

STRIDERS OF CROYDON

Results for December 2016

red = not included in road rankings/ club rec

Date	Name of Event	Distance		Runner, placing	Time	Comments
4-Dec	Pirie 10	10 mile approx Xc		Peter Mills Krzysztof Matt Ostrowski Darren Jackson Tony Ostrowski	1st, 58.59 1:02:00 3rd 1st v50 25th, 1.11.23 34th, 1.13.41 49th, 1.20.32	
27-Nov	Red run	10k flat approx		Stephen Massey	38.22. 3rd position	
4-Dec	Beddington Park 10k	10k, tarmac approx		Darren Woods Peter Johnson Nick Fiander Terence Buxton	42:10, 16th 43.15, 17th 49.41, 47th 53.21, 64th	
4-Dec	Mornington Chasers Regent\l's Park 10k	10k, road, flat		Nicole Woods	54.11	
4-Dec	Los Montesinos, Spain	10K road		John Mcgilvray	51.49, 64th	
3-Dec	Women's Surrey League xc Mitcham Common	6K approx, xc		Steph Upton Beckie Laurence Joanne Campbell Charlotte Letchford Ally Whitlock --- Selena Wong Linda Daniel Adele Boesinger Laura Hartney Michelle Klein --- Victoria Legge	26.09, 27th in Div 2 (115th overall) 27.24, 45th (160th) 27.52, 53rd (183rd) 28.05, 57th (189th) 29.13, 68th (219th) --- 29.50, 77th (219th) 32.04, 120th (310th) 32.43, 131st (321st) 37.43, 184th (382nd) 38.39, 188th (386th) --- 45.21, 197th (399th)	
3-Dec	Queen Elizabeth Olympic Park 10K	10K road		Chris Morton	63rd, 42.38	
	Thailand Ultra Marathon	50K off road		Martin Filer	9.15.58	
10-Dec	East surrey League - Wimbledon Common	5 miles approx	xc	Peter Mills Krzysztof Klidzia Matt stone Martin filer Andy Perks Matt Ostrowski Simon Webster Simon Pannell darren Woods Chris Morton Julian spencer-Wood steph Upton Tony Ostrowski Peter Johnson sunjay Bhogal Gerry Crisple Michael joseph Terry Buxton	7th, 27.45 25th, 31.54 26th, 32.00 34th, 32.43 46th, 33.23 52nd, 33.55 59th, 34.36 60th, 34.43 69th, 35.44 72nd, 35.54 75th, 36.10 89th, 37.26 94th, 38.10 97th, 38.21 101st, 38.52 118th, 41.06 121st, 41.38 140th, 46.37	
		2.5 miles approx	xc	Chris Finch Lucy Finch	45th, 17.58 59th, 19.04	
Krzysztof	Holly Run		11-Dec 35:51 1st v50 7th?	RPAC website	Official results not up yet	
17/12/2016	South of Thames champs Beckenham Place Park	approx. 7.2 miles xc		Peter Mills Krzysztof Klidzia Justin Macenhill Andy Perks Simon Webster Matt Ostrowski ++++++ Sam O'dongo Simon Pannell Mick Turner chris Morton Tony Ostrowski Michael Joseph	17th, 40.06 63rd M, 43.21 70th M, 43.51 119th M, 48.44 126th M, 49.25 127th M, 49.25 132nd M, 50.15 139th M, 50.28 146thM, 50.51 161st M, 52.29 169th M, 54.58 190th M, 60.14	striders (6 to score) finished 6th striders (12 to score) finished 4th
18/12/2016	Ron Hill Horton Country Park 10k	roads around Horton country park		Peter Johnson	44:02 50th	
18/12/2016	Portsmouth Coastal Waterside Marathon	26.2 miles, multi Terrain.		Sunjay Bhogal	3:33:11 Pos 150/1014	
18/12/2016	Runthrough Greenwich park 5k and 10k	10k, tarmac		Darren Woods Michael Smaldon Terry Buxton Neil Mcdonough Nat Baynes	42:25(28th) 46.22 (76th) 55.57 (269th) 58.20 (329th) 30.11 (98th)	
20/11/2016	Gosport Half Marathon	Half - road		Myles McCarthy	1:49:12 636th	
26th Dec 2016	Farranfore Boxing Day 5k Road Run	5k, hilly road		John O\l'Mahony	20:18 (79th of 411)	