STRIDERS OF CROYDON

Results for May 2010

red = not included in road rankings/ club records yet

Date	Name of Event	Distance		Runner, placing	Time	Comments
2-May	Sutton 10K	10K	road	Justin - 8th	34.56	
				Steve St - 11th	35.04	
				Lee W - 31st	37.31	
				Barry W - 44th	38.34	
				Rob - 49th	38.51	
				Damian - 50th	38.59	
				Helen F - 74th (5th F, 2nd FV35)	40.51	
				Steve M - 80th	41.06	
				Nick E - 96th	42.17	
				Serena - 113th (14th F)	43.48	
				Steve H - 140th	46.26	
				John H - 146th	46.49	
				Tom L - 158th	48.27	
				Stuart H - 169th	49.20	
				John G - 187th	50.32	
				Carmen - 188th	50.57	
				Phil M - 190th	50.59	
				Martin G - 195th	51.11	
				Amanda - 213th	52.20	
				Karen Mac - 231st	54.08	
				Karen P - 233rd	54.21	
				Kim - 261st	57.14	
				Victoria - 294th	66.34	
3-May	Ted Pepper 10K	10K	road	Steve Sm - 64th	44.58	
3-May	Whitstable 10K	10K	road	Dave D - 283rd	51.38	
8-May	Dorney Dash	10K	road	Simon A - 26th	38.51	
				Suzy Y - 79th (10th F)	41.54	PB
9-May	Sevenoaks 7	7 miles apporx.	multiterrain	Steve T - 277th	71.53	
9-May	Hogsmill 5	5 miles approx.	multiterrain	Serena - 5th	33.41	
				Steph U - 14th	36.33	
12-May	Beckenham Road Relay	Legs if 2.6 miles	road & trail	Steve Starvis	14.05	Striders A finsihed 2nd
				Justin	13.50	
				Lee F	14.08	42.03 total
				John F	15.20	11th overall
				Chris M	16.50	
				Taylor	16.18	48.28 total
				Josephine	18.03	12th overall (2nd mixed team)
				Barry W	15.36	
				Lee W	14.50	48.29 total
				Paul F	15.36	28th overall
				Martin	20.30	
				Nigel D	16.24	52.30 total
				Paul E	16.56	31st overall
				Tom L	18.17	
				Steve H	18.05	53.18 total
				stuart	19.46	Striders V50 were 36th overall
				Julian	19.38	
				John F	15.56	55.20 total
				Andy	20.39	Striders V60 were 41st ioverall
				Robin	18.41	
				Barry F	17.47	57.07 total
				Amanda	20.18	striders women were 42nd overall
				Steph U	19.00	
				Alice	20.33	59.51 total
12-May	Rosenheim League	T&F	Battersea Park			
		Hammer	A	Kevin Burnett - 6th	11.65m	
		Discus	A	Kevin Burnett - 6th	12.96m	
		1500m	A	Alan D - 6th	5.34.3	
16-May	Richmond Half	half marathon	road	Justin - 22nd	80.14	
				Paul S - 125th	90.36	
				Josephine - 262nd	98.39	PB
				Phil M - 460th	110.28	
				David G - 477th	111.56	
				Stuart - 531st	114.30	
				Steve T - 770th	139.32	
16-May	Hillcrest	5.75 miles approx.	multiterrain	Rob - 4th	37.02	
				Chris M - 11th	39.11	
				Ian Y - 12th	39.18	
				Mick T - 13th	39.23	
				Suzy Y - 27th (4th F)	42.30	
				Geoff - 29th	43.02	
				Paul L-S - 50th	46.43	
				Amanda - 67th	50.32	
				Emma G - 112th	63.13	
				Victoria - 117th	66.56	
23-May	Dorking 10	10 miles	road	John F - 24th (4th MV50)	63.04	striders women (3 to score) came 3rd
				Damian - 36th	66.00	
				Helen - 57th (5th F & 1st FV35)	68.15	
				Steve M - 88th	71.33	
				Paul E - 98th	72.32	
				Nick - 128th	75.03	
				Josephine - 177th	78.48	
				steph U - 179th	79.11	
				Lesley - 224th	83.17	
				Phil M - 267th	87.06	
				David D - 271st	87.25	
				David G - 318th	91.16	
				Amanda - 332nd	92.53	
				Mark H - 344th	94.06	
				Dee - 368th	96.34	
				Victoria - 463rd	130.36	
23-May	Edinburgh	marathon	road	Tristan - 1465th	3.43.19	