STRIDERS OF CROYDON

Results for October 2014

red = not included in road rankings/ club records yet

Date	Name of Event	Distance		Runner, placing	Time	Comments
4-Oct	Self Transcendence 10K	10K	road	Ernie Hann - 16th	35.59	
	Battersea Park			Simon Ambrosi - 23rd	37.47	
				Simonm Pannell - 53rd	40.20	
				Colin Hann - 56th	40.34	
				Steve Massey - 59th	40.50	
				Darren Woods - 75th	42.52	
5-Oct	Brussels Half	half marathon	road	Keith simpson - 1784th	1.44.26	
5-Oct	Clarendon Marathon	marathon	multite	Andy Perks - 32nd	3.31.10	
				Tony Ostrowski - 93rd	3.53.16	
5-Oct	Titsey Trail 10K	6 miles approx.	xc	Chris Morton - 13th	41.39	
				Sean Gallagher - 114th	52.32	
5-Oct	Galway Bay Half	Half marathon	road	Sunjay bhogal - 256th	1.44.49	
5-Oct	River Thames Half	Half marathon	road	Tyler O'Callaghan - 10th	1.21.14	
				Alistair Smith - 235th	1.42.22	
				Keith Dube - 422nd	1.51.12	
11-Oct	surrey League Men's Division 2	4.75 miles appr	xc	Ernie Hann - 22nd scorer	29:33	Striders finished 3rd
	Newlands corner			Simone Luciani - 23rd	29:38	
				Bill Makuwa - 25th	29:46	
				Matt Morgan - 30th	30:07	
				Lee Flanagan - 41st	30:47	
				Justin Macenhill - 45th (47th overall)	31:05	
				Simon Ambrosi - 54th (60th)	31:53	
				Damian Macenhill - 56th (63rd)	31:59	
				Matt Stone - 64th (71st)	32:36	
				Simon Pannell - 69th (80th)	33:12	
				Richard Lee-Smith - (91st)	33:47	
				Andy Perks - (92nd)	33:50	
				Colin Hann - (95th)	34:14	
				Barry White - (99th)	34:33	
				Chris Morton - (100th)	34:37	
				Simon Webster - (115th)	35:45	
				Darren Woods - (116th)	35:53	
				Greg Williams (124th)	36:11	
				Mark Kelly - (130th)	37:01	
				Alice Ewen - 20th	29.44	Striders A team finished 5th
				Steph Upton - 21st	29.47	
				Becky Laurence - 56th	33.56	
				Michelle Clarke - 57th	33.57	
				Debra Bourne - 60th	34.28	
				Selena Wong - 69th	35.35	Striders B team finished 23rd
				Linda Daniel - 98th	38.18	
				Sarah Hansbury - 113th	39.27	
				Victoria Legge - 157th	50.20	
12-Oct	Denbies 10	10 miles appro:	xc	Martin Filer - 11th	1.15.32	
				steph Upton - 127th	1.21.18	
12-Oct	Oxford Half	Half Marathon	road	Mike Stewart - 64th	1.23.19	
12-Oct	Jog Shop 20	20 miles appro:	multite	Sunjay Bhogal	4.01.21	
12-Oct	Kingston Garmin runs	24 miles	road	Ozgur gulec - 15th	3.10.38	
		16 miles	road	John collins - 16th	1.51.48	
		8.2 miles	road	Beatrice Schaer	1.13.35	
12-Oct	Royal Parks Half	Half Marathon	road	Nicole Woods	1.53.58	
				Ivanka Brown	2.33.04	
				Samantha robinson - 3080th	1.50.23	
				Juliet Stevenson	2.19.25	
12-Oct	Great Estern Run - Peterborough	Half Marathon	road	Alastair Smith - 534th	1.35.19	
18-Oct	Surrey Masters xc champs	10K approx.	xc	Simon Pannell - 29th overall (5th MV50)	41.29	
	Richmond Park					
		6K approx.	xc	Dave Hoben - 86th (10th Mv60)	35.35	
				Kevin Burnett - 103rd (3rd MV75)	45.21	
19-Oct	Croydon 10K	10K	road	Bill Makuwa - 7th	35.22	
				Matt Smith - 10th	36.27	
				Lee Flanagan - 14th	37.43	
				Damian Macenhill - 21st	38.17	
				Simon Ambrosi - 24th	38.39	
				Justin Macenhill - 26th	39.07	
				Philip Coales - 28th	39.26	
				Richard Lee-Smith - 33rd	40.15	46
				Andy Perks - 34th	40.24	45
				Martin filer - 35th	40.31	44
				Colin Hann - 38th	40.40	43
				Karen Stretch - 40th (3rd F)	40.54	42
				Chris Morton - 41st	40.55	41
				stephen Harris - 42nd	41.01	40
				Graeme Drysdale - 46th	41.20	39
				Mark Kelly - 55th	42.31	38
