

Results for August 2004 onwards

<u>Date</u>	<u>Name of Event</u>	<u>Distance</u>		<u>Runner, time, placing</u>	<u>Comments</u>
29-Jul	NearAsDammit	about 10K	XC	Damian - 15th - 41.18 Chris - 18th - 42.04 Adrian C - 36th - 47.59 John S - 43rd - 50.03 Daniel - 44th - 50.05 Dave H - 62nd - 56.33 Patricia - 65th - 57.51	72 finishers
31-Jul	Swanage 12	12 mils	road	Alan D - 65th - 1.33.40	120 finishers
2-Aug	Sri Chinmoy Self transcendence	2 miles	road	Chris - 24th - 11.58	62 finishers
8-Aug	Midhurst 10K	10 K	road	Adrian W - 80th - 44.42	123 finishers
15-Aug	Burnham Beeches half	Half Marathon	road	Justin - 19th - 1.20.53 Damian - 53rd - 1.25.58 Susan - 974th - 2.14.23	1115 finishers
22-Aug	Wimbledon 5K	5K	road	Justin - 18th - 16.42 Lee - 21st - 17.00 (running as unattached) Don - 36th - 17.46 Damian - 50th - 18.25 John F - 53rd - 18.28 Dave B - 54th - 18.29 Chris - 67th - 18.46 Mike W - 71st - 18.52 Alan D - 86th - 19.30 Neil F - 103rd - 20.07 Matthew - 107th - 20.11 Geoff - 121st - 20.49 Elene - 136th - 21.47 Paul W - 148th - 22.16 Bob P - 151st - 22.28	191 finishers
29-Aug	Mersea Island 10 miler	10 miles	road	Justin - 1.00.04 Damian - 1.02.50	
29-Aug	Arundel Castle 10K	10 K	road	Chris - 49th - 41.38 Steph - 181st - 48.21 Paul W - 204th - 49.00	593 finishers