STRIDERS OF CROYDON

Results for September 2016

red = not included in road rankings/ club rec

Date	Name of Event	Distance		Runner, placing	Time	Comments
3-Sep	Surrey Road Relays	Legs of 2.9 miles, road		James Bennett	00:15:02	SM team finished 15th
				Peter Mills	00:15:39	
				Mick Turner	00:18:56	
				Darren Woods	00:19:25	
				Barry White	00:18:46	
				Simon Pannell	00:18:51	
				Paul Stanford	00:20:03	MV40 team finished 12th
				Barry White	00:18:42	
				Peter Johnson	00:20:17	
				Greg Bird	00:21:39	
				Simon Pannell	00:18:55	MV50 team finished 7th
				Gerry Crispie	00:23:08	
				Terry Buxton	00:22:57	
				Andy Elliott	00:25:48	
4-Sep	Dry Hill 10	10 miles approx,	multiterrain	Phil Coales	3rd, 1.00.23	
				Krzysztof Klidzia	5th, 1st Mv50, 1.03.20	
				Peter Laurence	1.14:27 17th	
				Chris Morton	1.14:42 19th	
				John Punt	1.16.15, 25th	
				Steph Upton	2nd lady, 1.17.55	
				Mark kelly	1.18.53, 30th	
				Becky Laurence	1:20:50 (37th overall, 3rd female)	
				Jo Penny	1:55.24, 17th F	
				steve Tyler	2.07.26, 58th M	
4-Sep	Maidenhead Half	half marathon	road	Simone Luciani	23rd, 1.19.30	
				Mike stewart	71st, 1.25.39	
4-Sep	Eridge 10	10 miles approx, xc		Andy Perks	30th, 1.21.54	
				Martin filer	38th, 1.24.02	
				Terence Buxton	272nd, 2.07.42	
				Neil Mcdonough	279th, 2.16.26	
10-Sep	Will bolton Memorial xc relays	approx. 4K each leg	xc	Matt Ostrowski	15.59	striders A team finished 11th
	Sparrows Den			Krzysztof Klidzia	15.45	
				Lee Flanagan	14.59	
				Phil Coales	14.45	
				Andy Perks	16.35	striders B team finished 27th
				Sm O'dongo	17.12	
				steve Massey	17.14	
				Andy Perks	16.59	
				Chris Morton	17.36	striders C team finished 32nd
				Mick Turner	17.37	
				Chris Morton	18.01	
				Nigel Finch	18.00	
				Debra Bourne	19.33	striders D team finished 37th
				Sunjay Bhogal	18.13	
				Simon Pannell	16.27	
				Serena stracey	18.22	
	Junior race	approx. 3K each leg	xc	Lucy finch	14.41	
				Christopher Finch	14.21	
10-Sep	Sri chinmoy - Battersea Park	10K	road	Beckie Laurence	44.48, 61st, 9th F	
11-Sep	Swanley 10K	10K approx.	multiterrain	Andy Perks	43.45, 6th	
				Sunjay Bhogal	45.44, 10th	
3-Sep	Runthough 10K - Victoria Park	10K	road	Michael Smladon	47.35, 53rd	
3-Sep	Runthough Half - Victoria Park	Half marathon	road	John O'dowd	1.49.38, 80th	
11-Sep	*Great North Run*	*Half marathon*	*road*	*Katie Chadd*	*1.42.48*	
				William Pennells	*1.48.25*	
				Clive Simmonds	*1.56.43*	
				Geoff Pennells	*2.34.31*	
				Laura Pennells	*2.34.32*	
				steve tyler	*2.38.13*	
18-Sep	Scotish Half Marathon	Half marathon	road	James Bennett	73.22 2nd place.	
18-Sep	Reigate half	Half marathon	road	Andy perks	1:26:01 37th	
14-Sep	Runthrough Chase the Sun Battersea Parl	10k road		Andy Perks	40:07 30th	
