Striders One Mile Time Trial

Results					2017	2016						2015					
			14-Jun	03-May	05-Apr	07-Sep	03-Aug	06-Jul	01-Jun	04-May	06-Apr	02-Sep	05-Aug	01-Jul	03-Jun	07-May	01-Apr
Name		Best	hot & humid	dry & cold	dry & cool	warm & dry	warm& dry	mild	wet underfoot	Warmish and still		Overcast and mild	Mild	hot and humid	Dry & watm	Windy	Windy
Simon	Ambrosi	5.21															
Yasmin	Anderson	6.35															
Sue	Atkinson	9.34															
Kevin	Bannister	7.52															
Amanda	Barros	7.39															
Dave	Batten	5.46															
Nicholas	Batten	5.48															
Stuart	Bell	6.21															
Adele	Boesinger	7.09			7.09												7.59
Graeme	Bowyer	8.38															8.38
Ivanka	Brown	8.46															
Tom	Brown	6.24															
James	Burree	6.01							6.23								6.01
Terry	Buxton	7.24						7.24		7.27			7.37		7.40	7.44	8.01
Allie	Cairnie	6.39											6.39		6.49	7.00	
Emily	Campbell	7.05															
Killian	Carr	6.43												6.43			
Janice	Champion	8.54															
Patrick	Chung	7.19											7.27				
Michelle	Clarke	7.13		6.50													
Phil	Coales	4.53			4.53		5.17					5.13	5.15				
Sarah	Cobb	8.29															
Eve	Collins	8.02															
Nigel	Collins	5.42															
Steve	Collins	6.25															
Karen	Connor	9.09															
Colin	Cotton	6.25															
Chloe	Cripps	8.09															
Paul	Cripps	5.48				5.48	5.50	6.00	6.11		6.10						
Gerrie	Crispie	7.20															7.20
Dave	Denton	6.42															
Andrew	Diamantis	7.39															
Alan	Dolton	5.57															
William	Donald	7.30								7.30							
Graeme	Drysdale	5.39	5.44									5.39				5.40	
James	Duffin	6.43											6.43	6.43	7.04		
Nick	Eaves	5.50															
Richard	Edwards	6.27															
Rosemary	Egbe	10.23														10.23	
Paul	Eisenhut	5.55															
Andy	Elliott	7.15								8.28						8.41	
Alice	Ewen	6.16															
Bob	Ewen	5.51															
Margaret	Faherty	7.49															
Nick	Fiander	7.48															
Barry	Finch	6.46															
Christopher	Finch	6.27				6.27											
Lucy	Finch	6.36				6.36		6.39			6.39						
Nigel	Finch	6.10				6.36		6.10			6.39						6.15
Tony	Flowers	7.53															
Kim	Ford	7.47															
Sandra	Francis	8.16								9.06		8.49					
Lyes	Fridi	6.47															
John	Gannon	6.50															
Mick	George	7.12													7.41	8.02	
Raymond	Gilmour	7.29															
Natalie	Gooden	9.27															
Martin	Gourlay	7.17															
Louise	Grech	8.07															
Matt	Grindrod	6.03															
Michael	(guest)	6.53															
David	Gunaratnam	6.17															
Colin	Hann	5.23															
Ernie	Hann	5.08						5.23									
Graham	Hansen	5.20							5.20								
Sam	Hansen	5.26						5.40	5.26								
Tim	Harris	6.47															
Susan	Haynes	8.10															
Stuart	Hills	6.35															
Mel	Hinds	9.41															9.41
Taylor	Huggins	5.45															
Robin	Jamieson	6.41															
Peter	Johnson	6.05						6.05			6.19						
Julia	Jordan	8.06															
Mark	Kelly	6.22															
James	Kelly	6.21															
Danyay	Khan	7.46	7.46														
John	Kirby	6.30															
Krzysztof	Klidzia	5.38			5.42												
Norman	Kuruvita	8.15															
JP	Lamarque	8.10															

		2014						2013							2012				
		24-Sep	27-Aug	30-Jul	25-Jun	28-May	30-Apr	02-Oct	04-Sep	07-Aug	17-Jul	19-Jun	01-May	03-Apr	07-Nov	03-Oct	03-Aug	06-Jul	13-Apr
Name		Mild	Mild	Hot	Humid	Mild	Mild	Mild	Dry & warm	Dry & warm	Humid	Humid	Mild and dry	Very Cold	Cold & dry	Cold & dry	Cold & dry	Cold & dry	Miild
Simon	Ambrosi	5.26																	
Yasmin	Anderson														6.50				
Sue	Atkinson																		
Kevin	Bannister																		
Amanda	Barros																		
Dave	Batten																		
Nicholas	Batten																		
Stuart	Bell																		
Adele	Boesinger																		
Graeme	Bowyer	8.42																	
Ivanka	Brown			8.46															
Tom	Brown																		
James	Burree														6.15				
Terry	Buxton																		
Allie	Cairnie																		
Emily	Campbell																		
Killian	Carr																		
Janice	Champion																		
Patrick	Chung				7.29					7.28				7.19					
Michelle	Clarke						7.13												
Phil	Coales																		
Sarah	Cobb									8.54			8.29	8.40					
Eve	Collins																		
Nigel	Collins										5.42								
Steve	Collins																		
