

STRIDERS OF CROYDON

Updated 20/08/2007

Results for August 2007

Date	Name of Event	Distance		Runner, placing	Time	Comments
14-Jul	Holland Sports - Southern League div 4S	T&F	Horsham			Striders men were 5th on the day
		5000m	A	Matt M - 1st	16.53.7	
		1500m	A	Matt M - 2nd	4.37.9	
		3K steeplpecha	A	Matt M - 1st	10.28.5	
6-Aug	Sri Chinmoy - Battersea Park	3K	road	Duncan - 3rd	9.33	
				Alex - 19th	11.03	
				Matt A - 49th	13.25	
				Karen Mac - 57th (6th woman - in Grand Prix)	14.05	
				Yasmin - 61st (7th women - in Grand Prix)	14.32	
12-Aug	Tri and run 5K (Wimbledon 5K)	5K	road	Duncan - 14th	16.34	
				Tony - 48th (12th MV40)	18.21	
				Dave B - 51st (1st MV50)	18.28	
				Darren P - 52nd	18.29	
				Chris - 61st	19.15	
				Alex - 63rd	19.19	
				Mick T - 71st	19.37	
				Paul W - 133rd	22.35	
				Mick G - 139th	22.52	
				Sarah - 150th (12th FV35)	23.36	
				Karen - 168th	25.03	
				Susannah - 178th	26.29	
				Pat - 191st (3rd FV55)	27.38	
				Susan - 28.57 - 200th	28.57	
15-Aug	Rosenheim League final	T&F	Kingsmeadow			
		100m	non-scoring	Dave L	14.10	
		200m	non-scoring	Dave L	28.70	
		800m	non-scoring	Nicholas	2.21.7	
19-Aug	Burnham Beeches half	half marathon	road	Paul W - 402nd	1.47.42	
19-Aug	Henfield Half	half marathon	multiterrain	Damian - 7th	1.26.54	
				Chris - 20th	1.32.22	
				Mick T - 46th	1.37.20	
				Tina - 184th	1.59.25	