Date N	Resu		ts	for August 201	4	
	Name of	stan		ĺ	_ _	red = not included in road rankings/ club records yet
2-Aug S		iai	<u>ice</u>	Runner, placing	Time	Comments
	Self Transcer	10K	road	Simon Pannell - 42nd	39.49	
				Paul stanford - 60th	41.16	
				steve Massey - 61st	41.23	
				Beckie Laurence - 102nd	46.37	
				Peter Laurence - 108th	47.12	
3-Aug R	Richmond Ha	Half	road	James Bennett - 5th	1.22.33	
				Darren Woods - 72nd	1.39.49	
				Steve Smith - 96th	1.43.44	
				John O'Dowd - 311th	2.14.07	
9-Aug P	Pride 10K	10K	road	Will Ward -	43.35	
				Isabella Kita -	56.37	
10-Aug C	Clacton Half	Half	road	Sunjay Bhogal - 58th	1.45.27	
10-Aug Is	sle of Mull H	Half	road	Krzysztof Klidzia -	1.20.29	
17-Aug R	Roy Harrison	10K	road	Krzysztof Klidzia -	36.37	
17-Aug W	Vimbledon 5	5K	road	Justin Macenhill - 53rd	18.31	
				Colin Hann - 68th	18.52	
				Andy Perks - 92nd	19.30	
				Steve Massey - 112th	20.16	
				Darren Woods - 146th	21.05	
				Alan Dolton - 172nd	22.06	
				Becky Laurence - 180th	22.47	
23-Aug T	hames Mea	Mara	multite	Victoria Legge	6.42	
23-Aug T	hames Mea	Half	road	James Bennett - 1st	1.18.09	
25-Aug C	Canterbury H	Half	road	Krzysztof Klidzia - 10th (1st MV40)	1.21.07	
	-			Craig Wallis - 205th	1.48.33	
24-Aug A	Arundel 10K	10K	road	Darren Woods - 55th	44.39	