

Striders Triathlon 2014

August 14th

				Swim						Cycle				Run		Total		
Pos	Name		No		Time	Pos	Trans		Time	Pos	Trans		Time	Pos		Time	Pos	
Men																		
1	Paul	Finch	21		04:21	3	00:19		13:56	2	00:07		12:27	1		31:10	1	
2	Greg	Williams	5		04:27	4	00:26		14:08	3	00:08		12:50	4		31:59	2	
3	Mark	Bayliss	3		03:56	1	00:30		13:40	1	00:16		16:06	11		34:28	3	
4	Brenhan	Heath	4		04:04	2	00:32		16:20	6	00:27		14:40	8		36:03	4	
5	Robert	Finch	22		04:57	5	00:43		15:41	4	00:30		14:36	7		36:27	5	
6	Julian	Spencer-Wood	12		07:41	14	00:19		17:41	7	00:29		12:47	3		38:57	6	
7	Andy	Marlow	10		07:07	11	01:41		16:18	5	01:04		13:20	5		39:30	7	
8	Peter	Laurence	7		05:13	6	01:58		19:14	10	00:15		14:50	9		41:30	8	
9	Simon	Pannell	16		06:57	10	02:06		19:56	13	00:20		12:28	2		41:47	9	
10	John	Humphries	18		07:27	13	02:27		19:54	12	00:26		14:27	6		44:41	10	
11	Nick	Corline	14		06:00	7	02:00		19:06	9	00:14		18:06	13		45:26	11	
12	Shaffiq	Amin	13		06:54	9	01:56		19:28	11	00:42		16:50	12		45:50	12	
13	Tom	Littlewood	8		07:50	15	01:51		20:28	14	00:19		15:24	10		45:52	13	
14	Matt	Smith	19		07:12	12	01:30		18:11	8	00:36		19:11	14		46:40	14	
Swim Only																		
	Tony	Sheppard	6		06:19	8												
Women																		
1	Helen	Rees	9		06:03	2	02:35		18:52	1	00:49		15:36	1		43:55	1	
2	Becky	Cox	11		05:57	1	02:19		21:20	2	00:09		20:00	3		49:45	2	
No Ride																		
1	Corinne	Carr	2		10:53	4					02:01		17:36	2		30:30	1	

2	Victoria	Legge	1	10:44	3				02:05	22:21	4	35:10	2
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