

Striders Triathlon 2017 August 17th

		Overall		SWIM		BIKE			RUN		
		Time	Pos	Time	Pos	Trans	Time	Pos	Trans	Time	Pos
Triathlon											
	Ladies										
	Steph Upton	39:00	1	7:09	4	1:08	16:43	1	0:11	13:49	1
	Emily Knox	44:38	2	6:57	3	1:23	19:00	2	0:16	17:02	3
	Debra Bourne	45:19	3	7:40	5	2:26	20:03	3	0:23	14:47	2
	Ruth Pearson	55:58	4	7:40	5	2:47	27:21	4	1:02	17:08	4
	Men										
	Mark Bayliss	31:15	1	4:01	1	0:35	13:34	1	0:11	12:54	7
	Matt Stone	31:41	2	4:10	3	0:30	14:57	3	0:31	11:33	2
	Robert Lines	35:27	3	6:07	7	1:33	15:51	5	0:25	11:31	1
	Simon Pannell	35:40	4	6:45	9	0:58	15:04	4	0:12	12:41	6
	Tom Gillespie	36:20	5	6:55	10	1:41	14:54	2	0:29	12:21	4
	Brenhan Heath	37:13	6	4:09	2	0:30	15:55	6	0:36	16:03	11
	Lee Flanagan	37:14	7	5:26	5	3:02	16:46	8	0:14	11:46	3
	Isaac Flanagan	37:50	8	6:29	8	1:59	16:46	9	0:06	12:30	5
	Luke Limbach	38:02	9	5:49	6	1:36	17:22	11	0:12	13:03	9
	Peter Laurence	38:24	10	5:05	4	1:44	18:25	12	0:14	12:56	8
	Julian Spencer Wood	40:42	11	7:35	11	2:34	16:41	7	0:46	13:06	10
	Steve Barker	46:17	12	8:37	12	2:51	16:55	10	0:44	17:10	12
	Aquabike										
	Juliet Stevenson	42:14	1	10:05	7	4:37	27:32	5			
	Aquathon										
	Karen Macenhill	23:42	1	5:12	1				1:21	17:09	5
	Rowena Stone	24:10	2	5:16	2				1:17	17:37	6
	Run Swim Run			RUN			SWIM			RUN	
	Corrine Carr	54:14	1	18:51		3:54	9:24	6	2:54	19:11	7