Karen	Connor																		
Colin	Cotton																		
Chloe	Cripps																		
Paul	Cripps																		
Gerrie	Crispie																		
Dave	Denton	7.40																	
Andrew	Diamantis	8.21								7.46	7.39								
Alan	Dolton																		
William	Donald																		
Graeme	Drysdale																		
James	Duffin						6.57												
Nick	Eaves																		
Richard	Edwards																		
Rosemary	Egbe			*10.23*															
Paul	Eisenhut										5.55								
Andy	Elliott	8.25	8.30		8.50	8.19	8.27												8.09
Alice	Ewen															6.42			
Bob	Ewen																		
Margaret	Faherty																		
Nick	Fiander						7.48												
Barry	Finch																		
Christopher	Finch																		
Lucy	Finch																		
Nigel	Finch						6.19												
Tony	Flowers																7.53		
Kim	Ford									8.32			8.18	8.25					8.19
Sandra	Francis						8.16									9.00			8.55
Lyes	Fridi																		
John	Gannon															7.11			
Mick	George																		
Raymond	Gilmour																		
Natalie	Gooden																		
Martin	Gourlay																		
Louise	Grech			*8.07*															
Matt	Grindrod																		
Michael	(guest)																		
David	Gunaratnam																		
Colin	Hann	5.43	5.23			5.48		6.49	7.01	7.12									
Ernie	Hann				5.08	5.22	5.16	5.33	5.31	5.39	5.39	5.39			5.34	5.56			
Graham	Hansen																		
Sam	Hansen																		
Tim	Harris						6.47												
Susan	Haynes																		
Stuart	Hills																		
Mel	Hinds																		
Taylor	Huggins																		
Robin	Jamieson														7.00				
Peter	Johnson																		
Julia	Jordan																		
Mark	Kelly					6.22													
James	Kelly					6.21													
Danyay	Khan																		
John	Kirby																		
Krzysztof	Klidzia														5.38				
Norman	Kuruvita																		
JP	Lamarque																		

		2011					2010					2009									2008					
		07-Oct	02-Sep	05-Aug	01-Jul	06-May	03-Sep	06-Aug	02-Jul	07-May	02-Apr	04-Dec	02-Oct	07-Aug	03-Jul	05-Jun	01-May	03-Apr	06-Mar	13-Feb		12-Dec	07-Nov	03-Oct	05-Sep	01-Aug
Name		Miild	Warm & still	Warm & still	Warm & still	Dry & Cool	Mild & dry	Blustery & mild	Dry & warm	Dry & Cool	Dry & Cool	Wet & mild	Dry & Cool	Warm & Sunny	Warm & Sunny	Dry & Cool	Dry & Sunny	Cool Breeze	Dry & Cool	Dry & Cold	2008 Best	Damp & Windy	Dry & Cool	Dry & Cool	Wet & Windy	Dry & Sunny
Simon	Ambrosi					5.33															5.21				5.33	5.21
Yasmin	Anderson																		6.35		7.02					7.02
Sue	Atkinson													9.34												
Kevin	Bannister																				7.52		7.52			
Amanda	Barros							7.43	7.39																	
Dave	Batten													5.46	5.55		5.55									
Nicholas	Batten														5.48		5.52									
Stuart	Bell													6.22												
Adele	Boesinger																									
Graeme	Bowyer																									
Ivanka	Brown																									
Tom	Brown																				6.24			6.38		6.24
James	Burree																									
Terry	Buxton																									
Allie	Cairnie																									
Emily	Campbell																				7.05			7.05		
Killian	Carr																									
Janice	Champion						8.54																			
Patrick	Chung									8.21					7.50											
Michelle	Clarke																									
Phil	Coales																									
Sarah	Cobb																									
Eve	Collins									8.02																
Nigel	Collins																									
Steve	Collins																									
Karen	Connor																				9.09					9.09
Colin	Cotton																				6.25					6.25
Chloe	Cripps																									
Paul	Cripps																									
Gerrie	Crispie																									
Dave	Denton					7.15									6.43		6.42									
Andrew	Diamantis																									
Alan	Dolton																6.12	5.57	6.12		6.22					6.22
William	Donald																									
Graeme	Drysdale																									
James	Duffin																									
Nick	Eaves		6.01											5.50	5.58											
Richard	Edwards																									
Rosemary	Egbe																									
Paul	Eisenhut			5.58						6.00																
Andy	Elliott				8.16		7.30	7.24		7.30					7.15			7.50	7.21	7.38	7.19				7.30	7.19
Alice	Ewen																	6.16	6.32		7.08			7.08		
Bob	Ewen																	5.51								
Margaret	Faherty														8.01					7.49	8.09	8.09				
Nick	Fiander																									
