors.

#### 3) Membership Secretary's Report.

Now it is nearly May what should we charge for Membership for the rest of the year? To be reduced to £10 from May onwards.

From August onwards fee to be counted for following season.

For next year do we offer the option not to be affiliated. Also should we give life members the option and ask for £12 for those who wish to be affiliated.

Robin to contact life members and give them the option of not affiliating to UKA and so saving us £12 for each of them

#### 4) Kit Report

New kit promo at 1st Club Handicap on 20th May

## 5) Treasurer's Report

Latest accounts submitted.

After paying the EA for the annual subs and deducting CHM monies we have a cash balance of £1,984

Proposal to charge members 50% of fee for Southerns, Nationals and London upfront: after feedback from members and also discussion with Krzysztof I feel that we should NOT instigate the above policy.

Some members felt it was punishing runners who get injuries, while KK pointed out the difficulty of organising such a process (I agree that it would probably be too complicated)

#### 6) Club runs

Clubhouse security— During the summer months when there are many more people around the mens changing rooms should be kept locked when there is kit in it.. The door into the toilets will normally be locked anyway. Before setting off we need to check that someone returning on the shorter run will have key.

Cricket will also keep the changing room locked during cricket matches. ITs is used by the umpires.

Robin has a full set of keys to both changing rooms. Most of the regular leaders have the key to the men's changing room.

Possibly starts doing a separate valuables box for women but to be locked in the men's lockers.

## Superfast group

Krzysztof hopes to start organising this occasionally on Weds.

#### Mile Time Trials

Good turn out in April - hope it continues

### Policy for dealing with accidents / injuries during club runs

First Aid belt?

Steph to look into what kind of small kit could be easily carried on a run.

#### 7) Socials

May, June and July socials to be incorporated into Handicaps

Clubhouse bar opened after xc events on in Lloyd Park?

Discussed : felt this was up to team managers to arrange. – really mainly for the Surrey League xc fixture at Lloyd Park

## 8) Long runs and cycles.

To continue – often we will be unable to give much notice due to Robin's uncertain availability.

#### 9) Secretary's role

Steph to be shown how to add / update fixtures on the club website.

Chris happy to continue to keep club records up to date on website.

## 10) Triathlon – affiliation etc.

Chris to see if any member wants to develop our Tri section, and remind members to send in Tri results to Hannah for publication. Will do this post-marathons.

## 11) Club Handicaps

Agreed dates of May 20<sup>th -</sup> Chris to lead, June 10<sup>th</sup> - Steph to lead, July 22<sup>nd</sup> - Mick to lead

This year we will look for firm commitments from helpers (last year too many helpers dropped out of final event).

Remind helpers that this includes as a 'help' towards the London Marathon ballot.

### 12) Hosting future cross country races

Striders (Krzysztof) will co-host the men's Surrey League Division 2 in February 2016 with Croydon Harriers

#### 13) Proposal to tweek club records list

Proposing to move away from a top 15 and top 30 and instead record all runners who run under a certain time.

Provisionally this would be: Men Marathon sub 3 hours Half Marathon sub 1.20 10 miles sub hour 10K sub 36 minutes Women
Marathon sub 3.30 hours
Half Marathon sub 1.35
10 miles sub 70 minutes
10K sub 43 minutes

However I don't propose to remove, for instance Steph Noyce who ran a 3.32 marathon. What I propose is that when we eventually reach a situation where our 15th fastest woman of all-time has a sub 3.30 marathon and then someone new beats that time then the 15th runner will remain in the list as the 16th runner. So in this instance Linda Daniel with 3.29 will always be on our all-time lists even if she is 16th, 17th, 18th etc. on the list.

In effect, for the example above, once we have 16 sub 3.30 marathon women our records no longer become 'all-time top 15' but become 'all time sub 3.30'.

The only immediate impact would be that the men's marathon list would have 32 runners - Paul Eisenhut,Loch Ness,2013,02:59:25 and Lee Wadsworth,Abingdon,2010,02:59:44 being the two sub 3 hours runners who have dropped off the list that currently shows the top 30 men.

#### Agreed

## 14) Switchback 2015

Likely to be on Sept. 27<sup>th</sup>
Debra to continue as Race director, Mick as Entries Secretary
Chris to apply for permit from Croydon Council and keep Steph in the loop
Need to decide on prizes, costs etc.

## 15) Race for Life 2015

To be on 12<sup>th</sup> July

## 16) Next committee meeting

June 11th - TBC

## **Action points:**

581	Triathlon development	Open	Chris	29/5/15
587	Publicise and organise Handicaps	Open	ALL	6/5/15
591	Contact Life Members about affiliation to	Open	Robin	21/9/15
	UKA			
592	Carriable First Aid kit for club runs	Open	Steph	31/5/15
593	Begin organising Switchback	Open	Debra, Mick, Chris	31/5/15