

STRIDERS OF CROYDON

Results for August 2015

red = not included in road rankings/ club records yet

<u>Date</u>	<u>Name of Event</u>	<u>Distance</u>		<u>Runner, placing</u>	<u>Time</u>	<u>Comments</u>
2-Aug	Regents Park 10K	10K, road		John O'Dowd	478th in 58.57	
9-Aug	Ardberg Islay Half	half marathon, road		Krzysztof Klidzia	4th, 1.22.38	
2-Aug	Vanguard Way Marathon	Marathon	multiterrain	Sunjay Bhogal	06:48:30	
				Rachel Lindley	05:12:20	
				Sophie Shaw	06:11:48	
				Graeme Drysdale	04:09:44	
				Lisa Jackson	07:22:42	
				Tony Ostrowski	05:11:28	
				Belinda Carroll	06:28:00	
9-Aug	Perserverance Wimbledon 5K	5K, road		Simone Luciani	12th, 16.35	
				Justin Macenhill	44th, 18.02	
				Steve Massey	90th, 19.35	
				Darren Woods	118th, 20.40	
				Becky Laurence	197th, 23.22	
9-Aug	Isle of Mull Half	half marathon, road		Krzysztof Klidzia	5th, 1st Mv50, 1.20.38	
15-Aug	Pride 10K	10K road		stephen massey	76th in 40:16	
16-Aug	London Hyde Park 10K	10K road		Darren Woods	43:03(44th)	
16-Aug	Ray Harrison Memorial	10K road		Krzysztof	36.44, 1st MV50	
16-Aug	London Summer 10K	10K road		Simon Gosney	53.48	
22-Aug	Bad Cow Marathon, Holton Heath, Dorset	26.2 Miles multi Terrain		Sunjay Bhogal	4 hrs 52 Minutes	
23-Aug	Richmond Park 10K	10k road		Rosemary Egbe	1.11.12, 124th	
23-Aug	Royal Parks - Hyde Park 10K	10k road		Edie Fairservice	57.24, 384th	
29-Aug	Thames Meander Marathon	26.2 Miles multi Terrain		Tony Ostrowski	222nd, 3.59.06	
				Belinda Carroll	237th, 6.37.57	
				Lisa Jackson	242nd, 7.41.13	
29-Aug	Thames Meander Half Marathon	Half marathon multi Terrain		Chris Morton	19th (2nd MV50), 1.34.28	
				Darren Woods	23rd, 1.37.19	
31-Aug	Sevenoaks 7	7 miles / trail		Becky Laurence	54:29 / position 112	
				Phil Coales	41:50 (4th)	
				Graeme Drysdale	47:02 37th	
28-Aug	UTMB CCC	101 km 20000 feet +		Ozgur Gulec	22:15:07 610th 2200 starters	
	Over the Alps					