Barry	Finch																				6.46	6.46				
Christopher	Finch																									
Lucy	Finch																									
Nigel	Finch																									
Tony	Flowers																									
Kim	Ford								8.10		8.37			8.05		7.47			8.21							
Sandra	Francis	8.55		9.02																						
Lyes	Fridi																									
John	Gannon											7.01	6.50								7.17		7.17			
Mick	George													7.12	7.17											
Raymond	Gilmour					7.29																				
Natalie	Gooden																			9.27	9.27				9.36	9.27
Martin	Gourlay															7.17	7.21			8.05						
Louise	Grech																									
Matt	Grindrod		6.18		6.03	6.08																				
Michael	(guest)								6.53																	
David	Gunaratnam																				6.17		6.17			
Colin	Hann																									
Ernie	Hann																									
Graham	Hansen																									
Sam	Hansen																									
Tim	Harris																									
Susan	Haynes																				8.10			8.20		8.10
Stuart	Hills																				6.35		6.35			
Mel	Hinds																									
Taylor	Huggins																5.45									
Robin	Jamieson							6.53						6.41						7.03	6.43		6.43			
Peter	Johnson																									
Julia	Jordan							8.06																		
Mark	Kelly																									
James	Kelly																									
Danyay	Khan																									
John	Kirby																		6.30							
Krzysztof	Klidzia																									
Norman	Kuruvita														8.28	8.15										
JP	Lamarque															8.10					8.21			8.21		

Asisat	Lamina	6.54											6.54																																															
Robbie	Lashley	7.29																													7.38		7.48																									
Becky	Laurence	7.03																										7.03																														
Phillipa	Lawler	7.07																																													7.07											
Richard	Lee-Smith	5.09																																				5.09													5.15			5.21		5.21			
Victoria	Legge	9.23														11.32																9.58										9.28		9.23		10.05							9.26		9.47	10.17			9.58	9.47
Liam	(guest)	5.52																																		5.52																						
Tom	Littlewood	6.38																											6.55																	6.58	6.47	6.58		6.50				6.38					6.38
Yvonne	Liversidge	8.00																															8.00																								
Jon	Lloyd	6.02																																					6.02																		
Dave	Lovell	6.02																												6.04													6.12	6.24										6.02				6.02	
Damian	Macenhill	5.21																																						5.21																	
Justin	Macenhill	4.56																																											4.56							4.58						
Karen	Macenhill.	7.25																						7.25		7.39																													7.35			7.40	7.35	
Charlie	Mander	6.30																																																										
James	Mason	6.27																																											6.27	6.28													
Steve	Massey	5.44						5.49	5.59				5.49				6.08					6.01							7.34		6.06				5.52								5.46																
Helene	McCann	7.55						7.55			7.55																																																	
Robert	McCann	9.24						9.24			9.24																																																	
Neil	McDonough	7.42								7.42		8.39	7.52																																														
Katie	McInnes	7.29					7.29													8.13																																								
Peter	Mills	5.05								5.05																																																		
Matt	Morgan	5.02																																														5.02		5.11				5.11	
Chris	Morton	5.51					6.15		6.13				6.14	6.14				6.05										6.05			6.01							6.03			5.51										6.07		6.00			6.09			6.09		
Ian	Murdoch	8.56																																					8.56																		
Adam	Nally	6.30																					6.30																																			
David	Nielson	6.57			6.57																																																						
John	O'Dowd	6.42																				6.49	6.42																																				
John	O'Mahony	6.11		5.50				6.11			6.11																																																	
Susannah	Oliver	7.50																																																	7.50		7.52	7.52				
Eliot	Osher	5.41																																																	5.41							
Natalie	Osher	6.46																																																	6.51		6.46					6.46
Matthew	Ostrowski	5.20					5.28	5.50	5.20	5.34	5.50		6.11																																														
