|  | STRIDERS OF CROYDON |  | Please write in an | ny unlisted results | Updated 11/02/2004 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Results for January 2004 onwards |  |  |  |  |
| Date | Name of Event | Distance |  | Runner, time, placing | Comments |
| 4-Jan | Tadworth 10 | 10 miles | Road | Gerry - 14th - 1:02:59 | 450 finishers |
| 10-Jan | Surrey League XC - Merrow downs | 5 miles | XC | Justin - 15th overall - (14th scorer)28.38 | 139 finishers |
|  |  |  |  | Don - 31st - (30th) - 30.07 | Striders finished 5th on the day |
|  |  |  |  | Bob E-32nd - (31st) - 30.08 | Striders are ninth in the overall table |
|  |  |  |  | Simon A - 40th - (37th) - 30.24 |  |
|  |  |  |  | Tom T - 48th - (44th) - 30.38 |  |
|  |  |  |  | Damian - 69th - (61st) - 31.45 |  |
|  |  |  |  | Gerry - 74th - (64th) -31.57 |  |
|  |  |  |  | Chris - 83 rd - -71 sts) - 32.34 |  |
|  |  |  |  | Peter Y - 87th - 74 th ) - 32.57 |  |
|  |  |  |  | Colin - 94th - (78th) - 33.22 |  |
|  |  |  |  | Dave B-98th - 33.55 |  |
|  |  |  |  | Simon S - 106th - 34.51 |  |
|  |  |  |  | Steve C - 113rd - 35.16 |  |
|  |  |  |  | Neil F-117th - 36.22 |  |
|  |  |  |  | Geoff -118th - 36.46 |  |
|  |  |  |  | Matthew - 121st - 37.47 |  |
|  |  |  |  | John G - 122nd - 38.02 |  |
|  |  |  |  | TomL-126th - 38.57 |  |
|  |  |  |  | Kevin Ban. - 129th - 40.05 |  |
|  |  |  |  | Bob P - 130th - 40.14 |  |
|  |  |  |  | Paul W- - 33 rd - 41.00 |  |
|  |  |  |  | Dave -1 - 35 th - 42.19 |  |
|  |  |  |  | Kevin Bu. - 139th |  |
|  | Surrey League XC - Richmond Park | 3 miles | Xc | Serena - 9th - 24.20 |  |
|  |  |  |  | Diane - 18th - 24.58 | Striders finished 8th on the day |
|  |  |  |  | Elene - 41st - 26.44 | Striders are tenth in the overall table |
|  |  |  |  | Kerry - 72nd - 28.55 |  |
|  |  |  |  | $\begin{array}{\|l\|} \hline \text { Patricia - 95th }-30.55 \\ \hline \text { Michele - } 98 \text { th }-31.10 \end{array}$ |  |
|  |  |  |  |  |  |
| 18-Jan | Epsom Perch | 2000 Perch | XC | Nick Kand. - 98th - 45:40 |  |
| 24-Jan | Southern cross country championships | 8 K xc | Senior women | Serena - 96th - 39.00 | 297 finishers |
|  |  |  |  | Kerry - 195th - 44.16 |  |
|  |  |  |  | Emma - 221st - 45.48 |  |
|  |  | 8 K xc | Junior men | Matthew - 85th - 41.26 |  |
|  |  |  |  |  |  |
|  |  | 15 K xc | Senior men | Justin - 196th - 56:20 | 800 finishers |
|  |  |  |  | Damian - 410th - 1:02:46 |  |
|  |  |  |  | Chris - 502nd - 1:05:34 |  |
|  |  |  |  | Tom L- 752nd - 1:16:36 |  |
|  |  |  |  |  |  |
| 25-Jan | Canterbury 10 | 10 miles | road | Don - 38th - 1:01:05 |  |
|  |  |  |  | Elene - 3074-1:15:06 |  |
|  |  |  |  | Kate - 368th - 1:17:39 |  |
| 1-Feb | Tough Guy | 6 miles | multi | Justin - 20th - 1:18:38 | over 4000 starters but only 2895 finishers |
|  |  |  |  | Damian - 4377th - 1:48:12 |  |
| 7-Feb | Surrey League XC - Lloyd Park | 3 miles | Women's XC | Serena - 16th - |  |
|  |  |  |  | Diane - 20th - |  |
|  |  |  |  | Emma |  |
|  |  |  |  | Kerry |  |
|  |  |  |  | Elene |  |
|  |  |  |  | Steph |  |
|  |  |  |  | Patricia |  |
|  |  |  |  | Sian |  |
|  |  |  |  | Yvonne |  |
|  |  | 5 miles | Men's XC | Justin - 9th overall - 9th scorer) - 30.33 |  |
|  |  |  |  | Dave S - 33rd - (33rd) - 32.20 |  |
|  |  |  |  | Bob E-47th - (45th) - 32.59 |  |
|  |  |  |  | Gerry - 66 th - (62nd) - 33.50 |  |
|  |  |  |  | Damian - 72nd - (67th) - 33.50 |  |
|  |  |  |  | Don -85th - 77 tht $)$ - 34.41 |  |
|  |  |  |  | Chris - 8 7th - (79th) - 34.43 |  |
|  |  |  |  | Nigel D - 88th - (80th) - 34.45 |  |
|  |  |  |  | Peter Y - 93rd - (82nd) - 35.04 |  |
|  |  |  |  | Dave B - 94th - 35.07 |  |
|  |  |  |  | simon S - 1 1th - 36.45 |  |
|  |  |  |  | Alan D- 117th - 37.14 |  |
|  |  |  |  | Neil F-122nd - 37.56 |  |
|  |  |  |  | Nick K - 125th-38.13 |  |
|  |  |  |  | lan - 129th - 38.46 |  |
|  |  |  |  | Neil R-135th - 39.52 |  |
|  |  |  |  | Tom L- 136th - 39.55 |  |
|  |  |  |  | John G - 140th - 41.18 |  |
|  |  |  |  | Bob P - 147th-43.52 |  |
|  |  |  |  | Mick G - 148th - 44.03 |  |
|  |  |  |  | Kevin Bu. - 150th - 55.13 |  |
|  |  |  |  | Colin C - DNF |  |
|  |  |  |  | Steve C - DNF |  |
|  |  | 1.5 miles | Girls's U-13 XC | Daisy - 3rd |  |
|  |  |  |  | Sophie |  |
|  |  |  |  | Ciara |  |
|  | Wokingham Half | Half marathon | Road | Kate - 442nd (16th FV40) - 1:36:36 | 1751 finishers |
|  |  |  |  | Phil M - 554th - (75th VM40) - $1: 3959$ |  |
|  |  |  |  | Zia - 1154th - (149th MV40) - 1:54:57 |  |
|  |  |  |  | Karen - 1318th- - (118th FS) - 1:58:49 |  |
|  |  |  |  | Pauw - 1319 - $-(530$ th MS) - 1:58:50 |  |
|  |  |  |  |  |  |