				Sunjay Bhogal	44.29 (95th)	
				John O'Mahony	45.20 (98th)	
18th Sept 16	Richmond Running Festival Marathon	Marathon	road	Martin Filer	3.36.51	
12th Sept 16	Farnham Pilgrim Marathon	Trail Marathon		Martin Filer	4.24.00	
				Nick Kyritsis	4:26:59 (chip) 90th overall 2nd MV60	
18-Sep	Hull Marathon	26.2 miles road		Sunjay Bhogal	3.35.16	
25-Sep	Ealing Half	half marathon	road	Michael Stewart	79th, 1.24.48	
				Alastair Smith	605th, 1.39.17	
				Marianne Chua	1700th, 1.53.09	
				Terence Buxton	1739th, 1.54.01	
				Karim Akhtar	1899th, 1.56.02	
				Neil Mcdonough	2929th, 2.11.06	
25-Sep	Berlin Marathon	marathon	road	Nicole Woods	4.13.01	
25-Sep	Windsor Half	half marathon	road	Simone Luciani	25th, 1.22.30	
				Morena Lironi	200th, 1.35.09	
				Noelia Montanaro	1210th, 1.52.58	
				Natalie Clerke	1411th, 1.54.24	
				Jane hughes	2945th, 2.12.42	
25-Sep	Switchback	5 miles approx.	multiterrain	Phil Coales	2nd, 28.17	
				Peter Mills	4th, 28.51	
				Bill Makuwa	5th, 29.01	
				Lee flanagan	8th, 30.33	
				Krzysztof Klidzia	9th, 1st Mv50, 30.42	
				Andy Perks	15th, 32.42	
				Matthew Stone	16th, 32.46	
				Damian Macenhill	18th, 33.21	
				Simon Webster	19th, 33.30	
				simon Pannell	21st, 33.34	
				Matt Ostrowski	24th, 35.17	
				chris Morton	25th, 35.21	
				John O'Mahoney	26th, 35.30	
				Nick Corline	33rd, 37.17	
				Peter johnson	36th, 38.01	
				Tony Ostrowski	38th, 38.19	
				Abhi Toraskar	40th, 39.02	
				Selena Wong	49th, 40.18	
				Alan Dolton	50th, 40.21	
				Yasmin Anderson	51st, 40.39	
				Alli Whitlock	53rd, 41.34	
				Nick fiander	54th, 41.45	
				Ganesh Swaminathan	58th, 43.43	
				Mark Hutchings	61st, 44.49	
				Karen Peake	64th, 45.15	
				Keith Dube	65th, 45.15	
				Helene McCann	75th, 48.32	
				Sarah Milne	82nd, 51.02	
				Ruth Pearson	83rd, 51.46	
				Michelle Klein	90th, 54.56	
				Mo Beardson	100th, 1.01.05	
				Stacey Seymour	106th, 1.17.08	
24-Sep	lee valley velopark half marathon	half marathon, tarmac	road	Darren Woods	1.41.59	
18th Sept 2016	Reigate Half	13.1 (Half Marathon)	road	Sam O'Dongo	1:38:16 Position No. 227	
25th Sept 2016	Kingston Half Marathon	half marathon, tarmac	road	Sam O'Dongo	1.35.51	
25-Sep	Robin Hood Marathon	Marathon - Road	road	Nick Kyritsis	3:37:41(chip) 1st MV60 (194th out of 1190 finishers)	
17-Sep	Streatham common XC	7.8km GPS	xc	Tony Ostrowski	38th 38.37 mins	
				Matthew Ostrowski	21st 33.39 mins	
11-Sep	Lady Bower 50	50 miles approx.	multiterrain	Rachel Lindley	8 hours 53 minutes	
25-Sep	Barns Green 1/2 Marathon	13.1 miles - Road		Linda Daniel	1.57.05	
25-Sep	Warsaw Marathon	42.2k Road		Keith Simpson	4:12:56 3451/5924	
25-Sep	Berlin Marathon	Marathon, road		Nicole Woods	4.13.01	