

**STRIDERS OF CROYDON**

**Results for December 2009**

red = not included in road rankings/ club records yet

| <u>Date</u> | <u>Name of Event</u>   | <u>Distance</u>  |              | <u>Runner, placing</u>   | <u>Time</u>   | <u>Comments</u>  |
|-------------|--|------------------|--------------|--|---|--|
| 5-Dec       | Pirie 10   | 9.8 miles approx | xc           | Richard L-S - 12th<br>Chris - 26th<br>Suzy Y - 53rd (4th F)<br>Serena - 68th (8th F)<br>Alice - 72nd (9th F)<br>Yasmin - 80th (13th F)<br>Matt A - 81st<br>Dave D - 89th   | 1.03.40<br>1.08.00<br>1.16.09<br>1.21.40<br>1.22.23<br>1.27.18<br>1.27.18<br>1.35.46  |  |
| 6-Dec       | Luton Marathon   | Marathon         | Road         | Ian C - 98th   | 3.20.36   |  |
| 6-Dec       | Wothing Duck Pond Waddle                                     | 9 miles approx.  | Multiterrain | Steph U - 101st (10th F & 6th FV35)  | 1.26.11   |  |
| 12-Dec      | Surrey League Men's Div. 2<br>Lloyd Park                     | 5.2 miles approx | xc           | Matt M - 6th<br>Lee F - 14th<br>Tyler - 17th<br>Richard L-S - 25th<br>Steve St - 32nd<br>Mick T - 49th<br>John F - 53rd<br>Barry W - 55th scorer (56th overall)<br>Chris - 61st (62nd)<br>Simon A - 62nd (63rd)<br><br>Paul F - (73rd)<br>Taylor - (77th)<br>Krzysztof (81st)<br>Ben - (87th)<br>Steve M - (94th)<br>John K - (95th)<br>Paul E - (109th) | 31.01<br>31.57<br>32.14<br>32.58<br>33.25<br>34.50<br>34.57<br>34.59<br>35.20<br>35.24<br><br>35.49<br>35.56<br>36.19<br>36.32<br>37.16<br>37.29<br>38.30 | Striders finished 3rd on the day and remain in first place over  |
| 12-Dec      | Surrey League Women<br>Richmond Park - Ranelagh course       | 8.1 K approx.    | xc           | Helen F - 6th scorer in Div 2 (32nd overall)<br>Suzy Y - 19th (84th)<br>Faye - 28th (114th)<br>Alice - 34th (123rd)<br>Josephine - 35th (124th)<br><br>Yasmin - 42nd<br>Hannah - 68th (209th)<br>Sarah H - 74th (222nd)<br>Jo - 96th (260th)<br>Kim - 98th (266th)<br><br>Victoria - 134th (315th)   | 33.17<br>36.08<br>37.10<br>37.25<br>37.26<br><br>38.23<br>41.37<br>42.34<br>45.02<br>45.41<br><br>63.07   | Striders A team were 4th on the day and are 3rd overall<br><br>Striders B team were 13th on the day and are 12th overall |
| 19-Dec      | South of Thames senior<br>Wimbleodn Common - Belgrave course | 7.5 miles approx | xc           | Matt M - 24th scorer (25th overall)<br>Lee W - 80th (83rd)<br>Mick T - 101st (106th)<br>Taylor - 103rd (109th)<br>Chris - 104th (110th)<br>John K - 116th (124th)<br>Dave D - 151st (190th)  | 44.39<br>50.37<br>52.29<br>52.57<br>53.01<br>54.38<br>71.56   | Striders A team (6 to score) were 11th of 14 complete teams  |
| 20-Dec      | Holly Run  |                  | xc           | Ben F - 29th   | 39.12   |  |