

**STRIDERS OF CROYDON****Results for August 2009**

red = not included in road rankings/ club records yet

<u>Date</u>	<u>Name of Event</u>	<u>Distance</u>		<u>Runner, placing</u>	<u>Time</u>	<u>Comments</u>
9-Aug	Belgrave Bolt (Wimbledon) 5K	5K	road	Duncan - 16th	16.49	
				Dave B - 81st	19.43	
				steve M - 91st	20.01	
				Nick E - 96th	20.17	
				Alex - 114th	21.14	
				James M - 137th	22.43	
				Tom L - 144th	23.11	
				Peter S - 148th	23.41	
				Kim - 174th	26.14	
16-Aug	South Coast Half	13 miles approx.	road	Simon A - 30th	1.29.45	
23-Aug	Burnham Beeches Half	Half Marathon	Road	Ben F - 97th	1.31.37	
				Alan P - 195th	1.38.02	
				Hannah - 682nd	2.03.20	
30-Aug	Newick Will Page 10K	10K	road	Matt C - 30th	40.37	
30-Aug	Arundel Castle 10K	10K	road	Gary - 180th	47.53	615 finishers
				Steph U - 186th	48.06	
30-Aug	Pilgrims Way	8 miles approx.	xc	Mick T - 15th	1.03.19	182 finishers
				Ben F - 19th	1.04.19	