STRIDERS OF CROYDON

Results for June 2016

red = not included in road rankings/ club re

Date	Name of Event	Distance		Runner, placing	Time	Comments
4-Jun	Viking Marathon	Marathon		Steve Smith	4.09.20	
5-Jun	Reculver Marathon	Marathon		Steve Smith	4.18.54	
5-Jun	Hoorn half	Half Marathon	road	Krzysztof klidzia	5th 1st ov45	
5-Jun	Dorking 10	10 miles	road	Simone Luciani	20th, 60.19	
				Lee Flanagan	50th, 63.58	
				Rachel Lindley	61st (5th F), 64.54	2nd fastest ever strider woman
				Peter Laurence	163rd, 1.12.32	
				Peter Johnson	168th, 1.12.59	
				Chris Morton	179th, 1.13.49	
				Sam O'Dongo	182nd, 1.14.04	
				Darren Woods	186th, 1.14.00	
				Steve Massey	208th, 1.15.36	
				Sunjay Bhogal	228th, 1.16.36	
				John O'Mahony	239th, 1.17.58	
				James Burree	273rd, 1.19.41	
				Carolyn Storey	284th, 1.20.45	
				Charlotte Letchford	286th, 1.20.52	
				David Gunaratnam	307th, 1.23.22	
				Selena Wong	323rd, 1.24.34	
				Myles McCarthy	336th, 1.25.17	
				Terence Buxton	356th, 1.27.18	
				Stuart Hills	361st, 1.27.58	
				Neil Mcdonough	473rd, 1.48.32	
				Victoria Legge	491st, 2.15.14	
6-Jun	Sri Chinmoy 5K Race	5k	road	Stephen Massey	19:43 post 62	
11-Jun	SDW100	100 miles	trail	Ozgur Gulec	17 hours 54 minutes	
12-Jun	Eltham 5	5 miles	trail	Sunjay Bhogal	42nd, 35.45	
				Paul Stanford	43rd, 35.46	
12-Jun	Polesden Lacey 10K	10K	trail	Martin Filer	11th, 42.26	
				Ally Whitlock	89th, 52.22	
19-Jun	Richmond 10K	10K	road	Phil Coales	13th, 34.47	
				Lee Flanagan	48th, 36.17	
				Peter Johnson	223rd, 43.22	
				Sunjay Bhogal	224th, 43.23	
				Alastair Smith	238th, 43.50	
				Darren Woods	276th, 45.36	
				Carolyn Storey	292nd, 46.18	
				Charlotte Letchford	311th, 46.56	
				James Burree	325th, 47.29	
				Alan Purchase	330th, 47.51	
				Myles McCarthy	360th, 48.51	
				Selena Wong	374th, 49.33	
				Michelle Clarke	399th, 51.07	
				Terence Buxton	406th, 51.11	
				Keith Dube	454th, 54.31	
				Karen Peake	455th, 54.31	
13-Jun	Vets T&F - fixture 3 - Wimbledon	T&F	200m MV35A	Neil McDonough - 5th	34.90	
			200m MV40	Sam O'Dongo - 2nd	25.80	
			200m MV50	Paul Cripps - 3rd	29.10	
			200m MV60	Julian Spencer-Wood - 3rd	32.90	
			800m MV35	Lee Flanagan - 1st	2.11.7	
			800m MV50	Alan dolton - 4th	2.51.1	
			800m non scorer	steve Starvis ??	2.20.9	
			2K walk MV35	Neil McDonough - 5th	15.11.2	
			2K walk MV50	David Hoben - 4th	13.43.2	
			5000m MV35	Steve starvis - 3rd	17.50.7	
			5000m MV40	Lee Flanagan - 2nd	16.59.1	
			5000m MV50	Graham Hansen - 2nd	18.01.9	
			5000m non scorer	Simon Webster	19.46.4	
			5000m non scorer	chris Morton	21.11.9	
			4 x 200m relay	Paul Cripps, Sam, Steve Starv	4th in 1.59.2	
			Triple jump MV50	Paul Cripps - 1st	9.90m	
			High jump MV50	Paul Cripps - 1st	1.53m	
			Discus MV35	Neil McDonough - 5th	8.47m	
			Discus MV50	Paul Cripps - 3rd	22.52m	
			Discus MV60	Kevin Burnett - 5th	16.85m	
			Javelin MV50	Paul Cripps - 4th	23.10m	
			Hammer MV70	Kevin Burnett - 5th	15.40m	
			200m FV35A	Linda Daniel - 2nd	40.50	
			200m FV35B	Victoria Legge - 3rd	51.00	
