

Switchback 25th September 2016

Final Results

Place	Name	Club	Sex	Cat	Time
1	Ollie Garrod	Epsom & Ewell Harriers	M	SM	00:27:49
2	Philip Coales	Striders of Croydon	M	SM	00:28:17
3	Marcos Seijo	Unattached	M	M40	00:28:21
4	Peter Mills	Striders of Croydon	M	SM	00:28:51
5	Bill Makuwa	Striders of Croydon	M	SM	00:29:01
6	George Roux	Unattached	M	SM	00:29:22
7	Thomas White	Unattached	M	SM	00:30:07
8	Lee Flanagan	Striders of Croydon	M	M40	00:30:33
9	Krzysztof Klidzia	Striders of Croydon	M	M50	00:30:42
10	James Hampshire	Fulham RC	M	SM	00:31:18
11	Deirdre McDermot	Unattached	F	F35	00:31:34
12	Roger Bryant	Collingwood AC	M	M40	00:31:40
13	Matthew Taylor	Kingston & Poly	M	SM	00:32:20
14	Antony Constantinou	Collingwood AC	M	M50	00:32:25
15	Andy Perks	Striders of Croydon	M	M40	00:32:42
16	Matthew Stone	Striders of Croydon	M	M50	00:32:46
17	Lisa Rooney	Collingwood AC	F	F35	00:33:17
18	Damian Macenhill	Striders of Croydon	M	M40	00:33:21
19	Simon Webster	Striders of Croydon	M	SM	00:33:30
20	Steve Corfield	Unattached	M	M50	00:33:32
21	Simon Pannell	Striders of Croydon	M	M50	00:33:34
22	Glen Smith	Collingwood AC	M	SM	00:34:33
23	Nicola Archer	Unattached	F	F35	00:34:54
24	Matthew Ostrowski	Striders of Croydon	M	SM	00:35:17
25	Chris Morton	Striders of Croydon	M	M50	00:35:21
26	John O'Mahony	Striders of Croydon	M	SM	00:35:30
27	Christopher Curtis	Collingwood AC	M	M50	00:35:43
28	Joe Victor	Collingwood AC	M	M40	00:35:55
29	Simon Donaghy	Collingwood AC	M	M50	00:36:04
30	Ola Balme	Dulwich Runners	F	F45	00:37:04
31	Martin Lloyd	Collingwood AC	M	M50	00:37:06
32	Steve Blake	Unattached	M	M40	00:37:06
33	Nick Corline	Striders of Croydon	M	M50	00:37:17
34	Simon Ricca	Unattached	M	M50	00:37:21
35	Richard Mellor	Hercules Wimbledon	M	M40	00:37:54
36	Peter Johnson	Striders of Croydon	M	M50	00:38:01
37	Dominic Hamilton	Unattached	M	SM	00:38:08
38	Tony Ostrowski	Striders of Croydon	M	M40	00:38:19
39	Kenneth Fancett	Beckenham Running Club	M	M60	00:38:32
40	Abhi Toraskar	Striders of Croydon	M	SM	00:39:02
41	Jessica Winfield	Herne Hill Harriers	F	SW	00:39:11
42	Eleanor Simmons	Dulwich Runners	F	F35	00:39:15
43	Shun-Lai Chan	Collingwood AC	F	F45	00:39:35
44	Jo Quantrill	South London Harriers	F	F55	00:39:40
45	Keith Brown	Croydon Harriers	M	M60	00:40:01
46	Jenny Cooney	Collingwood AC	F	F35	00:40:03
47	Peter Gibson	Oxted Runners	M	M50	00:40:07
48	Chris Brough	Unattached	M	M60	00:40:16
49	Selena Wong	Striders of Croydon	F	F35	00:40:18
50	Alan Dolton	Striders of Croydon	M	M50	00:40:21
51	Yasmin Anderson	Striders of Croydon	F	F35	00:40:39
52	Nicola Stevenson	Collingwood AC	F	F35	00:40:53

