

STRIDERS OF CROYDON					Updated 2/4/8	
Results for March 2008						
Date	Name of Event	Distance	Runner, placing	Time	Comments	
1-Mar	Self Transcendence - Battersea Park	10 miles	road	Daman - 4th	63.23	
1-Mar	Harriers Invitational	10K approx.	xc	James - 1st	37.48	A team was 2nd
				John F - 7th	43.53	
				Chris - 9th	44.28	
				Kerry - 13th	46.38	
				Alan D - 14th	48.47	B team was 5th
				Mick T - 15th	48.52	
				Josephine - 16th	49.22	
				Tom - 21st	54.09	
		5K approx.	xc	Natalie - 5th	31.39	
	London mini-marathon trial	3.3K approx.	xc	Nicholas		
2-Mar	Thanet 20	20 miles	road	Steve T - 387th	3:47.11	
2-Mar	Haweswater Half	Half marathon	road	Steph G - 213th	1:46.46	PB - very, very hilly Steph says !!
2-Mar	Eastbourne Half	Half marathon	road	Tina - 321st	1:53.47	
				Andy T - 677th	2:22.32	PB
				Dave H - 737th	2:42.34	
2-Mar	Berkhamstead Half	Half marathon	road	Paul W	1:52.11	
9-Mar	Leith Hill Half	half marathon approx	xc	Chris - 24th	1:41.41	230 finishers
				Robin - 122nd (1st M/50)	1:59.07	
				Phil M - 128th	2:00.05	
				Linda - 187th	2:17.46	
				Steve T - 225th	2:41.22	
9-Mar	Finchley 20	20 miles	road	Paul W - 335th	2:57.12	
				JP - 473rd	3:56.31	
9-Mar	Silverstone (asics) Half	Half marathon	road	Sarah H - 2372nd	1:57.51	
15-Mar	Box Hill relays (east Surrey League)	4 x 2.1 miles	road	Chris - 14th	13.31	A team finished 3rd
				Justin - 5th	11.18	
				Daman - 4th	11.48	
				Matt M - 3rd	11.38	
				Matt M - 3rd	11.08	B team finished 8th
				Josephine - 7th	14.14	
				Mick T - 9th	13.32	
				Chris - 8th	13.41	
16-Mar	Hastings Half	half marathon	road	Daman - 57th	1:22.0	
				Mick T - 272nd	1:31.38	
				Alan P - 514th	1:37.23	
				Robin - 1074th	1:47.10	PB
				Tina - 1194th	1:49.27	
				Paul W - 1496th	1:53.06	
				Steph N - 1724th	1:54.44	
				Amelia - 2191st	2:03.06	
				Mick A - 2552nd	2:10.28	
				Rebecca - 2576th	2:10.28	
				Isabella - 2632nd	2:08.51	
				Tom S - 2643rd	2:11.22	
				Andy T - 2862nd	2:17.30	PB
				Steve T - 2975th	2:17.05	
				Jacqui - 3275th	2:28.32	
				Angela - 3380th	2:35.36	
16-Mar	Fleet (Asics) Half Marathon	half marathon	road	John F - 92nd	1:24.17	
16-Mar	Cranleigh 21	21 miles	road	Iain H - 38th	2:25.34	
				Ian T - 157th	2:50.27	
				Suz Y D - 158th	2:50.33	
				Susan H - 446th	3:39.27	
				Julie - 454th	3:41.57	
16-Mar	Eastleigh 10K	10K	road	Steve M - 186th	40.44	PB
				Dave D - 610th	48.58	
				Kim - 875th	54.14	
21-Mar	Folkestone 10	10 miles	road	Dave D - 379th	1:28.14	495 finishers
21-Mar	Maidenhead 10	10 miles	road	Justin - 38th	1:00.03	1139 finishers
				Daman - 45th	1:00.36	Striders A team (3 to score) were 7th
				Simon A - 86th	1:03.50	PB
				Mick T - 163rd	1:08.05	
				Chris - 165th	1:08.27	
				Neil F - 211th	1:10.17	
				Colin C - 235th	1:11.16	Striders M/50 record
				Darren P - 259th	1:12.23	
				Karen Mace - 861st	1:30.16	
22-Mar	Victoria Park open 5	5 miles	road	Simon A - 65thM	31.41	
summary	Banstead Woods 5K time trials	5K approx	track	Matt M - 8th on 6/10/07	19.28	
of races in				5th on 19/1/08	19.02	
2007/08 up to				2nd on 15/3/08	17.44	
& incl. 22/03/2008				2nd on 22/03/08	17.42	
				Daman - 8th on 2/2/08	18.13	
				12th on 8/3/08	18.47	
				Dave B - 8th on 1/9/07	19.05	
				11th on 15/9/07	19.00	
				8th on 6/10/07	18.33	
				Simon A - 7th on 19/1/08	19.19	
				Nigel D - 21st on 19/1/08	20.50	
				8th on 16/2/08	19.31	
				Neil F - 25th on 11/8/07	21.48	
				37th on 25/8/07	22.11	
				24th on 6/10/07	21.30	
				9th on 3/11/07	20.29	
				13th on 8/12/07	20.06	
				20th on 2/2/08	20.00	
				Chris - 17th on 19/1/08	20.25	
				Nicholas B - 33rd on 15/9/07	21.10	
				25th on 6/10/07	21.32	
				Richard E - 25th on 29/9/07	21.37	
				30th on 24/11/07	21.28	
				24th on 8/12/07	21.18	
				18th on 12/1/08	21.45	
				Paul W - 44th on 22/3/08	23.11	
				Kevin Burnett - competed 21 races		
				Best on 1/1/08	30.16	
29-Mar	British Military Federation 10K	10K approx.	multi	Kerry - 9th	54.58	130 finishers
				Steph U - 20th	59.31	
				Linda - 67th	60.11	
30-Mar	Paddock Wood half	half marathon	road	Justin - 19th	1:15.59	Striders were 12th team (4 to score) out of 37
				Daman - 41st	1:20.37	PB
				Mick T - 164th	1:29.16	
				Chris - 176th	1:29.43	
				Iain T - 260th	1:33.50	PB
				Suz Y - 316th	1:35.50	PB
				Kerry - 349th	1:37.02	
				Steve M - 506th	1:40.47	
				Brian H - 507th	1:40.47	PB
				John H - 568th	1:43.20	
				Paul W - 754th	1:48.07	
30-Mar	Kingston Breakfast Run	16 miles	road	Susan H	2:40:16	
				Liz	2:55:32	
30-Mar	Wimbledon 10K (Aud)	10K approx.	road	Emily - 237th	46.42	