	STRIDERS OF CROYDON					Updated 08/06/200
	Results for May	& Jur	<u>ne 200</u>	6		
Date	Name of Event	Distance		Runner, placing	Time	Comments
1-May	Ted Pepper 10K	10K	road	Justin - 10th	35.22	217 finishers
				Damian - 25th Don K - 28th	37.45 38.12	
				Dom H- 64th Dave B - 66th	40.09 41.09 41.13	
				Dave D - 177th Serena - 178th	49.16 49.16	
3.Mav	Backanham Doort Dalay	3v2.6 milee	hear	Karen - 190th Damian	51.51	& team finished 2nd - total time of 43.10
o may		GALIO MILO		Justin - 3rd fastest leg Scott	13.46 14.23	R ream interes and interesting of Hours
				Paul F Dom H	14.53	B team finished 13th - 49.13
				Gary	18.12	
				Nigel D Chris James	15.18 15.58 18.49	C team finished 15th - 50.05
				Bob E	15.11	D team finished 16th - 50.20
				Tom L John G	17.57	
7-May	Sutton 10K	10K	road	Pawel - 44th Dave B - 57th	39.03 39.54	Striders A team (4 to score) finished 10th out of 27 409 finishers
				Dave S - 73rd Richard - 89th Nigel - 95th	41.17 42.13 42.33	B team finished 19th
				Steve S - 128th Tom L - 152nd	44.43 46.00	
				John H - 160th Peter S - 175th James - 183rd	46.24 47.42 48.10	C team finished 24th
				Dave D - 191st Mike G - 207th	48.37 49.28	
				steve T - 343rd Jan - 391st Jacqui M - 392nd	54.45 64.04 64.05	
10-May	Rosenheim League (1)	T&F	Battersea Park			
		100m 200m 400m	A A	Matt M - 5th Scott - 4th Justin - 2nd	13.30 24.70 55.40	Striders finished 5th on the day
		800m 1500m	A A	Scott - 1st Matt M - 5th	02:05.0 04:56.4	
		3000m	A non-scoring non-scoring	Justin - 6th Ian C - 12th Chris - 13th	09:35.0 11:03.1 11:19.3	
		400m hurdles 4x200m relay	A	Chris - 13th Matt M - 4th Matt M / Scott / Ian / Justin - 5th	73.20 01:52.0	
		triple jump Hammer	A A non-scoring	Scott - 2nd Matt O'Hare - 5th Matt Birchley	11.17m 16.14m 16.53m	
		Discus	non-scoring A	Kevin Burnett Kevin Burnett - 5th	14.43m 15.82m	
			non-scoring non-scoring	Matt Birchley Matt O'Hare	17.40m 16.90m	
14-May	Richmond Half	half marathon	road	Don K - 49th	1.23.57	725 finishers
	Heatherley 10	10miles	road	Justin - 2nd Paul F - 4th Damian - 6th	59.21 62.10 62.37	76 finshers Striders won the men and women's team prizes
				Chris - 11th Helen - 18th - 2nd F - 1st FV35	65.57	
				Kerry - 22nd - 3rd F - 2nd FV35 Serena - 24th - 4th F - 2nd SF	71.30	
				Faye S - 31st - 6th F Matt B - 38th	76.16	
				Karen Mc - 56th Carol - 63rd	87.20 89.47	
	Heatherley 6	10K	road	Karen P - 49th Karen C - 103rd	49.57 64.57	
21-May	Epsom 10K	10K	road	Dave B - 1st MV50 - 27th	39.37	
	Manchester 10K	10K	road	Dom H	39.31	
	Hillcrest 8K	8K	multiterrain	Phil M - 35th Susan - 99th Jacqui M - 101st	40.06 52.53 53.26	107 finishers
24-May	Rosenheim League (2)	T&F	Croydon Arena			
		100m 200m	A A	Scott - 5th Justin - 3rd	12.50 26.40 29.60	Striders finished 2nd on the day
		400m 800m	A A	Scott - 2nd Justin - 2nd Paul F - 4th	53.90 02:07.9	
		1500m 3000m	A non-scoring	Paul F - 4th Ian C Pawel - 3rd	04:54.3 5.15.0 10:07.2	
		2K steeplechas	A women A	Claire McF - 2nd Matt M - 1st	12.36.0 6.37.2	
