

STRIDERS OF CROYDON						Updated 08/06/2006
Results for May & June 2006						
Date	Name of Event	Distance		Runner, placing	Time	Comments
1-May	Teal Pepper 10K	10K	road	Justin - 10th	35.22	217 finishers
				Damian - 25th	37.45	
				Don K - 28th	38.12	
				Chris - 48th	40.09	
				Dom H - 64th	41.09	
				Dave B - 69th	41.13	
				Dave D - 177th	49.16	
				Serena - 178th	49.16	
				Karen - 190th	51.51	
3-May	Beckenham Road Relay	3x2.6 miles	road	Damian	15.01	A team finished 2nd - total time of 43.10
				Justin - 3rd bestest leg	13.46	
				Scott	14.25	
				Paul F	14.53	B team finished 13th - 49.13
				Dom H	16.08	
				Gary	16.12	
				Nigel D	15.18	C team finished 15th - 50.05
				Chris	13.58	
				James	18.40	
				BBB E	15.11	
				Tom L	17.57	D team finished 16th - 50.20
				John G	17.12	
7-May	Sutton 10K	10K	road	Steve - 44th	39.03	Striders A team (4 to score) finished 10th out of 27
				Dave B - 57th	39.54	405 finishers
				Dave S - 73rd	41.17	
				Richard - 89th	42.13	
				Nigel - 95th	42.33	B team finished 19th
				Steve S - 128th	44.43	
				Tom L - 152nd	46.00	
				John H - 160th	46.24	
				Peter S - 175th	47.42	C team finished 24th
				James - 183rd	48.10	
				Dave D - 191st	48.37	
				Mike G - 207th	49.28	
				Steve T - 343rd	54.45	
				Jan - 391st	64.04	
				Jacqui M - 392nd	64.05	
10-May	Rosenheim League (1)	T&F	Battersea Park	Matt M - 5th	13.30	Striders finished 5th on the day
		100m	A	Scott - 4th	24.70	
		200m	A	Justin - 2nd	55.40	
		400m	A	Scott - 1st	02:05.0	
		800m	A	Matt M - 5th	03:56.4	
		1500m	A	Justin - 6th	09:35.0	
		3000m	A	non-scoring	lan C - 12th	11:03.1
				non-scoring	Chris - 13th	11:19.3
		400m hurdles	A	Matt M - 4th	17.20	
		4x200m relay	A	Matt M / Scott / Ian / Justin - 5th	01:52.0	
		triple jump	A	Scott - 2nd	11.17m	
		Hammer	A	Matt O'Hare - 5th	16.14m	
				non-scoring	Matt Birchley	16.53m
				non-scoring	Kevin Burnett	14.43m
		Discus	A	Kevin Burnett - 5th	15.82m	
				non-scoring	Matt Birchley	17.40m
				non-scoring	Matt O'Hare	16.30m
14-May	Richmond Half	half marathon	road	Don K - 49th	1:23.57	725 finishers
	Hesherley 10	10miles	road	Justin - 2nd	59.21	76 finishers
				Paul F - 4th	62.10	Striders won the men and women's team prizes
				Damian - 6th	62.37	
				Chris - 11th	65.57	
				Heen - 18th - 2nd F - 1st FV35	69.12	
				Kenly - 22nd - 3rd F - 2nd FV35	71.30	
				Serena - 25th - 4th F - 2nd SF	71.53	
				Steph N - 28th - 5th F	74.30	
				Faye S - 31st - 6th F	76.16	
				Matt F - 38th	78.17	
				Karen Mc - 56th	87.20	
				Carol - 63rd	89.47	
	Hesherley 5	10K	road	Karen P - 48th	49.57	
				Karen C - 103rd	54.57	
21-May	Epsom 10K	10K	road	Dave B - 1st MV50 - 27th	39.37	
	Manchester 10K	10K	road	Dom H	39.31	
	Hillcrest 8K	8K	multiteran	Phil M - 35th	49.06	107 finishers
				Susan - 99th	52.53	
				Jacqui M - 101st	53.26	
24-May	Rosenheim League (2)	T&F	Chordon Arena	Scott - 5th	12.50	Striders finished 2nd on the day
		100m	A	Justin - 3rd	26.40	
		200m	A	non-scoring	Chris L	29.67
		400m	A	Scott - 2nd	53.30	
		800m	A	Justin - 2nd	02:07.9	
		1500m	A	PAUL F - 4th	04:54.3	
		3000m	A	non-scoring	lan C	08:15.0
				non-scoring	Pgwel - 3rd	10:07.4
				non-scoring	Claire MCF - 2nd	12:36.0
		2K sprints/techs	A	Matt M - 1st	02:37.2	
		4x200m relay	A	3rd	01:52.2	
		long jump	A	Scott - 3rd	5.08m	
		high jump	A	Paul F - 2nd	1.50m	
		Hammer	A	Matt B - 5th	15.24m	
				non-scoring	Matt OH	19.63m
				non-scoring		
		Javelin	A	Matt OH - 5th	13.85m	
				non-scoring		
				non-scoring		
				non-scoring		
25-May	Nearsusdammit	approx. 10K	cc	Damian - 7th	40.37	54 finishers
				Paul F - 10th	42.05	
				Bary - 30th	48.06	
				Dave D - 43rd	53.55	
				Dave H - 50th	58.48	
				Steve T - 54th	65.01	
4-Jun	Dorking 10	10 miles	road	Serena - 14th F - 139th overall	71.37	Striders women - 4 to score - 8th in Surrey Champs
				Kenly - 21st F - 171st	74.00	
				Kate - 62nd F - 393rd	85.24	
				Karen P - 84th F - 423rd	87.13	
				Jacqui M - 173rd F - 607th	112.08	
				Justin - 15th	50.30	
				Damian - 40th	62.55	
				Pgwel - 67th M - 68th overall	65.45	
				Dave B - 92nd M - 100th	68.31	
				Chris - 107th M - 118th	69.47	
				Dom H - 109th M - 120th	69.50	
				Scott F - 135th M - 156th	72.51	
				Bary - 177th M - 206th	76.04	
				Richard - 252nd M - 297th	80.38	
				Phil H - 255th M - 305th	80.54	
				Tom L - 281st M - 328th	81.02	
				John R - 285th M - 350th	83.26	
				Paul W - 302nd M - 378th	84.39	
	Beckenham 10K	10K	road	Alister - 77th	46.17	
7-Jun	Rosenheim League (3)	T&F	Wimbledon Park	Justin - 6th scorer	13.70	Striders finished 6th on the day
		100m	A	Chris - 6th	32.40	
		200m	A	Chris - 6th	74.10	
		400m	A	Chris - 6th	02:46.0	
		800m	A	Justin - 3rd	04:23.7	
		1500m	A	Matt M - 3rd	09:44.3	
		3000m	A	non-scoring	Pgwel - 18th overall	10:05.4
				non-scoring	lan C - 14th overall	10:32.2
				non-scoring	Matt B - 20th overall	12:23.0
		4x200m relay	A	Chris / Kevin Bu / Matt M / Ian C - 6th	02:13.9	
		long jump	A	Matt M - 5th	4.91m	
		triple jump	A	Chris - 6th	7.19m	
		Shot	A	Matt O'Hare - 4th	7.53m	
				non-scoring	Justin	6.28m
				non-scoring	Kevin Burnett	4.25m
		Javelin	A	Kevin Burnett - 5th	18.26m	
				non-scoring	Matt Birchley	17.97m
				non-scoring	Matt O'Hare	20.60m
				non-scoring	Gregory Bul	21.68m