	STRIDERS OF CROYDON					updated24/03/09
	Results for N	larch 2	009			red = not included in road rankings/ club records yet
<u>Date</u>	Name of Event	Distance		Runner, placing	<u>Time</u>	<u>Comments</u>
1-Mar	Eastbourne Half	Half marathon	road	Damian - 48th Mick T - 81st	1.30.21 1.34.07	
				Matt C - 87th	1.34.11	
				Steve H - 170th Tina - 234th	1.41.03 1.44.52	
				Susan H - 818th	2.25.55	
				Karen C - 835th Andy - 870th	2.30.17	
1-Mar	Malta Half	Half marathon	road	Alan P - 146th	1.35.51	
7-Mar	Self Transcendence	10 miles	road	Damian - 6th Simon A - 22nd	60.13 67.44	
				Alan D - 33rd	70.26	
				Mark - 75th	80.05	
7-Mar	Bromley Vets cross country	5 miles approx.	xc	Steph U - 27th	43.12	
	Sparrows Den			Hannah - 38th	47.15	
8-Mar	Leith Hill half	half marathon	xc	Susannah O - 269th	2.29.23	
Q_Ma-	Milton Keynes half	half marathon	road	Louise A - 2446th	2.10.01	
o-iviar	winkoli (Neyries Hall	nan maraulun	ioau	JP - 2626th	2.14.23	
8-Mar	Nonsuch Park 10K Fun Run	10K approx.	multiterrain	John F - 2nd	38.57	
0-IVIAI	NOTSUCTIFIEN TON FULL NUT	ток арргох.	mulliterrain			
14-Mar	East Surrey League Box Hill relays	2.1 miles approx.	road	Chris - 13.21 Bob - 13.05	52.05	Team finished 11th on the day out of 26 teams
	DOX T IIII Telays			Alan D - 13.34		
				Steve Starvis - 12.05		
15-Mar	Seveoaks 10K	10K	multiterrain	Richard L-S - 8th	38.25	
				Paul S - 56th	44.20	
				Steph U - 115th (7th FV) Yasmin - 119th (3rd FS)	47.50 47.54	
				Alice - 127th (4th FS)	48.15	
				Paul L-S - 268th John G - 492nd	54.55 66.25	
15-Mar	Fleet Half	Half marathon	road	John F - 95th	1.23.28	Running for the Army
				Steve M - 340th	1.35.01	Running for the Army Running for the Army
				Alan P - 364th Linda - 1146th	1.35.54 1.54.56	Running for the Army
15-Mar	Bath Half	Half marathon	road	Duncan - 66th	1.16.25	
15-Mar	Stafford Half	Half marathon	road	Steve Smith - 298th	1.36.23	
				Lee - 95th		
15-iviai	Finchley 20	20 miles	road	Emily - 409th	2.24.41 3.11.25	
15-Mar	Hastings Half	Half marathon	road	Justin - 40th	1.20.01	
				Damian - 65th Chris - 176th	1.23.24 1.29.29	
				Suzy Y - 361st Ian Y - 365th	1.35.07	
				Serena - 390th	1.35.09 1.36.05	
				Darren - 687th Tina - 883rd	1.42.01 1.45.13	
				Tara - 1647th	1.56.05	Running for Croydon Running Sisters
				Tom S - 883rd Jo - 1901st	1.59.42 1.59.24	Running for Croydon Running Sisters
				Karen Mac - 2618th Steve T - 2868th	2.10.16 2.15.25	
	-			Karen P - 3193rd Andy - 3445th	2.25.04 2.33.54	
				Victoria - 3556th	2.43.56	
21-Mar	Orion 15	15 miles approx.	multiterrain	Chris - 66th	1.55.14	
			1	Darren - 161st	2.07.22	
22-Mar	Wimbledon (Audi) 10K	10K	road	Carmen - 282nd Anna H - 584th	49.30 55.53	
	Decel Million Co.	4017	and the state of			407 5 (1) 14
28-Mar	British Military fitness 10K	10K approx.	multitask	Steph - 17thF Suzy Y - 25th	56.39 59.08	197 F finishers
				Kerry - 26th Ian Y - 103rdM	59.09 56.23	256M finishers
29-Mar	Eastleigh 10K	10K	road	Dave D - 767th	49.35	
29-Mar	Cranleigh 15	15 miles approx.	road	Justin - 1st Chris - 11th	1.32.50 1.46.02	
-				Susan H - 122nd Steve T - 149th	2.28.15 2.46.39	
				Karen C - 150th	2.47.03	
				Andy T - 153rd Victoria - 422nd	2.50.20 3.23.58	
29-Mar	Cranleigh 21	21 miles approx.	road	Damian - 38th	2.24.38	
Zo mai	-	11 - "		Ian Y - 129th Paul F - 130th	2.44.26 2.44.43	
				Suzy Y - 134th	2.45.07	
		1	1	Kerry - 137th	2.45.15	il .