		4x200m relay long jump	A	3rd Scott - 3rd Boul 5 - 3rd	01:52.2 5.08m 1.50m	
		high jump Hammer	A non-scoring	Paul F - 2nd Matt B - 5th Matt O'H	15.24m 19.63m	
		Javelin	non-scoring			
		Junean	A	Matt O'H - 5th	13.85m	
			A non-scoring non-scoring non-scoring	Matt OH - 5th	13.85m	
			non-scoring	Matt OH - 5th	13.85m	
25-May	Nearasdammit	approx. 10K	non-scoring	Damian - 7th Paul F - 10th	40.37	54 frishers
25-May	Nearasdammit		non-scoring	Damian - 7th Paul F - 10th Bany - 30th Done D - 43rd	40.37 42.05 48.06 53.55	Så frishers
		approx. 10K	non-scoring non-scoring xc	Damian - 7th Pail F - 10h Bany - 30h Dave D - 43d Dave H - 50h Steve T - 54h	40.37 42.05 48.06 53.55 59.48 65.00	
			non-scoring	Damian - 7/h Paul F - 10/h Bany - 30/h Daw H - 50/h Steen T - 54/h Steen T - 54/h Steen T - 13/h O cental Keny - 214F - 17/st	40.37 42.05 48.06 53.55 59.48 65.00 71.37 74.00	Så finishers Såldens women - 4 to score - 8th in Surrey Champs
		approx. 10K	non-scoring non-scoring xc	Danian - 7th           Paul F - 10th           Bany - 30th           Dave D - 43d           Dave D - 54d           Dave T - 56th           Sterena - 14th F - 138th overall	40.37 42.05 48.06 53.55 59.48 65.00 71.37	
		approx. 10K	non-scoring non-scoring xc	Demian - 7/h           Paul F - 10h           Barry - 20h           Dave D - 42xd           Dave H - 50h           Sinw T - 50h           Dangan - 60h	40.37 42.05 53.55 59.48 65.00 71.37 74.00 85.24 87.13 112.08 59.30	
		approx. 10K	non-scoring non-scoring xc	Damian - 7/h           Paul F - 10h           Bary - 30h           Dane D - 43d           Dane H - 50h           Steet T - 54h           Steet T - 54h           Kate - 80h F - 138h overall           Kate - 80h F - 138h overall           Alged M - 173d F - 67h           Jaster - 15h           Daman - 40h	40.37 42.05 59.48 65.00 71.37 74.00 85.24 87.13 112.08 59.30 62.55 65.45 68.83	
		approx. 10K	non-scoring non-scoring xc	Damian - 7/h           Paul F - 10h           Barry - 20h           Daw D - 40h           Stever T - 54h           Damian - 40h           Damian	40.37 42.06 48.06 53.55 59.48 65.00 71.37 74.00 85.24 87.13 112.08 59.30 62.55 65.45 66.45 68.31	
		approx. 10K	non-scoring non-scoring xc	Demian - 7/h           Paul F - 10h           Bary - 20h           Dee D - 4Xd           Dee H - 50h           Diew J - 50h           Diew J - 50h           Stever - 14h F - 138h 0-extral           Kate - 20d F - 230d           Kate - 70h F - 338h 0-extral           Kate - 70h F - 423d           Jace - 15h           Demian - 40h           Paeel - 67h M - 68h 0-extral           Daman - 40h           Paeel - 67h M - 68h 0-extral           Daman - 40h           Paeel - 67h M - 18h           Doman - 40h           Paeel - 77h M - 18h           Daman - 40h           Paeel - 77h M - 18h           Daman - 40h           Paeel - 77h M - 18h           Bany - 177h M - 208h           Bany - 477h M - 208h           Bany - 477h M - 208h           Bany - 477h M - 208h	40.37 42.06 48.06 53.55 59.48 65.00 71.37 74.00 85.24 87.13 112.08 68.55 68.45 68.45 68.45 68.45 69.47 69.50 72.51 78.04 80.38	
