## STRIDERS COMMITTEE MINUTES -29<sup>th</sup> March 2010

# 1) Minutes of last meeting agreed (1<sup>st</sup> February 2010)

### 2) Chairman's Report -

## **Sandilands**

Car park locked on Tuesday nights. On other week nights it is locked when the bar closes. It remains open at weekends. This change is due to frequent fly-tipping in the car park. Once cricket starts it should also be open on Tuesday.

## 3) Croydon Half Marathon.

Council came back with a date of 17<sup>th</sup> April 2011 – this is likely to be the date of the VLM. Robin to suggest alternative dates. We are still trying for 5<sup>th</sup> April

Looking at using new pavilion in Lloyd Park.

Next Project meeting is on 12<sup>th</sup> April we have a planning meeting with the council on 23<sup>rd</sup>. April

## 4) Membership Secretary's Report.

Club affiliation fee now due to England Athletics - Chris to send off club fee.

Mick to send off membership fees.

Currently about 219 members. Committee to look out for and chase non-payers.

510	Membership fees to England Athletics	Open	MT	10/05
511	Update membership form	Open	MT/	10/05
			RJ/SU	

#### 5) Kit Report.

T-shirts ordered from WASP - but minimum order is 18 and 6 week delivery time Problems with A-Star printing – so looking for new printers.

512 Promote kit in newsletter.	Open	SH /SU	10/05	
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## 6) Treasurer's Report

Received.

Suggestions for some necessary purchases

An automatic light outside the club house:

Another tear drop flag - now on order

Two 'pop-up' tents to allow changing and bag storage at races.

Water containers for Switchback etc. (Robin to check that we don't already have some of these) Cool box.

Lockers.

### 7) Switchback

26<sup>th</sup> Sept.

Mick to be race director

Susan to be race entries secretary

'T-shirt design' competition in newsletter

Look into cost of race entry.

Maybe free cake to all runners?

513	Decide on cost, prizes, T-shirt, goody bag etc	Open	MT/CM	10/05
			/RJ	

## 8) Social

Post marathon meet at The Builders on 25<sup>th</sup> April: Chris / Mick to promote

Eastbourne training weekend – 26<sup>th</sup> & 27<sup>th</sup> June: Mick to Promote Surrey Downs Marathon Relay – Sat. 12<sup>th</sup> June: Chris to promote

Race for Life – Lloyd Park – Sun.  $25^{\text{th}}$  July : BBQ or food provided by organisers ? : Robin to

promote

See also 12) Handicaps

Quiz – Next one to be in Sept. / Oct.-Mick to be quizmaster. Probably shorter quiz – more time for food and socialising. Buffet or paid fish and chips?

Last Weds. of month social in bar – continue to promote. Though it will not always be possible to provide free food. Option of ordering pizza from bar.

505	Eastbourne training weekend	Open	MT	10/05
506	Ideas on more socials	Done	SH/SU	29/03
507	Bar use on Weds.	Done	SH/RJ	29/03
513	Promote socials	Open	MT/CM	10/05
514	Promote Race for Life	Open	RJ	10/05

More social cycling planned for summer.

### 9) Team management / race hosting

East Surrey League – Ewell ct 4 miles – 6<sup>th</sup> April - manager needed Rosenheim League – 12<sup>th</sup> May – Battersea Park – John R

Vets T&F - Croydon Arena - 24<sup>th</sup> May - Dave B - co-hosting - officials and helpers needed Rosenheim League - Croydon Arena - 26<sup>th</sup> May - John R - co-hosting - officials and helpers needed

Suggested that members who help out in our T&F fixtures should be included in the list of 'helping events' for our Marathon ballot. This was agreed.

## 10) Club runs

Review wording on web site. Susan to suggest.

#### 11) Mile Time Trials

First one on Friday 2<sup>nd</sup> April at 7.50 p.m.:

Robin and John R to organise first one.

#### 12) Handicaps

Provisional dates: May 19<sup>th</sup>, June 16<sup>th</sup>, July 14<sup>th</sup>

Chris & Susan to organise first one, Steph & Robin the second, John H , John R and Mick the third

Food to be arranged for each one

Hand out Sandilands Cup winners trophies at first one?

515	Organise Handicaps	Open	All	19/05
516	Arrange catering for Handicaps	Open	SH	19/05

### 13) Courses for coaches / Leading club runs

461	committee to self book onto course once UKA have	Closed	MT /	spring
	set them up		JH	

Mick attending Leaders in Running & Fitness course on 17<sup>th</sup> April Chris attending final Level 2 Endurance course on 25<sup>th</sup> April

# 14) Communications

508	Look into changing web host	Open	RJ/MT/	10/05
			CM	

Mick is currently looking at the options for online forums. Disadvantage of free forums is they suffer from spam and forced adverts. Would many Striders use them anyway? Another option is moving the whole web site to a new host.

