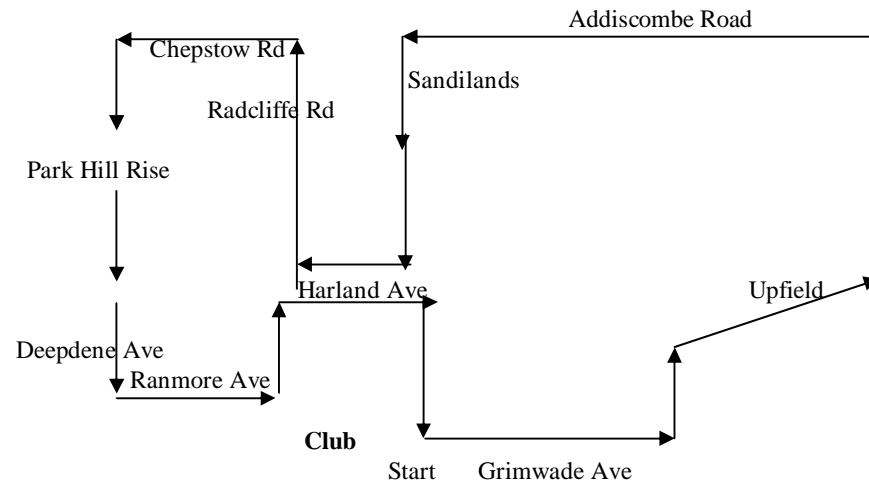


CLUB HANDICAP COURSE:2005 (TWO LAPS - 5 MILES)



Starting from the clubhouse, run east along Grimwade Avenue; left into Mapledale Avenue then right into Upfield; left into Addiscombe Road; left again into Sandilands; right into Harland Avenue; right again into Radcliffe Road; left into Chepstow Road; left again into Park Hill Rise; left again into Ranmore Avenue; left again into Radcliffe Road; right into Harland Avenue; right again into Sandilands to complete one lap.

Start at yellow road marking across the road opposite Sandilands car park entrance.

1K Upfield house no. 7

1 mile Addiscombe Rd house no 279A

2K Sandiland house no. 16

3K Park Hill Rise postbox by 1-53 Runnymede Ct

2 miles Park Hill Rise by Chichester Rd turning

4K Harland Ave. no 10

2.5 miles Harland Av. No.28

3 miles corner of Upfield & Mapledale

5K Upfield no. 26

6K Addiscombe Rd no. 263

4 miles Harland no. 10

7K nr bottom of Radcliffe

8K Radcliffe Rd no 35

5miles opposite no. 31 Radcliffe Rd