

## STRIDERS COMMITTEE MINUTES – 16<sup>th</sup> November 2009

### 1) Minutes of last meeting agreed (5<sup>th</sup> October)

### 2) Chairman's Report –

#### Sandilands

Expenditure for this year will exceed income by about £750. Subs from the various clubs roughly cover the normal running costs of the grounds, buildings and routine maintenance. Subs will increase by likely inflation at 2% so Striders will be £1153 due in the new year.

Any extra for discretionary spend on improvements and major maintenance has to come from the income from Jackanory (which is by no means certain) and the Roof Club, now named the Sandilands Fund. So I will publicise the fund next week and we need to encourage people to donate. See attached flier.

I also propose Striders puts say £100 in the clubs name. (Striders didn't win much last year mainly because we were outnumbered by the choir – however JG won 2<sup>nd</sup> prize last week) *Committee agreed to this proposal.*

Main expenditure next year will be refurbishing the snug. One suggestion/ request from the Hockey club was improved ladies showers with individual cubicles. Is this of interest to our ladies?

*Feedback from committee was that individual shower cubicles would be harder to clean. A new floor in the ladies' changing rooms would be preferable.*

Items which are 90% for our benefit e.g some cycle stands, perhaps a new locker I suggest we pay for – if we have the cash.

*Agreed that this should be looked into.*

It might be worth giving the downstairs corridor a lick of paint – any volunteers?

*Robin to seek volunteers for this – work to be done over Christmas.*

On Sunday 6<sup>th</sup> at 10:30 there is a plan to get member of the various clubs together to clear the Brambles and rubbish in the car park. Go along and offer a hand after the Sunday Run.

*Robin to publicise among members.*

497	Seek volunteers to paint downstairs corridor.	Open	RJ	31/12
498	Seek volunteers to clear car park	Open	RJ	6/12

### 3) Croydon Half Marathon.

In summary :

Robin has been speaking to Mike Fleet (Croydon Harriers) and Jackie Egerton (Croydon Council). They support the proposal for an event.

Most likely route is 2 x Croydon 10K – but not crossing tram line.

Should the club go ahead with this ?

*Agreed that the club should go ahead with this.*

*A separate group needs to be formed among Striders volunteers so that the committee does not get swamped with work relating to this.*

If we do go ahead we need....

- An Event Director – Robin
- A Marketing manager – to publicise this and organise mail shots to many houses on the route

- An Entry and Results manager – primarily to liaise with Sports Systems – reply to queries etc etc *Susan volunteered for this.*
- A Sponsorship manager - to raise some funds- In cash or kind for Prizes and equipment hire - Not sure how much but a few £K . Bas Sharif has volunteered for this.
- An Event manager – To organise the assembly area – event centre – entertainment warm ups etc etc
- A Route manager to confirm details of route and organise signage and marshals on the day – John G has volunteered for this.
- A Treasurer

*Robin to seek volunteers for unfilled posts.*

And which charity should any proceeds go to ?  
*Half Marathon group to look into this.*

499	Form group to organise Half Marathon	Open	RJ	18/01
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#### 4) Membership Secretary's Report.

491	Clarification on the process for members changing their first claim club needed	Done	CM / MT	16/11
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Currently 167 paid up members or life members.  
218 registered with England Athletics (their year runs from April 1<sup>st</sup> to March 31<sup>st</sup>)

Mick to send out a list to committee of non-renewers.

500	Chase non-renewers / non-payers	Open	MT	01/01
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#### 5) Switchback 2009

492	T shirts – give to helpers. Sell to members.	Done	MT	16/11
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Costs and income from this year

#### 6) Kit Report.

Another stock check to be done before AGM. Current stock value only needs to be a memo item of value at current list price. Look to write off existing ladies' vests before purchasing new designs.

New long sleeved T-shirts selling well.  
Steph will order some more vests for the men  
Will continue to look for a manufacturer of decent vests for women.

501	Vests to be purchased separately for men and women	Open	SU	18/01
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#### 7) Treasurer's Report

Consider future charity payments : this year's fund to St. Giles.  
Will place £200 in reserve in charity fund, awaiting further information.

Next year's fund either to go to a good cause suggested by members or to be split to marathon runners with sponsorship.