In the interim, guidelines on how to use Striderslist and the various options available within it, to be put in article in next newsletter.

517	Guidelines about using Striderslist	Open	RJ/MT	05/04	1
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### 15) Photos

Images of club members –To be restricted to committee only. Robin to attempt photo-montage.

#### 16) Owen Trophy

Races making up this event to stay the same as last year – namely

Sutton 10K – 2<sup>nd</sup> May

Dorking 10 – 23<sup>rd</sup> May

Beckenham 10K – 6<sup>th</sup> June

Richmond 10K (Dysart) - 20<sup>th</sup> June

Elmore 7 – 17<sup>th</sup> July

Elmbridge 10K – 25<sup>th</sup> July: Striders will get Owen points if they help at the Race for Life instead

of running Elmbridge

Wimbledon 5K – 8<sup>th</sup> August

Croydon 10K - TBC

Any Half marathon – from 1/12/2009 to 30/11/2010

Any marathon – from 1/12/2009 to 30/11/2010

#### 17) Striders parkrun special

503	Promote a Striders championship day at	Open	MT	10/05
	Roundshaw parkrun			

10th April 2010 3rd July 2010 2nd October 2010

Possibly do one on 24<sup>th</sup> April – day before VLM – very few races that weekend

## 18) Race for Life - 25<sup>th</sup> July

Lloyd Park – races in both morning and afternoon, possibly 3000 runners in each. Probably split Striders helpers into two groups. Might have BBQ at lunchtime – depends on what organisers provide.

# 19) Calendar of events

504	Produce monthly calendar of events	Open	CM	09/04
509	Annotate fixture list to help new Striders	Done	CM	05/02

### 20) Rosenheim League

South London Harriers have dropped out of the League. RL secretary wanted Striders to take over the hosting of SLH's fixture at Tooting Bec. We offered to host it, but at Croydon Arena. Our proposal was rejected by the League club managers. The compromise accepted was that all clubs would provide officials for the 'SLH fixture' at Tooting Bec but Striders would share the cost of hosting the fixture with Croydon Harriers (all other clubs pay for hosting their own fixture). Update – asked by RL Secretary if we would pay whole of fee for Tooting Bec fixture while Croydon Harriers pay whole of Croydon Arena fee: agreed by committee and RL Secretary informed.

It should be noted that we are already co-hosting a fixture with Croydon Harriers on 26<sup>th</sup> May.

## 21) Men's Surrey League AGM

Chris attended on Fri. 26th March

Main decisions:

Affiliation fee to rise from £30 to £40

Payment for hosting a race to rise to £50

Surrey University to join the league next season

Sponsorship to move from Sweatshop to 2XU next season

Change to rule on second claim runners – only 2 per team per race to be allowed to score next season, but 'guest' runners to be allowed but non-scoring.

Awards for separate Vets categories next season - M40, M50, M60

# 22) Pre London Marathon meet and greet

Susan to organise 'meet & greet' for Striders running at the VLM.

Base in Blackheath - bring club flag.

To bring emergency supplies and be a place to meet for nervous runners!

### 23) Next committee meeting

10<sup>th</sup> May at Steph's

## Action points carried forward:

461	committee to self book onto course once UKA have set them up	Close	d	MT / JH		spring
496	Create a montage of photos to include as mar members as possible.	ıy	Open		RJ	10/05
503	Promote a Striders championship day at Roundshaw parkrun		0	pen	MT	10/05
504	Produce monthly calendar of events		0	pen	CM	09/04
505	Eastbourne training weekend	Open		MT		10/05
506	Ideas on more socials	Done		SH/SU		29/03
507	Bar use on Weds.	Done		SH/RJ		29/03
508	Look into changing web host	Open		RJ		09/04
509	Annotate fixture list to help new Striders	Done		CM		05/02
510	Membership fees to England Athletics	Open		MT		10/05
511	Update membership form	Open		MT/R	J/SU	10/05
512	Promote kit in newsletter.	Open		SH /SI	J	10/05
513	Promote socials	Open		MT/CN	Л	10/05
514	Promote Race for Life	Open		RJ		10/05
515	Organise Handicaps	Open		All		19/05
516	Arrange catering for Handicaps	Open		SH		19/05
517	Guidelines about using Striderslist	Open		RJ/MT	-	05/04