

## **STRIDERS COMMITTEE MINUTES 12<sup>th</sup> March 2015**

Apologies for absence : John Humphries, Ivanka Brown

1) **Minutes of last meeting** – 29<sup>th</sup> January 2015 - agreed

### **2) Chairman's Report**

#### **Croydon Half**

Entries down on last year I think we will end up with around 400. I will be focussing on allocating helpers this weekend so will probably be asking for more. Otherwise all in hand.

Fingers crossed they have finished the lamp post work on Park Hill Road.

Cathy Burke from Nice Works will be joining us on the day to see the organisation with a view to Nice Works taking on entries, timing, results the race director and some of the organiser role for next year.

#### **Sandilands**

There is a proposal from the trustees to change the structure of the committees and to form an Addiscombe Club which owns the freehold looks to the future and deals with bids for funds, new business etc. The existing committee would become the "House and Grounds committee"

### **3) Membership Secretary's Report.**

List of members to be updated, to exclude non-renewers, by the time we need to pay UKA for affiliation in April.

### **4) Kit Report**

Prices have now increased.

Robin to update prices on website and to include so new photos.

### **5) Treasurer's Report**

Chris : I wonder if we should be asking Striders to make some kind of payment (maybe 50%) towards their entry for the Southern Champs xc, London xc and the National Champs xc. This year we had a drop out rate of 50% amongst our men for both races, costing the club about £48 for unused entries.

FYI – Surrey League and East Surrey are free to enter – paid through the club affiliation to the league; South of Thames only costs £1 per runner; Surrey Champs are only £3 per runner.

This was discussed. Agreed that next year we would ask members to pay 50% of the cost of the entries for Southern, Nationals and London upfront.

John reported : Cash balance of approx.. £11K, but when CHM kitty of £6.1K is removed we have about £4.8K.

And with England Athletics affiliations of approx.. £2750 to be paid in April we will have approx.. £2K surplus.

### **6) Club runs**

*Clubhouse security– when it starts getting lighter again will the middle door in the gents changing room be locked again? If so, we would need to start ensuring again that we have 40 mins runners who have a key or can be handed one. Also could we have separate ladies valuables keyholder/s?*

Cricket also need the changing rooms locked during cricket matches. Roger couldn't find his key and is having another look. If necessary we will have to replace the lock

*Possibly starts doing a separate valuables box for women but to be locked in the men's lockers.*

## **Superfast group**

Krzysztof suggested Super fast gp on Weds/Suns for those wishing to push on a constant fast pace.

**Mile Time Trials** to begin again in April – usually on first Wednesday of the month, starting at about 7.10 p.m.

## **AGM discussions**

*Robin to email members about how the club runs have developed since the AGM and seek feedback.*

Seemed positive. Other than Taylor's assumption we were creating more groups! I think the only reason we would do so is numbers not pace.

## **7) Socials**

Next one on Weds. 1<sup>st</sup> April, to include Alan Dolton talk on Track & Field

May, June and July socials to be incorporated into Handicaps

## **8) Long runs and cycles.**

We will be planning some longer away runs and cycles for the summer.

## **9) Secretary's role**

SEAA affiliation – Keep roles as they are at the moment. After AGM we will inform SEAA of our committee changes.

## **10) Triathlon – affiliation etc.**

*Chris to see if any member wants to develop our Tri section, and remind members to send in Tri results to Hannah for publication. Will do this post-marathons.*

## **11) Club Handicaps**

Agreed dates of May 20<sup>th</sup>, June 10<sup>th</sup>, July 22<sup>nd</sup>

Plenty of debate at the AGM but no consensus was reached.

Proposal to organise the first handicap on the following basis (and make any necessary tweaks to the second one after feedback) :

Using same route as last year.

Using 'race clock' as timer

Groupings of runners based on Wednesday nights group – but split in two or three so :

Steady group – A – starts at 0 minutes

Main 4<sup>th</sup> group – B – starts at 4 minutes

Faster 4<sup>th</sup> group – C – starts at 8 minutes (e.g John G, Tony)

Main 3<sup>rd</sup> group – D – starts at 12 minutes (e.g. Stuart)

Faster 3<sup>rd</sup> group – E – starts at 16 minutes

Main 2<sup>nd</sup> group – F – starts at 20 minutes (e.g. Debra)

Faster 2<sup>nd</sup> group – G – starts at 24 minutes (e.g. Hugh, Steph)

Main 1<sup>st</sup> group – H – starts at 28 minutes (e.g. Chris, Darren)

Faster 1<sup>st</sup> group – I – starts at 32 minutes (e.g. Ernie, Mike)

Membership list printed out before race (good chance to chase up non-payers !)

Group letter noted for each runner who starts : up to individual runners to decide which group they run in.

Time recorded for each runner at the end.

No prizes for winners of first two handicaps – agreed.

Handicaps set for each runner for final race

This year we will look for firm commitments from helpers (last year too many helpers dropped out of final event).

Remind helpers that this includes as a 'help' towards the London Marathon ballot.

## 12) Hosting future cross country races

Striders (Krzysztof) will co-host the men's Surrey League Division 2 in February 2016 with Croydon Harriers

We have not been asked to host the women's Surrey League race.

Chris & Krzysztof to attend men's Surrey League AGM at end of March

## 13) Next committee meeting

**30<sup>th</sup> April - TBC**

### Action points:

|     |  |      |        |         |
|-----|--|------|--------|---------|
| 581 | Triathlon development                          | Open | Chris  | 29/5/15 |
| 582 | Promote CHM                                    | open | Robin  | 29/3/15 |
| 586 | Follow up on club runs since AGM discussions   | done | Robin  | 27/2/15 |
| 587 | Publicise and organise Handicaps               | Open | ALL    | 6/5/15  |
| 588 | Organise April social                          | Open | Hannah | 1/4/15  |
| 589 | Begin Mile Time Trials                         | Open | Chris  | 1/4/15  |
| 590 | Updated website with new kit prices and photos | Open | Robin  | 10/4/15 |
|     |  |      |        |         |