		approx. 10K	non-scoring non-scoring xc	Demian - 7/h           Paul F - 10h           Bary - 20h           Dane D - 43d           Dane H - 50h           Stew T - 50h           Stew T - 50h           Stew T - 50h           Jane T - 50h           Jane T - 50h           Stew T - 50h           Jane T - 50h           Jane T - 50h           Jane T - 50h           Damian - 60h           Damian - 60h           Damian - 60h           Damian - 60h           Dam H - 100h           Christ - 100h           Stew T - 70h M - 118h           Dam H - 100h           Christ - 100h           Stewhat - 230cH # 20h           Bachad - 230cH # 20h           Dam H - 100h           Christ - 100h           Dam H - 100h      <	40.37 42.05 55.55 59.48 65.00 71.37 74.00 85.24 87.13 112.08 59.30 62.55 65.45 68.31 69.47 69.50 72.51 76.040 80.38 80.54 81.02	
	Doking 10	approx. 10K	non-scoring non-scoring xc	Demian - 7th           Paul F - 10th           Bany - 20th           Dem D - 4243           Dane D - 4243           Dane D - 4243           Dane D - 5484           Dane D - 5671           Danian - 6405           Danian - 6405           Danian - 6405           Danian - 7405           Danian - 7405           Danian - 6405           Danian - 7405           Danian - 6405           Danian - 64054           Danian - 64054 </td <td>40.37 42.06 48.06 53.55 59.48 65.00 85.24 87.13 112.08 59.30 62.55 65.45 88.31 69.50 72.55 76.04 80.54 80.54 80.54 81.02 81.02 81.02 81.26 81.26 81.26 81.22 81.26 81.22 81.26 81.22 81.26 81.22 81.25</td> <td></td>	40.37 42.06 48.06 53.55 59.48 65.00 85.24 87.13 112.08 59.30 62.55 65.45 88.31 69.50 72.55 76.04 80.54 80.54 80.54 81.02 81.02 81.02 81.26 81.26 81.26 81.22 81.26 81.22 81.26 81.22 81.26 81.22 81.25	
4-Jun	Doking 10	approx. 10K	non-scoring non-scoring xc	Comisin - 7h           Parl F - 10h           Barry - 20h           Date J - 10h           Barry - 20h           Date J - 50h           Steven T - 54h           <	40.37 42.05 48.06 53.65 59.48 65.00 771.37 74.00 85.24 87.13 112.08 59.30 62.55 66.45 68.31 68.47 68.50 77.55 76.04 89.50 78.05 80.54 80.54 80.54 80.54 80.55 81.02 81.0	
	Doking 10	approx. 10K	non-scoring non-scoring non-scoring the score of the scor	Demion - 7th           Paul F - 10th           Barry - 20th           Dave D - 42-83           Dave D - 42-84           Dave T - 560           Store T - 570           Denge M - 720 + 6201           Jaclin - 1570           Demion - 600h           Demion - 600h           Demion - 600h           Domion - 600h           Dom H - 100h           Dom H - 100h <td>40.37 42.05 59.48 65.00 59.48 65.00 59.48 65.00 59.48 65.50 65.55 65.45 67.13 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.45 74.00 75.55 77.557</td> <td></td>	40.37 42.05 59.48 65.00 59.48 65.00 59.48 65.00 59.48 65.50 65.55 65.45 67.13 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.30 74.00 59.45 74.00 75.55 77.557	