			200m FV50	Sandra Francis - 3rd	37.70	
			800m FV35A	Victoria Legge - 5th	4.38.5	
			800m FV50	Linda Daniel - 3rd	3.28.7	
			2K walk FV50	Sandra Francis - 3rd	14.09.8	
			5000m FV35A	Linda Daniel - 4th	25.58.6	
			5000m FV50	Maggie Statham - 1st	21.23.2	
22-Jun	Dino Relay	3K, trail		Phil Coales	10.00	
	Crystal Palace Park			Steve Massey	11.25	
				Alastair Smith	12.07	
				*****		
				Keith Dube	13.25	
				Karen Peake	15.46	
				Chris Morton	12.43	
				*****		
				James Burree	12.50	
				Andy Elliott	16.10	
				Paul Stanford	12.43	
				*****		
				Chris Morton	12.24	
				Victoria Legge	20.10	
				Mick Turner	12.03	
				*****		
				Julian Specer-Wood	12.15	
				Andrea Jefferies	14.05	
				Phil Coales	11.46	
				*****		
				Alastair Smith	12.23	
				Sandra Francis	17.44	
				James Burree	13.29	
				*****		
				Michael Smaldon	13.29	
				Michael George	18.56	
				Michelle Clarke	13.57	
				*****		
				Richard Mernagh	13.37	
				Tom Littlewood	14.50	
				Greg Bird	13.46	
				*****		
				Charlotte Letchford	13.29	
				Laura Hartney	17.01	
				Nadine Pryce	14.51	
				*****		
				Karim Akhtar	14.01	
				Neil McDonough	16.44	
				Terence Buxton	14.53	
26-Jun	Humber Bridge Half	half marathon, road		Matthew Stone	1.32.24	
				Sarah Botting	2.14.25	
26-Jun	Harry Hawkes 10	10 miles, road		Steve Massey	64th, 1.08.44	
				Alastair Smith	102nd, 1.12.34	
				James Burree	186th, 1.19.14	
				David Gunaratnam	249th, 1.23.07	
				Michael Smaldon	279th, 1.26.12	
				Terence Buxton	280th, 1.26.15	
				Steve Tyler	534th, 2.04.23	
25-Jun	Lee Valley Velopark Half Marathon	half marathon, road		Sunjay Bhogal	1:38:04 pos 7/35 2nd in MV45 group	
25-Jun	Picnic Half	Half, xc		Mick Turner	45th, 2.28.05	
18-Jun	South Downs Marathon	Marathon. xc		Martin filer	4.13.16	
19-Jun	Hampshire Hoppit	Half Marathon - Multi Terrain		Linda Daniel	02:34:25	
26-Jun	Jubilee Church 10K - Selsdon	10K approx road and trail		Lee flanagan	1st - 38.03	
				Krzysztof Klidzia	2nd - 38.38	
				Simon Ambrosi	4th - 38.56	
				Graeme Drysdale	6th - 41.38	
				Stephen Harris	7th - 42.12	
				John Punt	9th - 43.10	
				chris Morton	11th - 44.08	
				Peter Laurence	12th - 44.50	
				Peter Johnson	14th - 46.16	
				Becky Laurence	15th (1st F) - 46.16	
				Serena Stracey	17th (3rd F) - 48.16	
				Mo Beardson	56th - 1.14.23	
29-Jun	Bromley Midsummer Evening 10K	10K multi		Justin Macenhill	7th - 40.36	
				Steve Massey	15th - 42.59	
				Peter Johnson	23rd - 44.39	
				Steve Smith	57th - 49.21	
				Nadine Pryce	106th - 54.07	
				Linda Daniel	135th - 57.43	
				Yvonne Harrison	181st - 1.02.20	
				Sarah sutherland	221st - 1.06.37	
				Steve Tyler	254th - 1.13.58	
30-Jun	NearAsDammit	10K approx, xc		Martin Filer	19th, 42.52	
				Matthew Ostrowski	20th, 43.30	
				chris Morton	34th, 45.00	
				Mick Turner	40th, 45.50	
				Peter Johnson	50th, 47.58	
				Katie Chadd	58th (2nd F), 49.20	
				Steph Upton	59th (3rd F), 49.52	
				James Burree	62nd, 50.08	
				Tony Ostrowski	71st, 51.32	
				Michael Smaldon	79th, 52.52	
				David Hoben	126th, 1.15.27	