Tony	Ostrowski	6.35						6.35	6.56	6.38	6.35		6.56																																														
Karen	Peake	8.22																											8.22																													
Jo	Penny	7.54																																											7.54													
Andy	Perks	5.44		6.06	5.5	7.08	7.37						6.02	5.57				5.44			5.50																																								
Hazel	Perks	9.27				9.27	9.40																																																				
Holly	Perks	7.09				7.09	7.37																																																				
Ruth	Pearson	8.32			8.32	9.32	9.41																																																				
Darren	Piper	5.40																																																		5.40					5.40
Jessica	Polya	7.32			7.32																																																						
Nadine	Pryce	7.13						7.13																																																			
Gearoid	Quigley	5.21																						5.21																																		
John	Ralf	6.12																																																										
Hayley	Rand	8.18																																					8.18																		
Phil	Richards	6.55																					6.55																																				
Michael	Ricketts (gues	6.51																																																										
Sarah	Robinson	8.57																										8.57																														
Vishal	Saxena	7.06																																																										
Dennis	Seymour	5.52	6.45								6.31			6.12	6.12	5.52	5.54	6.14																																										
Bas	Sharif	6.00																																														6.00										
Rob	Sharpe	5.20																												5.24																											
Tony	Shepherd	5.30																																													5.30											
Adam	Shew	7.16																					7.16			7.25		7.34																																	
Julie	Shew	9.03																																								9.03															
Peter	Shew	6.52																																						6.55															6.52				6.52	
Alistair	Smith	5.58																						6.00		5.58																																
Clive	Smith	7.13																								7.47						7.16			7.19		7.19	7.37	7.16	7.23		8.16																		
Matthew	Smith	6.35															6.40																6.43			6.35		6.38	6.54		6.48		7.57																		
Rod	Smith	8.50																																							8.50	9.07																
Steve	Smith	6.24	6.50					6.48			6.48		6.29																																														
Carmen	Somerset	6.57																																													7.14			6.57		7.12	8.05	8.05				
Sophia	(guest)	8.54																																			8.54																							
Dee	Stanford	7.39																																						8.48	7.45	7.39	7.42	8.18														
Paul	Stanford	5.41														6.02																											5.41										5.47		6.13						
Tom	Stevens	7.16																																													7.16											
Isaac	Stoute	6.00																																																										
Andy	Thatcher	8.28																																																		8.28					8.28
Jessica	Thomas-Cole	8.02														8.02																																										
Kirsty	Thompson	6.28																													6.28		7.10		6.32	6.31																						
Mick	Turner	5.40																																			5.54	6.16							5.54										5.40								
Steve	Tyler	8.17		9.54																																																		8.17					8.17
Steph	Upton	6.36																			6.36																					6.40														6.50			6.50		
Christina	Uwins	7.52	7.52																																																									
Alex	Warchol	7.15				7.15																																																					
William	Ward	5.50																											6.04																		5.50	5.56	6.05	6.15		6.32	6.53	6.53				
Kevin	Waller	7.50																															8.01																								
Simon	Webster	5.57																											5.57	6.01																											
Alison	Whitlock	7.00	7.01																		7.09					7.00		7.18																																
Zoe	Williams	6.46																			6.51						6.46																																	
Bernadette	Winsborrow	8.13																												8.13																											
Barry	White	5.30																																								5.30		5.34														
Darren	Woods	5.41				6.08				6.13		6.11	5.48		5.44	5.45	5.51	5.41	5.58	5.57	5.53	5.52																																							