

Results for August 2005

<u>Date</u>	<u>Name of Event</u>	<u>Distance</u>		<u>Runner, placing</u>	<u>Time</u>	<u>Comments</u>
25-Jul	Vets track & field - Kingsmeadow	2K walk	M40A	Dave H - 3rd	12.58.9	Striders men finished 3rd on the day
(late result)			M40B	Chris - 2nd		
			M50	Nigel B - 1st	12.46.3	
		800m	M40	Dave B - 3rd	2.28.3	
			M50 A	Bob E - 1st	2.27.8	
			M50 B	John McG - 2nd	2.41.2	
			M60	Kevin Bu - 5th	3.31.6	
		200m	M40 A	Chris - 5th	31.40	
			M40 B	John McG - 3rd	31.70	
			M50	Dave B - 3rd	30.40	
		Discus	M40	Kevin Bu - 4th	16.19 m	
			M50	Bob E - 5th	12.38 m	
		Triple Jump	M40	Chris - 3rd	6.80 m	
		4 x 200m relay		4th	2.07.5	
		high jump	M40	Chris - 4th	0.9 m	
		Javelin	M40	Chris - 4th	18.03 m	
			M50	Dave B - 4th	18.35 m	
			M60	Kevin Bu - 3rd	18.20 m	
14-Aug	Wimbledon 5K	5K	road	Duncan - 12th	16.27	217 finishers
				Justin - 16th	16.51	In the Surrey County Champs :
				Matt M - 29th	17.17	Striders women (3 to score) finished 2nd
				Damian - 64th	18.20	Striders men (3 to score) finished joint 3rd
				Dave B - 72nd (7th MV50)	18.45	
				Alex - 84th	19.04	
				Chris - 92nd	19.16	
				Alan D - 101st	19.43	
				Serena - 114th (13th F)	20.20	
				Paul W - 118th	20.34	
				Phil - 122nd	20.39	
				Clare - 135th (14th F / 4th FV35)	21.20	
				Kerry - 142nd (17th F / 5th FV35)	21.38	
				Dave D - 161st	23.18	
				Matthew B - 183rd	24.23	
				Karen - 189th (42nd F)	24.55	
				Pat E - 195th (43rd F / 5th FV55)	25.30	
				Kevin Bu - 215th	30.07	
21-Aug	Henfield Half	Half marathon	road	Damian - 12th	1.27.10	
				Dave D - 170th	1.55.51	
				Pat E - 220th	2.05.14	
28-Aug	Jurassic Coast 10K	10K	road	Helen - 6th (1stF)	44.??	
				Neil - 8th	46.06	