STRIDERS OF CROYDON

Results for March 2015

red = not included in road rankings/ club records yet

Date	Name of Even	Distance		Runner, pla	Time	Comments
1-Mar	Brands Hatch Half	Half Marathon approx.	multiterrain	James Bennett	1.09.50, 1st	
1-Mar	Greenwich Meridian	10K, road		Terry Buxton	55.07, 201st	
1-Mar	Frank Harmer 10K	10K, road		Adam Kos	38.11, 8th	
1-Mar	Eastbourne Half	half Marathon, road		Steph Moss	2.03.10, 754th	
1-Mar	Bath Half marathon	half Marathon, road		Matthew Smith	1.20.00, 142nd	
1-Mar	Steyning Stinger	marathon, xc		Tony Ostrowski	4:37:53, 63rd out of 185	
7-Mar	Harriers Invitational	10K approx, xc		Krzysztof Klidzia	37.12, 2nd	
	Lloyd Park			Justin Macenhill	38.37, 5th	
				Andy Perks	42.20, 12th	
				Mick Turner	45.16, 16th	
				Debra Bourne	48.39, 21st	
				Katie McInnes	58.41, 23rd	
8-Mar	Sidcup 10	10 miles, road		Steve Harris	66.39 (74th)	
				Becky Laurence	76:08 (168th)	
				Peter Laurence	73:16 (139th)	
				Steve Smith	73.45 (146th)	
8-Mar	Bromely Vets 5	5.3 miles approx, xc		Chris Morton	37.21, 5th	
	Sparrows Den			Nigel Finch	38.53, 10th	
14-Mar	Thames Meander M	26.2 Miles Multi Terrain		Sunjay Bhogal	4 hr 39 mins Pos 229/297	
				Darren Woods	3:39:43(92nd)	
				Tony Ostrowski	3.47.41 time 114 position	
14-Mar	Thames Meander H	Half marathon		Terence buxton	156.07 (151)	
15-Mar	Falmouth half	half - road		Krzysztof Klidzia	1:21:27 7th	
15-Mar	Dartford Half Marat	Road Half Marathon		Graeme Drysdale	87:13, 40/617. PB	
15-Mar	Vitality North Londo	Half marathon, road		Nicole Woods	1.52.33	
				Ernie Hanne	1.19.34	
15-Mar	Sevenoansk Rotary	10K approx, multiterrain		Chris Morton	42.08, 27th, 2nd MV50	
22-Mar	Hastings Half Marat	Half Marathon, road		James Bennett	1.11.55, 4th	Fastest time ever for a Strider !
				Matt Chapman	1.28.23, 110th	
				Alan Phillips	1.30.22, 153rd	
				steve Smith	1.37.13, 374th	
				Richard Tanner	1.54.35, 1257th	
				Rachel Tanner	2.01.10, 1637th	
				John Gannon	2.11.21, 2088th	
				Steve Tyler	2.33.39, 2660th	
22-Mar	Exeter 10K	10k road		Krzysztof Klidzia	35:41 PB 11th	PB
22-Mar	Reading Half Marat	Half Marathon, road		Mike Stewart	1.21.54, 473rd	
22-Mar	Richmond Half Mar	13.1 miles multi-terrain		Selena Wong	1:50:51, 1348th	
				Andy Perks	1.30.52	
13-Mar	Jerusalem Marathon	42.2k road		Keith Simpson	3:52:36 255/1133	
29-Mar	StraMilano Internati	Half Marathon - Road		Morena Lironi	1.31.49, 37thF	All time Personal Best
				Simone Luciani	1:16:19 - 85th	Seasonal personal best
29-Mar	Paddock Wood Hal	Half Marathon - Road		Graeme Drysdale	1:25:28 PB 104th	
				Dan Jewell	1.20.42, 52nd	
				Alice Ewen	1.41.26, 505th	
29-Mar	Spitfire 20	20 miles road		James Burree	2.38.22, 153rd	
29-Mar	Cranleigh 21	21 miles, road		Matt Chapman	2.38.07, 56th	
				Steve Collard	2.59.08, 173rd	
				Selena Wong	3.14.36, 243rd	
				Belinda Carroll	3.50.33, 328th	
29-Mar	Croydon Half Marat	Half Marathon, road	1	Bill Makuwa	1.19.20, 6th	
			2	Krzysztof Klidzia	1.21.08, 8th	
			3	Justin Macenhill	1.25.54, 22nd	
			4	Greg Williams	1.29.51, 39th	
			5	Chris Morton	1.30.45, 43rd	
			6	Adam Kos	1.30.49, 44th	
			7	Stephen Harris	1.33.08, 53rd	
			8	Darren Woods	1.33.41, 58th	
			9	Steve Massey	1.35.10, 62nd	
			10	Tom Crofts	1.36.41, 69th	
			11	Sam O'Dongo	1.38.13, 81st	
			12	Nick Karelis	1.41.38, 105th	
			13	Tamsin Carelse	1.46.19, 128th	
			14	Debra Bourne	1.46.42, 130th	
			15	Carolyn Storey	1.48.20, 144th	
			16	Allie Cairnie	1.51.10, 160th	
			17	Karim Akhtar	1.53.27, 175th	
			18	Sandie Fay	1.55.03, 181st	
			19	Stuart Hills	1.55.28, 182nd	
			20	Colin Hann	1.56.08, 188th	
			21	Emily Tanner	1.56.05, 190th	
			22	Jessica Thomas	1.56.26, 192nd	
			23	Terry Buxton	1.58.04, 201st	
			24	Patsi Johnson	1.58.24, 209th	
			25	Dennis Seymour	1.58.51, 213th	
			26	Louise Grech	1.59.57, 217th	
			27	John O'Dowd	2.00.49, 221st	
			28	Rachel Tanner	2.01.32, 227th	
			29	*Brenhan Heath*	*2.07.22, 260th*	
			30	Raquel Janeiro	2.14.17, 290th	
			31	Andrew Diamant	2.22.58, 310th	
			32	Natalie Seymour	2.31.55, 326th	
			33	Steve Tyler	2.33.56, 328th	
			34	Taylor Huggins	2.47.43, 343rd	