	STRIDERS OF CROYDON					Updated 3/11/0
	Results for October 2008			<u>8</u>		red = not included in road rankings/ club records
Date	Name of Event	Distance		Runner, placing	Time	Comments
	Hove Prom 10K	10K	road	Alan P - 94th	42.33	
	Bexhill 10K	10K	road	Tina - 48th	47.15	
5-Oct	Gibb Cup (Farthing Downs)	5 miles	xc	Matt A - 38th Paul W - 39th	36.41 36.44	51 finishers
				Yasmin - 46th	40.45	
	Dulwich 10K	10K	road	Richard L-S - 27th Steve M - 44th	38.58 41.06	426 finishers
				Dave D - 135th Tom S - 250th	46.50 52.45	
				Stuart - 313rd	56.14	
	Great North Run (Gatehead / Newcastle)	Half marathon	road	Natalie O Sam P	2.02.24	
44.0	Warrant Committee of A New Pro-			Suzy Y - 49th Div. 1 - (65th ove	28.20	
11-Oct	Women's Surrey League - div. 1 - Nork Pa	ik.	AC .	Kerry - 57th (84th) Josephine - 63rd (91st)	29.04 29.22	Striders A team were 15th on the day (14th A tea
				Faye - 69th (101st) Steph U - 83rd (125th)	29.40 30.29	
				Andrea - 113th (176th)		Coulded Dates and Coulded Dates and Coulded Dates
				Alice - 119th (189th) Yasmin - 147th (252nd)	32.21 34.50	Striders B team were 28th on the day (8th B team
				Sam - 164th (297th) Kim - 166th (305th)	37.09 37.40	
				Pat - 167th (309th)		
				Susan H - 169th (311th) Michelle L - 177th (323rd)	38.52 40.47	Striders C team were 39th on the day (8th C team
				Matt M - 9th scorer	25.53	
11-Oct	Men's Surrey League - div. 2 - Wimbledon	4.2 miles appro	xc	Damian - 35th	27.32	Striders were 5th on the day
				Justin - 39th John F - 43rd	27.51 28.11	
				lain H - 46th Tony - 51st	28.19	
				Simon A - 62nd Bob - 64th	29.03 29.05	
				Chris - 70th (72nd overall) Grant - 74th (79th)	29.21 29.45	
				Steve M - (86th)	30.06	
	-			Darren - (106th) Dave B - (108th)	31.07 31.10	
				Nicholas - (117th) Matt A - (121st)	32.01 32.43	
				Paul W - (128th) Brian H - (139th)	33.51 36.07	
18-Oct	Surrey Vets xc championships	5 miles approx	xc	Dave B - 34th (2nd MV55)	40.48	
_ 001	, and the second states	approx		Richard E - 58th	44.02	
19-Oct	Abingdon Maraton	marathon	road	John F - 74th Chris - 109th	3.03.37	647 finishers
				Simon A - 167th Alistair - 198th	3.19.43	
				Suzy Y - 231st	3.23.58 3.28.39	
				lan Y - 239th Kerry - 251st	3.29.22 3.31.00	
	Cabbage Patch 10	10 miles	road	Damian - 68th		1492 finishers
				lain H - 82nd Tina - 517th	1.01.48 1.15.51	
				Karen Mac - 1175th Carol - 1176th	1.33.22 1.33.22	
				Susan Haynes - 1193rd Kevin Ban 1231st	1.34.14 1.36.10	
				Sue Hewer - 1363rd Karen C - 1389th	1.43.34	
				Jan - 1390th	1.45.31	
	Jog Shop Jog 20	20 miles appro	multiterrain	Steve S - 59th	3.03.42	161 finishers
	Craydon 10K	10K	road	Richard L-S - 12th Ian C - 15th (2nd MV40)	37.59	460 finishers
				Grant - 18th Dave S - 24th (6th MV40)	39.27	1st mixed team (first 2 men, first 2 women) 1st women's team (3 to score)
				Alan D - 34th (3rd Mv50) Steve M - 39th	40.52	3rd men's team (3 to score)
				Nick E - 43rd Neil F - 62nd	41.13 42.28	
				Matt A - 70th steve H - 83rd	42.57 43.47	
				Paul W - 90th Colin C - 105th (2nd Mv60)	44.21 45.04	
				David G - 110th Gary - 118th	45.24 45.57	
				Dave D - 121st Tom L - 126th	46.00 46.15	
				Robin - 138th (3rd MV60) Alice - 145th (6th F)	46.45 46.58	
				Stuart - 157th Phil R - 173rd	47.28 48.35	
				Mick G - 201st Carmen - 208th	50.11	
				Katherine S - 218th (4th FV35) Tammy - 246th	50.48 52.05	
				Sarah H - 266th	53.36	
				Martin - 276th Sam - 280th	54.11 54.17	
				Kim - 285th Sussanah O - 300th	54.39 55.31	
				Pat - 305th (3rd FV55) Isabelle - 306th	55.42 55.43	
25-Oct				Louise - 323rd Sharon - 363rd	57.11 59.48	
				JP - 366th	59.55	
	East Surrey League xc - Lloyd Park	5 miles approx	xc	Matt M - 8th Abdul - 9th (1st MV40)	31.51	Teams of 4 to score Striders A team came 3rd
				lain H - 16th John F - 18th (1st MV45)	33.30 33.53	
				Richard L-S - 19th	33.54	
				Dave B - 31st (1st Mv 55) Nicholas - 37th	35.45 36.25	
				Steve M - 39th	36.54	
				Neil F - 44th Richard E - 46th	37.39 37.48	
				Matt A - 48th C. Westland (guest) - 54th	38.24 39.01	
				Alan D - 55th	39.02	
				Steve S - 59th Brian H - 66th	39.13 40.19	
	· · · · · · · · · · · · · · · · · · ·			A.Brandimark (guest) - 67th	40.24	
				steve H - 71st S.Bell (guest) - 74th	41.36 42.24	
				Alice - 75th Dave D - 76th	42.48	
				Tom L - 78th	43.25	
				Yasmin - 81st Sarah H - 92nd	43.42 48.00	
				Sarah H - 92nd Kim - 93rd	49.45	
	Birmingham Half	Half marathon	road	Josephine - 991st	1.43.13	
26-Oct	Court Courts Don	10 miles	road	Paul W -898th	1.14.35	
	Great South Run			Martin G - 4810th	1.30.49	i e
	Great South Run			Isabelle - 5670th	1.33.54	
26-Oct				Isabelle - 5670th Siobhan - 10797th	2.05.18	
26-Oct	Beacy Head marathon	Marathon	multiterrain	Isabelle - 5670th Siobhan - 10797th Dave S - 66th Nick E - 101st	2.05.18 3.52.0 4.02.0	
26-Oct		Marathon	multiterrain	Isabelle - 5670th Siobhan - 10797th Dave S - 66th	2.05.18 3.52.0	Running for the 100 Marathon Club