This was discussed. It was felt that at the moment this cannot be done because a) there is not enough money spare in the charity fund and b) it would make little impact when split between all those seeking sponsorship money

493	Seek new suitable charity or arrange for marathon sponsorship	Done	RJ	16/11
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#### 8) Social

486	Christmas social	Open	SH/SU	12/12
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494	Publicise 18 <sup>th</sup> October social	Done	MT	17/10
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Steph has arranged a Christmas meal at the Khyber Restaurant in South Croydon for 7.30 p.m. on 12<sup>th</sup> December. £24 per person including drinks. The downstairs room has been reserved for us. Tickets are selling well but there are a few places left.

#### 9) Team management

London xc Champs – Nov 21<sup>st</sup> – Chris  
 South of Thames 5 miles – Nov 28<sup>th</sup> – Chris  
 Men's Surrey League – Dec 12<sup>th</sup> – Chris  
 South of Thames 7.5 miles – Dec 19<sup>th</sup> – Chris

Addington 4 – 1<sup>st</sup> January – Robin  
 Surrey County xc – 9<sup>th</sup> January – Chris  
 Southern xc – 30<sup>th</sup> January – Chris

#### 10) Hosting xc

Striders are hosting the Men's Surrey League division 2 race on 12<sup>th</sup> Dec. at Lloyd Park. This season we are co-hosting this with Dulwich runners.

Initial call for Striders to help has been made. A few volunteers have come forward – we are still looking for a few more helpers to :

- mark out the course
- marshal the course

#### 12) Runs

Coulsdon South run on Sunday 22<sup>nd</sup> Nov. This will now be from Smitham – further details to follow.

Future runs :

Greenwich – probably 10<sup>th</sup> Jan.

Wandle

Oxted

Merstham – probably mid or early March

Kingston – probably Easter Sunday (4<sup>th</sup> April)

Update Marathon schedules on website

Susan to update the 4.30 and 5 hour schedules

Robin to update the 4 hour one

Chris to update the 3.30 and 3 hour schedules

502	Update web site marathon schedules	Open	SH/RJ/CM	01/01
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#### 13) Courses for coaches / Leading club runs

New committee members to attend a UKA Level 1 course or Joggers & Leaders course

461	committee to self book onto course once UKA have set them up	Open	MT / JH	winter
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Open up the EA 'run leadership' courses to members as long as they are then willing to then lead club runs.

495	Produce notes on 'how to lead a club run'	Done	CM / JG	16/11
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#### 14) Communications

A 'Beginners Guide to Cross Country' to be produced for next newsletter – Mick.

#### 15) AGM

Increasing use of bar. John Gannon will be arranging provision of food.

Time has run out this year for a group photo to be taken. Instead we will look into creating a photo based on montages of other photos.

496	Create a montage of photos to include as many members as possible.	Open	RJ	18/01
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#### 17) Striders parkrun special

Mick briefly mentioned the idea of encouraging more Striders to run at Roundshaw by having a Striders championship day – possibly in a handicapped format to give all members a chance.

More details to follow.

This will probably be on 2<sup>nd</sup> January.

503	Promote a Striders championship day at Roundshaw parkrun	Open	MT	02/01
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#### 18) Race for Life

Robin has been contacted. The 2010 event will probably be on 25<sup>th</sup> July.

#### 19) Calendar of events

Chris will produce a monthly calendar of events relevant to Striders – fro both noticeboard and website.

504	Produce monthly calendar of events	Open	CM	01/12
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20) Next official meeting on 18<sup>th</sup> Jan – venue TBC

#### Action points carried forward :

461	committee to self book onto course once UKA have set them up	Open	MT / JH	winter
486	Christmas social	Open	SH/SU	12/12
496	Create a montage of photos to include as many members as possible.	Open	RJ	18/01
497	Seek volunteers to paint downstairs corridor.	Open	RJ	31/12
498	Seek volunteers to clear car park	Open	RJ	6/12
499	Form group to organise Half Marathon	Open	RJ	18/01
500	Chase non-renewers / non-payers	Open	MT	01/01
501	Vests to be purchased separately for men and women	Open	SU	18/01

502	Update web site marathon schedules	Open	SH/RJ/CM	01/01
503	Promote a Striders championship day at Roundshaw parkrun	Open	MT	02/01
504	Produce monthly calendar of events	Open	CM	01/12