STRIDERS OF CROYDON

Results for October 2015

red = not included in road rank

Date	Name of Event	Distance		Runner, placing	Time	Comments
6th Septemb	Sevenoaks Weald St George\\'s	10k	multi ?	Graeme Drysdale	39:32. 7th place	
3-Oct	East Surrey League - Lloyd Park	5 miles approx., xc	finished 3rd	Phil Coales	3rd, 29.55	
				Lee Flanagan	7th, (1st Mv40) 31.47	
				Taric Matticks	18th, 34.01	
				Greg Williams	21st, 34.56	
			finished 7th (1st B	Simon Pannell	23rd, 35.08	
				Julian Spencer-Wood	28th (1st MV60), 36.03	
				Andy Perks	29th , 36.04	
				Steve Harris	33rd, 36.49	
			finished 10th (1st C	Mick Turner	39th, 37.31	
				Chris Morton	40th, 37.55	
				Mark Kelly	45th, 38.27	
				Matthew Ostrowski	46th, 38.33	
			finished 16th (1st D	Becky Laurence	49th, 39.01 (8th F)	
				Tony Ostrowski	52nd, 39.27	
4-Oct	The Royal Borough of Kingston 10 Miles	10 miles road		Terence Buxton	148th, 118.26	
				Neil McDonough	248th, 1.25.43	
				Sunjay Bhogal	152nd, 01:18:50	
				Stephen Massey	1:06:38. 39th position	
				Darren Woods	53rd, 01:09:09	
				Karim Akhtar	226th, 1.24.22	
4-Oct	Brussels Marathon	Road Marathon		Nick Kyritsis	3.48.54	
4-Oct	Tonbridge half marathon	Half marathon	road	krzysztof klidzia	1:22:33 19th 1st ov50	
4-Oct	Sittingbourne Striders 10	10 mile road		Graeme Drysdale	1:04:30 posn 21/357	
4-Oct	Clarendon Way Marathon	26.2 - Multi terrain		Tony Ostrowski	4.23.54	
				Linda Daniel	5.01.28	
4-Oct	Race for Life Marathon	marathon,	Lee Valley Park	Sandie Fay	3.57.58	
10-Oct	Surrey League - Wimbledon common	7.5K approx., xc		Phil Coales	10th, 27.51	striders team finished 9th
				Lee Flanagan	31st, 29.13	
				Justin Macenhill	58th, 30.26	
				krzysztof klidzia	64th scorer (65th overall), 30.51	
				Simon Ambrosi	67th (68th), 31.04	
				Martin Filer	75th (80th), 32.06	
				Greg Williams	81st (89th), 32.27	
				Barry White	82nd (90th), 32.28	
				Simon Webster	83rd (94th), 32.45	
				Darren Woods	84th (97th), 33.03	
				Andy Perks	(108th), 33.35	
				Mick Turner	(118th), 34.36	
				Sam O'Dongo	(119th), 34.37	
				Darren Jackson	(132nd), 36.10	
				Terence Buxton	(154th), 39.32	
				David Denton	(164th), 43.44	
10-Oct	Surrey League - Roundshaw Downs	6K approx., xc		Becky Laurence	120th overall (29th Div 2), 27.	striders A team finished 12th
				Charlotte Letchford	220th (65th), 30.36	
				Selena Wong	256th (81st), 31.37	
				Adele Boesinger	277th (92nd), 32.19	
				sarah Fisher	308th (107th), 33.21	
				Linda Daniel	311th (109th), 33.24	striders B team finished 30th
				Melanie hinds	334th (126th), 34.00	
				Nadine Price	335th (127th), 34.01	
				Victoria Legge	422nd (188th), 51.40	
11th Octobe	Greensand Marathon	trail hilly marathon		Graeme Drysdale	4:17:11 30th	
				Nick Kyritsis	4:22:59 (44th place)	
				Tony Ostrowski	4.49.13 pos 67 out of 89	
11th Octobe	Royal Parks Foundation Half Marathon	Half marathon, flat, on roads and paths		Chris Green	1:43:03 2088th out of 14764	
11th Octobe	Vitality Oxford Half Marathon	Half marathon, road, flat		Allie Cairnie	1.43.08	
				Nicole Woods	1.58.56	
4-Oct	Bournemouth Half Marathon	Half Marathon road		Isabelle Kita	2:09:27(1912th)	
10-Oct	9bar9x9 Loseley Park Marathon - 27 miles	Officially 27 miles - Trail multi Lap		Sunjay Bhogal	5 hrs 26 mins, 26 out 54	
18-Oct	Croydon 10K	10K	road	Simone Luciani	35.03, 3rd	58
				Phil Coales	35.09, 4th	57
				Bill makuwa	35.53, 5th	56
				Lee Flanagan	36.28, 10th	55
				Matt Smith	37.39, 14th	54
