

STRIDERS OF CROYDON

Results for January 2015

red = not included in road rankings/ club records yet

Date	Name of Event	Distance		Runner, placing	Time	Comments
3-Jan	Surrey County champs - men Lloyd Park, very muddy	7.5 miles approx	xc	James Bennett	46.29, 37th	
				Matt Morgan	48.52, 73rd	
				Ernie Hann	50.02, 85th	
				Simon Ambrosi	50.51, 94th	
				Krzysztof Klidzia M40	51.07, 99th	
				Damian Macenhill M40	51.15, 100th	
				Justin Macenhill M40	51.24, 103rd	
				Phil Coales	51.45, 111th	
				Darren Woods	54.54, 158th	
				Simon Pannell	54.58, 159th	
				John foster	55.40, 167th	
				Greg Williams	55.57, 170th	
				Paul Stanford M40	56.25, 175th	
				Stephen Harris M40	56.40, 178th	
				Chris Morton M40	56.59, 180th	
				Simon Webster	59.21, 197th	
				Steve Massey	60.14, 202nd	
				Tony Ostrowski	63.54, 218th	
	Surrey County champs - women	5 miles approx.	xc	Serena Stracey	39.15, 64th	
				Debra Bourne	42.55, 88th	
				Katie McInnes	47.48, 113th	
	Surrey County champs, Men U-17	6K approx.	xc	Sean Collard	23.17, 28th	
1-Jan	Serpentine New Year Day 10k	10K	road	Sunjay Bhogal	51.19	
4-Jan	Tadworth 10	10 miles	multiterrain	Graeme Drysdale	1.10.26, 67/614	
				John Punt	1.13.59, 115th	
				Josephine thompson	1.15.54 (gun time), 138th	
				Mark Kelly	1.18.58 (gun), 191st	
				Ozgur Gulec	1.20.09, 211th	
				Peter Laurence	1.22.35 (gun), 246th	
				Becky Laurence	1.25.06 (gun), 280th	
				Steph Moss	1.32.15 (gun), 391st	
				Katie McInnes	1.40.18 (gun), 508th	
				Isabelle Kita	1.42.14 (gun), 533rd	
				Victoria Legge	2.02.20 (gun), 602nd	
10-Jan	Women's Surrey League xc Div. 2 Wimbledon common, very muddy	5 miles approx.	xc	Rachel Lindley	33.45, 4th scorer (15th)	Striders A team finished 6th on the day
				Josephine Thompson	38.12, 23rd (96th)	
				Steph Upton	38.50, 30th (114th)	
				Alice Ewen	40.18, 43rd (150th)	
				Selena Wong	43.09, 71st (216th)	
				Debra Bourne	43.35, 79th (229th)	
				Jessica Thomas-Cole	45.28, 96th (264th)	
				Linda Daniel	48.52, 129th (318th)	
				Victoria Legge	64.48, 166th (379th)	
10-Jan	Men's Surrey League xc Div. 2 Wimbledon common, very muddy	5 miles approx.	xc	James Bennett	29.52, 11th scorer	Striders A team finished 5th on the day
				Simone Luciani	30.08, 17th	
				Matt Morgan	30.42, 23rd	
				Phil Coales	31.38, 44th (48th overall)	
				Krzysztof Klidzia M40	31.55, 48th (55th)	
				Damian Macenhill M40	32.11, 53rd (62nd)	
				Justin Macenhill M40	32.29, 58th (68th)	
				Simon Ambrosi	33.14, 68th (83rd)	
				Mike Stewart	33.48, 76th (103rd)	
				Greg Williams	33.56, 78th (110th)	
				Darren Woods	35.29, (145th)	
				Paul Stanford M40	35.40, (149th)	
				Chris Morton M50	35.55, (153rd)	
				Steve Massey	36.39, (161st)	
				Simon Webster	37.01, (165th)	
10-Jan	Rail to Trail South Marathon Ashurst, East Sussex	Marathon	Trail/h	Sunjay Bhogal	6 hrs 12 mins	Pos 34 out of 37
11-Jan	Winter Tanners	30 miles	Trail	Keith Simpson	6 hr 26 minutes	
18-Jan	Hot Chocolate 10k Series, Windsor	10k, road, flat		John O'Mahony	46:10 (16th)	
18-Jan	Queen Elizabeth Olympic Park 10k	10k Tarmac		Darren Woods	41:34(44th)	
24-Jan	South of England xc champs	15K xc	xc	Darren Woods	71.02, 566th	
				Chris Morton	73.00, 628th	
				Simon Webster	79.08, 734th	