4-Jun	Doking 10	approx. 10K  bpp: bpp: bpp: bpp: bpp: bpp: bpp: bp	non-scoring non-scoring non-scoring the score of the scor	Demion - 7th           Paul F - 10h           Bary - 2 Oh           Demion - 7th           Dear D - 6483           Done T - 560           Stree - 1 - 560           Demion - 660           Demion - 660           Demion - 670           De	40.37 42.05 42.05 59.44 65.00 59.44 71.37 74.000 59.30 71.37 74.000 59.30 71.37 74.000 59.30 72.51 76.04 89.37 77.04 77.	Sliden woman - 4 io score - 8h in Surrey Champs
4-Jun	Doking 10	approx. 10K	non-scoring non-scoring non-scoring the score of the scor	Comian - 7h           Paul F - 10h           Bary - 20h           Des D - 20h           Stever T - 54h	40.37740 40.37740 42.05544 48.000 71.3774000 71.3774000 71.377400 71.377400 72.5154 74.000 72.5154 74.000 72.515 75.555 75.5557 75.5557 75.55577 75.555777 75.55575	Slinders women - 4 to score - 8th in Surrey Champs
4-Jun	Doking 10	ajprox. 10K 10 mies 10 mies 10 mies 10 mies 10 mies 10 mies 10 mies 20 mies	Non-scoring Po-scoring Po-scoring Re- Re- Re- Re- Re- Re- Re- Re-	Damian - 7h           Paul F - 10h           Barry - 20h           Daw D - 40h           Stever T - 50h           Stever T - 70h	40.37 42.05 52.44 40.95 52.44 55.00 52.44 55.000	Sliden woman - 4 io score - 8h in Surrey Champs
4-Jun	Doking 10	approx. 10K approx. 10K in the second	non-scoring ren-scoring // // // // // // // // // // // // //	Demion - 7th           Paul F - 10th           Barry - 20th           Demion - 7th           Paul F - 10th           Barry - 20th           Done T - 5din           Scient - 16th F - 138th Owerall           Scient - 16th F - 138th Owerall           Domina - 6din           Domina - 6din <trr></trr>	40.37 42.05 42.05 44.000 44.000 45.04 44.000 45.04 44.000 45.04 45.00 45.04 45.00 45.04 45.00 45.04 45.00 45.05 45.000 45.000 45.000 45.000 45.0000000000	Slinders women - 4 to score - 8th in Surrey Champs
4-Jun	Doking 10	approx. 10K approx. 10K 10 miles 10 miles 10 miles 10K 10K 10K 10K 10K 10K 10K 10G 100m 1000m 10	non-scoring ren-scoring xe. xe. xe. xe. xe. xe. xe. xe. xe. xe.	Contian - 7h           Parl F - 10h           Barry - 20h           Date D - 20h           Steam - 1 - 50h           Steam -	40.37 40.07 40.07 40.00 50.55 50.40 40.00 50.944 40.00 50.0	Slinders women - 4 to score - 8th in Surrey Champs
4-Jun	Doking 10	approx. 10K approx. 10K 10 miles 10 miles	non-scoring ren-scoring Ren-scoring Ren-scoring Ren- Ren- Ren- Ren- Ren- Ren- Ren- Ren-	Demisin - 7th           Paul F - 10h           Bary - 20h           Demisin - 7th           Dew D - 156h           Dire T - 56h           Stree - 1-6h           Stree - 1-56h           Stree - 1-56h           Stree - 1-56h           Stree - 1-66h           Danisan - 60h           Damian - 70h           Damian - 60h           Damian - 70h           Damian - 70h           Damian - 60h           Damian - 60h           Damian - 70h           Damian - 60h           Damin - 70h	40.37.24 40.37.24 40.06 (1997) 40.06 (1997) 40.07 (199	Slinders women - 4 to score - 8th in Surrey Champs