53	Ally Whitlock	Striders of Croydon	F	F35	00:41:34
54	Nick Fiander	Striders of Croydon	M	M50	00:41:45
55	Catherine Spurin	Epsom Allsorts	F	SW	00:42:15
56	Ian Strong	Epsom Oddballs	M	M50	00:42:31
57	Stav Tsielepis	Unattached	M	SM	00:43:01
58	Ganesh Swaminathan	Striders of Croydon	M	M40	00:43:43
59	Viv Mitchell	South London Harriers	F	F45	00:44:02
60	Ron West	Unattached	M	M50	00:44:45
61	Mark Hutchings	Striders of Croydon	M	M50	00:44:49
62	Ross Hunter	Unattached	M	SM	00:45:00
63	Chrissy Amer	Unattached	F	F35	00:45:11
64	Karen Peake	Striders of Croydon	F	F45	00:45:15
65	Keith Dube	Striders of Croydon	M	M40	00:45:15
66	Anthony Charlwood	Unattached	M	M60	00:45:28
67	Jules Williams	Croydon Harriers	F	F45	00:45:34
68	Sandie Harris	Unattached	F	F55	00:45:50
69	Sarah Allen	Herne Hill Harriers	F	F45	00:46:05
70	Oliver Robins	Kingston & Poly	M	SM	00:47:30
71	Sarah Hamilton	Unattached	F	SW	00:47:34
72	Claire Mitchell	Unattached	F	SW	00:48:01
73	Michael Bassett	Unattached	M	M60	00:48:01
74	Robert Lambert	Unattached	M	M60	00:48:08
75	Helene McCann	Striders of Croydon	F	F55	00:48:32
76	Katie Mcinnes	Unattached	F	SW	00:48:44
77	Sharon Rhys-Davies	Unattached	F	F35	00:49:20
78	Amy Taylor	Unattached	F	SW	00:49:42
79	Neil Witherow	Unattached	M	M50	00:50:16
80	Tara Taylor	Kingston & Poly	F	SW	00:50:30
81	Amanda Curtis	Collingwood AC	F	F45	00:50:34
82	Sarah Milne	Striders of Croydon	F	F45	00:51:02
83	Ruth Pearson	Striders of Croydon	F	F35	00:51:46
84	Helen Stubley	Unattached	F	F35	00:51:48
85	Karen Chart	Collingwood AC	F	F35	00:52:28
86	Andy Lightowler	Unattached	M	M50	00:52:55
87	Mandy Oldfield	Epsom Allsorts	F	F45	00:53:45
88	Julia Lambert	Epsom Allsorts	F	F55	00:54:01
89	Tim Fahey	Unattached	M	M60	00:54:20
90	Michelle Klein	Striders of Croydon	F	F35	00:54:56
91	Alan Lawrence	Unattached	M	M50	00:54:56
92	Rosa Constantinou	Collingwood AC	F	F45	00:55:10
93	Sandra Smith	Epsom Allsorts	F	F45	00:55:50
94	Ralph Dawkins	Unattached	M	M50	00:56:38
95	Christina Uwins	Unattached	F	F35	00:57:03
96	Leon Goldsack	Dover Roadrunners AC	M	M50	00:57:14
97	Maria Lawrence	Collingwood AC	F	F45	00:58:04
98	Tina Woodford	Epsom Allsorts	F	F45	00:59:12
99	Anthony Bonninga	Unattached	M	M50	01:00:21
100	Mo Beardson	Striders of Croydon	F	F35	01:01:05
101	Sue Witherow	Unattached	F	F45	01:02:16
102	Jane Spurin	Epsom Allsorts	F	F45	01:07:55
103	Pauline Maxton	Epsom Allsorts	F	F55	01:07:56
104	Julie Ireland	Epsom Allsorts	F	F45	01:12:00
105	Shelagh Bonninga	Epsom Allsorts	F	F55	01:12:00
106	Stacey Seymour	Striders of Croydon	F	SW	01:17:08