				Sam O'dongo - 65th	43.30	37
				Nigel Finch - 66th	43.30	36
				Darren Woods - 69th	43.44	35
				Alice ewen - 83rd	44.45	34
				Peter Laurence - 100th	46.01	33
				Morena Uroni - 102nd	45.55	32
				steve Smith - 103rd	46.07	31
				Becky Laurence - 105th	46.19	30
				Michelle Clarke - 117th	47.11	29
				Ian Johnson - 131st	48.16	28
				Sunjay bhogal - 133rd	48.19	27
				James Duffin - 144th	48.40	26
				Nick Corline - 158th	49.39	25
				Richard Tanner - 164th	49.25	24
				Martin Gourlay - 166th	49.44	23
				Stuart Hills - 171st	50.24	22
				Sean Gallagher - 175th	51.00	21
				Ganesh Swaminathan - 180th	51.12	20
				Tom Littlewood - 187th	51.31	19
				Richard Mernagh - 189th	51.46	18
				Jonathan Burke - 198th	52.25	17
				Matthew Smith - 53.15	53.15	16
				sarah fisher - 240th	55.00	15
				Rachel Tanner - 242nd	54.47	14
				Dennis Seymour - 246th	55.03	13
				Robin Jamieson - 256th	55.59	12
				Andy Elliot - 274th	56.42	11
				Shafiq Aynin - 277th	56.52	10
				Lynn seymour - 292nd	57.35	9
				Andrew Diamantis - 303rd	58.19	8
				Emily Tanner - 307th	58.46	7
				Peter Attewell - 317th	59.04	6
				Julie Jordan - 390th	1.07.06	5
				Graeme Bowyer - 393rd	1.07.33	4
				Natalie Seymour - 397th	1.07.50	3
				Victoria Legge - 412th	1.10.38	2
				stacey Seymour - 445th	1.35.59	1
19-Oct	Cabbage Patch 10	10 miles	road	Matt chapman - 480th	1.15.52	
				Karen Peake - 1370th	1.38.07	
				Keith dube - 1371st	1.38.08	
19-Oct	Great Birmingham Run	Half marathon	road	Josephine thompson	1.38.34	PB
25-Oct	East Surrey League	5 miles approx.	xc	Ernie Hann 2	30.04	
	Lloyd Park			Krzysztof Klidzia 7	31.25	
				Tyler O'Callaghan 8	31.51	
				Matt Stone 9	32.05	
				Simon Pannell 13	32.46	
				Damian Macenhill 14	32.58	
				Greg Williams 21	34.02	
				Chris Morton 23	34.26	
				Graeme Drysdale 25	34.33	
				Paul Stanford 27	34.59	
				Julian Spencer-Wood 28	35.01	
				Mick Turner 29	35.04	
				Josephine Thompson 32 (3rd F)	37.33	
				Steve Smith 34	38.21	
				Tony Ostrowski 35	38.44	
				Zoe Williams 37 (5th F)	38.55	
				Becky Laurence 41 (8th F)	39.19	
				Debra Bourne 48 (11th F)	40.21	
				Gui Svizzero 49	41.17	
				Andrew Diamantis 56	47.47	
				Sandra Francis 59 (17th F)	58.12	
				Victoria Legge 60 (18th F)	63.41	
26-Oct	Old Deer Park (Richmond) Half Marathon	Half marathon	road	Philip coales - 16th	1.25.01	
25-Oct	Dusk till Dawn	ascent	multite	Ozgur Gulec - 21st	12.27.32	
25-Oct	Self Transcendence 10	10 miles	road	Simon Ambrosi - 19th	1.03.57	
				Ian Johnson	1.20.42	
26-Oct	Love Luton Half Marathon	Half marathon	road	Sunjay Bhogal - 138th	1.43.24	
26-Oct	Greensands Marathon	marathon	xc	Tony Ostrowski - 42nd	4.28.24	
26-Oct	Greensand Half Marathon	Half marathon	xc	Darren Woods -	1.49.03	
27-Oct	Dublin City Marathon	marathon	road	James duffin	4.18.17	
				James Bennett	2.48.29	
				Geoff Pennells	4.43.20	
				William Pennells	4.43.21	
26-Oct	Great South Run	10 miles	road	Katie McInnes 7870th	1.35.46	
				Juliet Stevenson	1.48.03	
				Martin Gourlay 3655th	1.23.56	
				Martin Filer - 238th	1.04.42	
				Lee Walters - 5114th	1.28.13	
				Mark Armstrong	1.36.02	
26-Oct	Hageland Marathon	Marathon	multite	Keith Simpson	4.42.48	
25-Oct	Beachy Head Marathon	Marathon	xc	*Darren Bird - 57th*	*3.40.38*	
				Ian Campbell - 442nd	4.35.48	
				Colin Hann - 937th	5.26.52	
				Lucy Szymonski - 938th	5.25.33	
				Linda Daniel - 1143rd	5.53.14	