				Simon Ambrosi	39.16, 28th	53
				Graeme Drysdale	39.38, 30th	52
				Taric Matticks	40.19, 34th	51
				Martin flier	40.20, 35th	50
				Steve Massey	40.43, 41st	49
				Andy Perks	41.16, 48th	48
				John Punt	41.53, 56th	47
				Tom Crofts	42.27, 64th	46
				Stephen Harris	42.54, 65th	45
				Sam O'dongo	42.59, 67th	44
				Nigel Finch	43.12, 71st	43
				Peter Laurence	43.16, 72nd	42
				Darren Woods	43.17, 73rd	41
				Steve Smith	43.54, 78th	40
				Richard Lee-smith	44.01, 79th	39
				Becky Laurence	44.06, 83rd (4th F)	38
				Mark Kelly	45.23, 95th	37
				Peter Johnson	46.08, 102nd	36
				Mark Bayliss	46.40, 109th	35
				Nick Corline	47.13, 121st	34
				Carolyn storey	47.40, 128th	33
				Ian Johnson	47.45, 132nd	32
				Allie Cairnie	48.06, 139th	31
				Alan Dolton	48.12, 141st	30
				Terence Buxton	48.49, 145th	29
				Richard Tanner	48.29, 146th	28
				Abhi Toraskar	48.50, 149th	27
				Charlotte Letchford	49.18, 154th	26
				Mark Hutchings	50.30, 176th	25
				Sean Gallagher	50.53, 180th	24
				Dennis Seymour	51.10, 187th	23
				Louise Grech	51.33, 197th	22
				David Denton	51.47, 198th	21
				Colin Hann	51.40, 204th	20
				Diane Hart	51.41, 206th	19
				Michelle Campbell	51.58, 207th	18
				Selena Wong	52.23, 213th	17
				Adele Boesinger	52.35, 215th	16
				Joanna Crompton	52.35, 216th	15
				Karim Akhtar	52.36, 220th	14
				Liz Offor	53.17, 225th	13
				Rachel Tanner	53.29, 233rd	12
				Gordon Connor	56.40, 265th	11
				Melanie Hinds	58.18, 293rd	10
				Peter Attewell	1.01.18, 316th	9
				Natalie Seymour	1.02.39, 328th	8
				Suzi Connor	1.03.11, 329th	7
				Sandra Francis	1.03.03, 330th	6
				Lynn Seymour	1.09.29, 358th	5
				Julie Jordan	1.09.30, 359th	4
				Victoria Legge	1.14.39, 370th	3
				Alisha Johnson	1.31.49, 383rd	2
				Stacey Seymour	1.35.14, 384th	1
18-Oct	Weymouth 10	10 miles	road	Krzysztof Klidzia	63.21, 18th (1st MV50)	
18-Oct	Amsterdam Marathon	marathon	road	James Bennett	2.36.51	
				Mike stewart	3.00.14	
				Alistair Smith	3.39.19	
				steve tyler	5.24.50	
18-Oct	Abingdon Marathon	marathon	road	Imtiaz Ali	3.32.35	
18-Oct	Chelmsford Marathon	marathon	road	Nick Kyritsis	3:40:51(chip) 3:41:28 (gun)	147th overall 2nd MV60
18-Oct	New Forest Stinger	10 miles. Multi Terrain		Linda Daniel	01:35:46	
21-Oct	Back to the future (multi lap)	Marathon	multiterrain	Tony Ostrowski	4.16.52	
25-Oct	Love Luton Half Marathon	half marathon	road	Sunjay Bhogal	1 hr 46 mins 27 secs 187/631	
24-Oct	Beachy Head Marathon	Marathon	multiterrain	Nick Kyritsis	4:18:46(gun),4:16:48(chip) 239th place	
				Andy Perks	4.18.40 (238th)	
				Colin Hann	6.29.10 (1156th)	
				Sandra francis	7.55.07 (1367th)	
				Lynn Seymour	8.10.06 (1377th)	
				Natalie Seymour	8.10.06 (1378th)	
				Victoria Legge	8.10.05 (1379th)	
				Lisa Jackson	8.49.08 (1425th)	
26-Oct	Dublin Marathon	road marathon		Killian Carr	3.58.12	
25-Oct	Richmond Park 10K	10K, road		Yasmin Anderson	53.54	
25-Oct	Podgorica Marathon (Montenegro)	marathon	road	Keith Simpson	4:16:12 - 89/122 finishers/ 3rd in age category	
31-Oct	Rail To Trail Marathon - North (Newport E	26.5 Miles Trail	trail	Sunjay Bhogal	5 hrs 16 mins, Pos 46/50	
31-Oct	Reigate Priory Relay	Legs of 2.5 miles xc	xc	Darren Woods	02:24:00	A team finished 24th of 44
				Krzysztof Kudzia	00:57:36	
				Barry White	00:28:48	
				Simon Pannell	07:55:12	
				Paul Stanford	13:12:00	B team finished 33rd of 44
				Darren Over	11:16:48	
				Sam O'Dongo	13:40:48	
				Mick Turner	08:52:48	