|  | STRIDERS OF CROYDON |  |  |  |  | Uodated 010062007 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Results for May 2007 |  |  |  |  |  |
| Date | Name of Event | Distance |  | Runner, placing | Time | Comments |
| 30042007 | Southem Vels TEFF-fxture 1 | T8F | Kingsmeadow |  |  | Stiders were St on the day |
|  |  |  | ${ }_{\text {A AMW55 }}$ | $\underbrace{\substack{\text { are } \\ \text { - -3id }}}_{\text {dave } L \text {-5h }}$ | ${ }_{\text {c }}^{14.00} 1.30$ |  |
|  |  | \%m | ANS50 | Dave - -2nd | ${ }_{50570}^{5650}$ |  |
|  |  |  | 35 |  |  |  |
|  |  |  | ${ }_{\text {AMNS }}^{\text {nonsocing }}$ | ${ }^{\text {Bob- } 1 \text { st }}$ | ${ }^{\frac{5}{5.4 .5 .6}}$ |  |
|  |  | 2000 mak | Am35 | ${ }_{\text {M }}^{\text {MekT-5m }}$ |  |  |
|  |  |  | ${ }_{\text {Aldso }}^{\text {nonsooring }}$ | Aano ${ }^{\text {Lend }}$ | ${ }^{13,436.3}$ |  |
|  |  | 4x100m reay |  |  | ${ }_{\text {dsab }}$ dis. |  |
|  |  | Hammer | AMSo | Keenn ${ }^{\text {Bu-5m }}$ | ${ }^{15,45 m}$ |  |
| 02052007 | Rosenneim League ffxure 1 | T8F | Batersea Pak |  |  | Stiders were St on the day |
|  |  | m | ${ }_{\text {A }}$ |  |  |  |
|  |  | ${ }_{\text {coidem }}^{4000}$ | A |  | ${ }^{\frac{1}{22488}}$ |  |
|  |  |  | scorina |  | ${ }_{\substack{24.8 \\ 523.6}}^{\text {cien }}$ |  |
|  |  | 3000 |  | Nat M -8th( 5 Sth scorere) | ${ }_{9}^{9.58 .6}$ |  |
|  |  |  | A | kevi dive-4h | ${ }_{\substack{20.8 \\ 13,8 m}}^{2080}$ |  |
|  |  | Disous | A | kevn ${ }^{\text {au- 5in }}$ | ${ }^{14.97 \mathrm{~m}}$ |  |
| ${ }^{2 \text { 2, }{ }^{\text {ar }} \text {, }}$ | Beckemam road Relays | 2.6 milies | road | Jusim | ${ }_{13,34}^{134}$ | Striders Atean finished fist in 43.55 ( out or 29 teams, |
|  |  |  |  | Scort | ${ }_{\text {l }}^{14.05}$ |  |
|  |  |  |  | Sten 6 | ${ }^{18.50}$ | Striders B team were 15t in 50.24 and were 2nd mixed team |
|  |  |  |  | Kery |  |  |
|  |  |  |  | Jusin | ${ }^{14.04}$ |  |
|  |  |  |  | Gary | ${ }^{1820}$ | Striders C leam weet 16tin 50.32 |
|  |  |  |  | ${ }_{\text {Soma }}^{\text {Tom }}$ |  |  |
|  |  |  |  | Steve S |  | Stribers D team were 22ndi 53.27 |
|  |  |  |  | ${ }_{\text {jom }}^{\text {job }}$ |  |  |
| ${ }^{6}$-Way |  |  |  |  |  |  |
|  | Sutton 10k | 10\% | ${ }^{\text {oad }}$ | ${ }^{\text {Jusin -77n }}$ - | ${ }^{34.29} 3$ |  |
|  |  |  |  |  | ${ }_{4024}^{4203}$ |  |
|  |  |  |  |  | ${ }_{42208}^{4203}$ |  |
|  |  |  |  | ${ }_{\text {MekT - } 115 n}^{\text {Seves }}$ | ${ }_{4}^{42,16}$ |  |
|  |  |  |  | TomL-152nd | ${ }_{4.4 .35}^{4.35}$ |  |
|  |  |  |  | Prime | ${ }_{46.55}^{44.56}$ |  |
|  |  |  |  | Robin-206\% | ${ }_{4}^{47.53}$ |  |
|  |  |  |  | jameen Mac- 2400h | ${ }_{49,47}^{49.4}$ |  |
|  |  |  |  |  | ${ }_{5}^{50.10} 5$ |  |
|  |  |  |  | Patack -283d | ${ }_{5228}^{528}$ |  |
|  |  |  |  |  | ¢53.32 |  |
|  |  |  |  |  | ${ }_{\text {S70, }}^{50.08}$ |  |
|  |  |  |  | Jacal- -35d | 60.59 |  |
| ${ }^{6 \text { War }}$ | Deflts P Pakenolop (Netererands) | Hall maraton | oad | Tm B | ${ }_{\text {1.30.35 }}$ |  |
| ${ }^{7}$ - Way | Hideenborough 10 | 10 miles | road | Phil-60n | ${ }_{1.20,40}$ |  |
|  |  |  |  |  | ${ }^{1.38499}$ |  |
|  |  |  |  |  |  |  |
