| Striders duathlon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 26/05/2013 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Name | overall position | end run 1 | run 1 | run 1 order | start bike | transition 1 | end bike | bike | bike order | start run 2 | transition 2 | end run 2 | run 2 | run 2 order | overall position |
| Greg Williams | 1 | 00:11:41 | 00:11:41 | 1 | 00:12:14 | 00:00:33 | 00:26:40 | 00:14:26 | 1 | 00:27:10 | 00:00:30 | 00:39:37 | 00:12:27 | 3 | 1 |
| Hugh Alexander | 2 | 00:12:08 | 00:12:08 | 4 | 00:12:40 | 00:00:32 | 00:27:30 | 00:14:50 | 2 | 00:27:48 | 00:00:18 | 00:40:22 | 00:12:34 | 4 | 2 |
| Paul Stanford | 3 | 00:11:42 | 00:11:42 | 2 | 00:12:44 | 00:01:02 | 00:28:25 | 00:15:41 | 4 | 00:29:02 | 00:00:37 | 00:40:50 | 00:11:48 | 1 | 3 |
| Nigel Davidson | 4 | 00:12:39 | 00:12:39 | 5 | 00:13:05 | 00:00:26 | 00:28:40 | 00:15:35 | 3 | 00:29:04 | 00:00:24 | 00:42:19 | 00:13:15 | 5 | 4 |
| Alice Ewen | 5 | 00:13:16 | 00:13:16 | 6 | 00:13:49 | 00:00:33 | 00:30:16 | 00:16:27 | 5 | 00:30:42 | 00:00:26 | 00:44:41 | 00:13:59 | 7 | 5 |
| Zoe Williams | 6 | 00:13:23 | 00:13:23 | 7 | 00:14:04 | 00:00:41 | 00:32:38 | 00:18:34 | 10 | 00:33:03 | 00:00:25 | 00:46:48 | 00:13:45 | 6 | 6 |
| Matt Smith | 7 | 00:13:58 | 00:13:58 | 8 | 00:14:31 | 00:00:33 | 00:31:23 | 00:16:52 | 6 | 00:31:43 | 00:00:20 | 00:48:32 | 00:16:49 | 13 | 7 |
| Robin Jamieson | 8 | 00:14:20 | 00:14:20 | 10 | 00:15:01 | 00:00:41 | 00:33:25 | 00:18:24 | 9 | 00:34:00 | 00:00:35 | 00:49:11 | 00:15:11 | 8 | 8 |
| Steph Upton | 9 | 00:12:04 | 00:12:04 | 3 | 00:15:21 | 00:03:17 | 00:37:03 | 00:21:42 | 12 | 00:37:39 | 00:00:36 | 00:49:50 | 00:12:11 | 2 | 9 |
| Peter Attewell | 10 | 00:16:27 | 00:16:27 | 13 | 00:17:05 | 00:00:38 | 00:34:36 | 00:17:31 | 8 | 00:35:05 | 00:00:29 | 00:51:08 | 00:16:03 | 11 | 10 |
| Eve Collins | 11 | 00:14:47 | 00:14:47 | 11 | 00:15:25 | 00:00:38 | 00:36:06 | 00:20:41 | 11 | 00:36:30 | 00:00:24 | 00:52:05 | 00:15:35 | 10 | 11 |
| Gemma Upton | 12 | 00:14:14 | 00:14:14 | 9 | 00:15:24 | 00:01:10 | 00:37:35 | 00:22:11 | 13 | 00:38:03 | 00:00:28 | 00:53:15 | 00:15:12 | 9 | 12 |
| Corinne Carr | 13 | 00:16:28 | 00:16:28 | 14 | 00:17:37 | 00:01:09 | 00:41:38 | 00:24:01 | 14 | 00:42:12 | 00:00:34 | 00:58:41 | 00:16:29 | 12 | 13 |
| Clive Smith | 14 | 00:15:26 | 00:15:26 | 12 | 00:15:50 | 00:00:24 | 00:33:11 | 00:17:21 | 7 | 00:33:40 | 00:00:29 | DNF |  |  | 14 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Run 1: | 2 laps of | http://www.g | .gmap-pedom | meter.com/? | r=5403046 |  |  |  |  |  |  |  |  |  |  |
| Cycle: | 1 lap of | http://www.g | .gmap-pedo | meter.com/? | r=5403068 |  |  |  |  |  |  |  |  |  |  |
| Run 2: | 2 laps of | http://www.g | .gmap-pedom | meter.com/? | $r=5403046$ |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

