STRIDERS OF CROYDON Please write in any unlisted results Updated 04/08/2004

Results for June 2004 onwards

Date	Name of Event	Distance		Runner, time, placing	Comments
20-Jun	Chris Brasher Memorial 10K	10K	road	Linda - 47.11	5000+ runners
25-Jun	Serpentine Last Friday of the Month	5 K	road	Bob P - 102nd - 21.40	168 finishers
27-Jun	Dysart Dash	10K	road	Justin - 27th - 36.38	426 finishers
				Don - 31st (8th MV40) - 36.53	
				Bob E - 32nd (9th MV40) - 37.18	Striders men (3 to score) came 6th of 19
				Damian - 57th - 38.59	
				Dave B - 68th (5th MV50) - 39.39	Striders women came 8th of 13
				Alan D - 83rd - 40.30	
				Mike W - 90th - 40.41	
				Ian - 105th - 41.12	
				Chris - 111th - 41.24	
				Tim - 112th - 41.25	
				Matthew - 127th - 41.59	
				John G - 178th - 44.22	
				Kerry - 195th (14th FV35) - 45.07	
				Greg - 214th - 46.30	
				John H - 216th - 46.37	
				Bob P - 227th - 46.59	
				Steph - 230th (18th FV35) - 47.06	
				Elene - 232nd (5th FV45) - 47.12	
				Emma - 250th (20th SF) - 48.04	
				Paul W - 294th - 51.00	
				Patricia - 328th (34th SF) - 53.11	
				Karen - 342nd (38th SF) - 54.08	
3-Jul	Princes Risborough 10K	10K	road	Don K - 37.53	
				Elene - 46.18	
4-Jul	Bewl 15	15 miles	multi	Tim - 63rd - 1:45:32	314 finishers
				Greg - 114th - 1:54:47	
				Bob P - 213rd - 2:11:18	
				Paul W - 238th - 2:15:56	
				Robin - 239th - 2:16:08	
				Karen - 281st - 2:29:11	
8-Jul	Chase Corporate Challenge	3.5 miles	road	Damian - 21.01	
11-Jul	Crawley 10K	10K	road	Damian - 40.30	
14-Jul	Reigate Summer 10K	10K	road	Damian - 39.45	
17-Jul	Elmore 7	7 miles	road	Justin - 8th - 40.40	245 finishers
				Damian - 32nd - 44.34	
				John F - 37th - 45.27	
				Mike W - 42nd - 46.08	
				Dave B - 43rd - 46.13	
				Chris - 60th - 47.44	
				Tim - 62nd - 47.58	
				Alan D - 65th - 48.08	
				Kerry - 103rd - 52.04	
				Steph - 114th - 53.08	
				Clare - 117th - 53.40	
				Paul W - 141st - 56.27	
				Tom L - 150th - 57.45	
				Emma - 151st - 57.46	
				David D - 167th - 59.35	
				Teresa - 228th - 72.45	
25-Jul	Elmbridge 10K	10K	road	Justin - 19th - 35.24	580 finishers
				Don K - 50th (10th MV40) - 38.06	Striders men (4 to score) finished 8th
				Damian - 53rd - 38.17	
				Dave B - 78th (9th MV50) - 39.28	
				Mike W - 79th (20th MV40) - 39.30	
				Alan D - 105th - 40.27	
				Chris - 120th - 40.52	
				Tim - 125th - 41.00	
				Ian - 142nd - 41.40	
				John G - 184th - 43.32	
				Elene - 225th (3rd FV45) - 45.29	Striders women (4 to score) finished 10th
				Kerry - 242nd - 46.09	
				Bob P - 270th - 47,19	
				Paul W - 297th - 48.13	
				Tom L - 307th - 48.40	
				Matthew - 315th - 49.04	
				James M - 346th - 50.14	
				Patricia - 396th - 52.16	
				Karen - 454th - 54.36	
1-Aug	London Triathlon	Swim 1500m	Paul Finch	swim 23.08	44th in 25 to 29 category
		Cycle 40K		1st transition 2.46	
		Run 10K		bike 1.12.40	
				2nd transition 1.53	
				run 39.14	
				total 2.19.39	
			Mark Eardley	swim 26.47	111th in 25 to 29 category
				1st transition 3.10	
				bike 1.14.28	
				2nd transition 2.10	
				run 40.42	
				total 2.27.16	
			Justin Macenhill	swim 30.28	49th in heat 2 of 30 to 35 category
				1st transition 4.29	
				bike 1.14.11	
				2nd transition 2.12	
				run 35.15	
				total 2.26.33	