| ${ }^{\text {7.-May }}$ | Hidenborough 5 | 5 miles | 1 road | Kaenc-riom | 55.05 |  |
| ${ }^{13 \text { War }}$ | Mearel Dray on Muler fok | 10k | oad | Steph G-357h | 48.00 |  |
| ${ }^{13}$ - ${ }^{\text {ary }}$ | Richmond tar | Hatm mataton | road | Jusin-8in | ${ }^{1.151542}$ | Stiders (3 Lo score) finshed 11thof 15 teams |
|  |  |  |  |  | +1.2.0.13 |  |
|  |  |  |  | Pancok kigatif- -43nd | ${ }^{1.49,39}$ |  |
| ${ }^{13} \mathrm{May}$ | Hastead | maraton | road | Dave S-37n | ${ }^{3.12 .50}$ |  |
| ${ }^{20-\mathrm{Nay}}$ | Hilcest 8 | approx .8K | ${ }_{\text {c }}$ | Jusinin-2nd | 30.51 | 135 finshers |
|  |  |  |  |  | ${ }_{3}^{33.424}$ |  |
|  |  |  |  | MokT-17\% | ${ }^{353.37}$ |  |
|  |  |  |  |  |  |  |
|  |  |  |  | Phil\| ${ }^{\text {Pamm }}$ | ${ }_{\substack{38.10 \\ 388}}$ |  |
|  |  |  |  | Mre $\overline{\text { a }}$-42nd | ${ }_{40.38}^{48.38}$ |  |
|  |  |  |  |  | ${ }^{40.35}$ |  |
|  |  |  |  |  | ${ }_{4}^{4241}$ |  |
|  |  |  |  |  |  |  |
|  |  |  |  | Kitasen | ${ }_{\text {4. }}^{4.15}$ |  |
|  |  |  |  |  | ${ }_{46588}^{46.47}$ |  |
|  |  |  |  | ${ }_{\text {Pat- }}^{\text {Pist }}$ | ${ }_{5}^{47.17}$ |  |
|  |  |  |  | Јасой -124 h | ${ }_{55,32}$ |  |
| ${ }^{27}$ - May | Edinumg maraton | narathon | ${ }^{\text {ad }}$ | Jusin-21st | ${ }^{248.53}$ |  |
|  |  |  |  | Daman-391st | ${ }^{3,2322}$ |  |
| $\begin{aligned} & { }^{20-\mathrm{May}} \\ & \hline 23 \cdot \mathrm{May} \\ & \hline \end{aligned}$ | Haisham 10 | 10 miles | road | Trna - 120 Om | ${ }_{1}^{1.2234}$ |  |
|  | Rosenheim League Frxure 2 | T8F | Crovolon Aena |  |  | Striders men were 4th on the day |
|  |  | 100 m |  | Oave L-5th |  |  |
|  |  | ${ }^{2000}$ | nonscoring |  | ${ }_{2}^{12,300}$ |  |
|  |  | ${ }_{\text {a }}$ | A |  | ${ }_{\text {cher }}^{6.18 .2}$ |  |
|  |  | 1500 m | norscoring | Ncholas -2nd ( Race) | ${ }_{\text {220.9 }}^{23.1}$ |  |
|  |  | 3000 | ${ }^{\text {A }}$ | Justm- 1 st | ${ }^{9.288 .7}$ |  |
|  |  |  | $\xrightarrow{\text { nons.scoing }}$ nomsoring |  | ${ }_{\text {P10.4.7 }}^{10.468}$ |  |
|  |  | $\frac{4}{4 \times 200 \text { reay }}$ | , |  | ${ }_{\text {H }}^{\text {1.50.8 }}$ |  |
|  |  |  | ${ }_{\text {non scoring }}$ | Davel | ${ }_{1}^{1.350}$ |  |
|  |  | Long Jump | ${ }^{\text {A }}$ | ${ }_{\text {Pa }}^{\text {Paulf-5in }}$ | ${ }_{4}^{4.34 m}$ |  |
|  |  | Hammer | A | Nato - 2nd | ${ }_{\text {19,45m }}^{\text {143m }}$ |  |
|  |  | Javelin | ${ }^{\text {non-scoring }}$ | Neato-sid |  |  |
|  |  |  | norscoring | кеёn Bu | 16.70 m |  |
|  |  | $\xrightarrow{1000}$ | A | Yesmin -2nd |  | Strider women wee 3id on the day |
|  |  |  | ${ }_{\text {nonssocoing }}$ |  |  |  |
|  |  | Javelin | forscoring |  | ${ }_{\substack{14.468 \\ 5.73 \mathrm{~m}}}$ |  |
| ${ }^{26-\mathrm{Nay}}$ |  |  |  |  |  |  |
|  | Suree Vels Tef Champoons Sips |  | ¢ Knssmeadow | Dave - -2nd | ${ }^{64.50}$ |  |
|  |  |  | M W50 | Dave -3id |  |  |
|  |  | ${ }_{\text {3 }}^{\text {3K walk }}$ |  |  | $\underbrace{}_{\substack{20.750 .7 \\ 1.70}}$ |  |
|  |  | 2000 | NW6s |  | ${ }^{37.10}$ |  |
|  |  | ${ }_{\text {Stono put }}$ | NW65 |  |  |  |
|  |  | disus | W65 | Keven Bu-2nd | ${ }^{20.88 \mathrm{~mm}}$ |  |
|  |  | liavelin | W665 | Keenn Bu-2nd | 18.0m |  |

