

STRIDERS OF CROYDON						
Results for November 2009						
red = not included in road rankings/ club records yet						
Date	Name of Event	Distance		Runner, placing	Time	Comments
11-Oct	Royal Parks Half	Half Marathon	road	Ian C - 315th	1:26:00	
1-Nov	New York Marathon	Marathon	road	Iain Harrison - 928th	2:59:12	
1-Nov	Barnes Green Half	Half Marathon	road	Johnny H - 432nd	1:48:46	
				Phil R - 551st	1:51:21	
				Yasmin - 745th	1:56:15	
7-Nov	Regate Priory relays	2.5 miles approx	xc	Carmen - team was 20th at end of leg	20:05	Striders Women's A team finished 14th of 24
				Alice - 15th	19:07	
				Josephine - 14th	18:21	
				Mick T - 16th	16:12	Striders Men's A team finished 12th of 30
				Taylor - 16th	16:19	
				Justin - 13th	14:48	
				Lee F - 13th	15:06	
				Bob - 13th	16:36	
				Barry - 12th	16:31	
				Chris - 22nd	16:56	Striders Men's B team finished 25th of 30
				Ryan - 23rd	17:47	
				John G - 27th	21:22	
				Steve Smith - 29th	19:16	
				Darren - 27th	18:32	
				John F - 25th	17:54	
8-Nov	Leatherhead Fire station 10K	10K	road	Richard L-S - 8th	36:43	
				Karen K - 141st	46:21	
				Paul L-S - 147th	46:42	
8-Nov	Bexhill Poppy Half	Half Marathon	road	Nick E - 42nd	1:33:18	
14-Nov	Women's Surrey League - div 2	3 miles approx.	xc	Helen - 4th in div 2 (40th overall)	25:55	Striders A team were 3rd
	Denbies			Alice - 16th (74th)	27:16	
				Karen K - 30th (111th)	28:36	
				Faye - 32nd (119th)	28:43	
				Suzy Y - 38th (132nd)	29:25	
				Hannah - 44th (140th)	29:42	Striders B team were 11th
				Carmen - 54th (164th)	30:39	
				Linda - 68th (193rd)	31:56	
				Sarah H - 85th (222nd)	33:21	
				Jo - 92nd (235th)	34:11	
				Kim - 108th (260th)	35:25	
				Margaret - 111th (263rd)	35:33	
				Louise G - 126th (281st)	36:46	
				Victoria - 149th (358th)	48:28	
				Jemma		
14-Nov	Men's Surrey League - div 2	5 miles approx.	xc	Justin - 2nd	28:53	Striders were 1st
	Denbies			Matt M - 3rd	28:58	
				Duncan - 4th	29:01	
				Lee F - 8th	29:40	
				Mick T - 40th	32:09	
				Richard L-S - 43rd	32:22	
				Taylor - 54th	32:42	
				Berry W - 55th	32:42	
				Matt M - 61st scorer (63rd overall)	33:02	
				Paul S - 62nd (64th)	33:03	
				Chris - (65th)	33:08	
				Bob - (66th)	33:12	
				Darrian - (72nd)	33:21	
				Ben - (78th)	33:55	
				Darren - (108th)	35:43	
				Dave S - (117th)	37:53	
15-Nov	Brighton 10K	10K	road	Justin - 88th	36:14	
				Paul S - 218th	39:44	
				Serena M - 218th	39:44	
				Serena - 378th (33rd F5)	42:06	
				Darrian - 379th	42:07	
				Tina	46:07	
				Gary S - 744th	46:27	
				Yoni L - 842nd	47:25	
				Carmen - 922nd	48:09	
				Hannah - 968th	48:27	
				Yasmin - 974th	48:31	
				Simon R - 1133rd	50:03	
				Dave D - 1161st	50:19	
				Margaret - 1497th (9th FV5)	53:36	
				Jo - 1546th	54:07	
				Dee - 1871st	55:35	
				Keith - 1797th	56:55	
				Isabelle - 1796th	56:55	
				Brian - 1757th	56:39	
				Kim - 1758th	56:39	
				Annie E - 2309th	65:27	
				Victoria - 2420th	70:11	
15-Nov	Hill runner - Hill Down South			Ryan	1:27:14	
				Ian Y	1:55:10	
				Suzy Y	1:55:11	
				Kerry	1:55:11	
				Alice	1:55:11	
				Sisoh	1:55:12	
				Linda	2:06:28	
				Lisa	2:48:45	
15-Nov	Hill runner - The Afermath			Peter S	2:09:48	
				Karen Mac	2:09:48	
				Michele M	2:09:48	
				Karen P	2:09:48	
				Lucinda	2:09:48	
				Karen C	2:36:50	
				Andy	2:36:50	
15-Nov	South London 10K	10K	road	Hugh - 30th	41:15	
21-Nov	London xc Champs					
	Parliament Hill Fields	8 miles approx.	xc	Mick T - 123rd	41:51	
				Men C - 126th		
				Taylor - 136th		
				John F - 140th	42:26	
				Chris	42:50	
				Paul S	44:12	
				Simon A		
				Darren		
22-Nov	Epitom 10	10 miles	road	Alan D - 69th (4th MV50)	72:28	
22-Nov	Beckenham charity 10K trail	10K approx.	multiterrain	Krzysztof - 19th	42:56	
				Tom S - 78th	51:55	
				Dee - 162nd	1:02:57	
				JP - 171st	1:06:12	
28-Nov	South Of Thames 5 miles	5 miles	approx.	Lee F - 31st finisher (29th scorer)	30:32	Striders men (8 to score) finished 5th of 9 teams
	Scarrows Den			Dyer - 46th (44th)	31:39	Striders men A (4 to score) finished 10th of 27 teams
				Richard L-S - 59th (55th)	32:32	
				Barry W - 60th (65th)	33:14	
				Lee W - 80th (74th)	33:58	Striders men B (4 to score) finished 18th of 27 teams
				Matt C - 85th (79th)	34:09	
				John F - 87th (80th)	34:20	
				Chris - 89th (81th)	34:23	
				Mick T - 90th (83rd)	34:27	Striders men C (4 to score) finished 21st of 27 teams
				Ben - 94th (87th)	34:54	
				Bob E - 101st (93rd)	35:19	
				Darren - 107th (98th)	35:36	
				Ian Y - 134th (117th)	35:10	
				Ryan - 135th (118th)	36:17	
				Suzy Y - 117th (22nd)	38:12	Striders women (4 to score) finished 8th of 10 teams
				Alice - 155th (27th)	39:45	
				Lisa - 206th (56th)	56:14	
				Victoria - 208th (58th)	64:30	