

STRIDERS COMMITTEE MINUTES – 26th July 2010

Apologies for absence : Steph Upton, John Humphries

1) Minutes of last meeting (10th May 2010) - agreed

2) Chairman's Report –

Sandilands - For info the Sandilands committee agreed that the bigger clubs which includes us would contribute £300 each towards the clearing and levelling of the car park for which the final bill is going to be £1700. Striders contribution now paid

Despite this Sandilands will finish the year with a small loss and it really needs to be making £2K profit. Unless we find another permanent nursery which is possible though seems unlikely Sandilands is going to have to put up its rent for next year by rather more than inflation – maybe a £200 to £300 increase.

3) Croydon Half Marathon.

The promise of significant sponsorship was short lived. We have gone from being the Runathon Croydon Half back to the Croydon Half. IT means there will be less surplus for charity and we will probably cut down on some costs like additional banners and signage.

The entry form, website and on line entry system are in final draft stage – see www.jmsn.me.uk
The aim is still to launch at the Croydon 10K

No reduction on entry fee to Striders

Next meeting in August

4) Membership Secretary's Report.

Membership numbers - 239 total

Female 101 (42%) 84 first claim, 8 second claim, 5 sub 18 and 4 social

Male 138 (58%) 125 first claim, 8 second claim, 5 sub 18

5) Kit Report.

New white long-sleeved technical top received.

Will be placing another order for club T-shirts

Buying the unisex vests and phasing out the men's style as the unisex ones look better for both males and females.

Another kit sale planned for end of summer.

6) Treasurer's Report

Suggestions for some necessary purchases

An automatic light outside the club house: Now requested –Steve to connect outside lights to bar circuit. RJ will need to keep reminding him later in the year.

Another tear drop flag –Delivered

Two 'pop-up' tents to allow changing and bag storage at races.

Small tent purchased. Chris to purchase one large tent.

Water containers for Switchback etc.

We have but they are not suitable, as no taps. Mick to purchase.

Cool box.

Men's Locker replaced. Robin to purchase for the women's changing room.

Other items :
 Bike racks
 Better boot scrapers

This year's Charity fund will be the Garwood Foundation.

7) Switchback

'T-shirt design' competition in newsletter.
 We liked the entries from both Carmen and Steph.
 We will look to use Steph's idea of the image of an oak tree for this year's T-shirt.
 We will think how we might be able to use Carmen's designs in the future.

517	Produce final design for T-shirt	Open	RJ/MT	14/08
518	Arrange catering for Switchback	Open	SH/MT	26/09

Switchback estimated costs

T shirts (150) £ 406.50
 Cakes & tea £ 50.00
 Prizes £ 40.00
 Trophies £ 65.00
 Signs etc £ 62.51
 Numbers (150) £ 30.00
 Delivery £ 60.00
 Total : £ 714.01

Last year's revenue to club after sending EA on 119 runners (71 club, 48 UA) was £572 so looking at a loss of £140 on the same of runners
 T shirt est cost is cheapest available, white, 2 colour print
 Signs - are 4 more caution runner signs for road, some extra plastic stakes and a spray paint can. The cost of these could be offset against the payment we receive for hosting Surrey League cross country fixtures.

Mick to check our existing stock of course marking kit.

Promotion : Chris to do Nearasdammit; Mick to seek volunteers to do parkruns and Wimbledon 5K

519	Promote Switchback	Open	MT	26/09
524	Check existing course marking kit	Open	RJ/MT	14/08

8) Social

Race for Life – Lloyd Park – Sun. 25th July :

Quiz – Next one to be in Oct.–Mick to be quizmaster. Susan to look into food options.
 Probably on 22nd October

Last Weds. of month social in bar – continue to promote

505	Eastbourne training weekend	Done	MT	21/06
513	Promote socials	Done	MT/CM	21/06
514	Promote Race for Life	Done	RJ	21/06
520	Book Sandilands hall for Quiz	Open	RJ / MT	22/10
521	Catering options for Quiz	Open	SH / MT	22/10

9) Team management / race hosting

Surrey Road Relays – 11th Sept - Chris

10) Club runs

Friday runs to stay as they are – two groups

11) Rosenheim League

John Ralf reported : big turn out for Croydon fixture but an average of only 3 or 4 attendees at all the other events.

Problems are – difficulty of getting to the fixtures ; concern about high level of competition.

Suggested actions :

- Encouraging all abilities
- Reminding Striders that they can turn up for individual events, they do not have to arrive in time for the opening event
- Look into developing a 'team'
- Look into an 'open day' – probably at Croydon Arena – where all Striders will be encouraged to 'have a go'

522	Organise and promote athletics 'open day'	Open	JR	31/12
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12) Handicaps

515	Organise Handicaps	Done	All	19/05
516	Arrange catering for Handicaps	Done	SH	19/05

Need to sort our prizes – to be handed out at AGM : Mick

13) Courses for coaches / Leading club runs

Steve Smith will soon be attending the Running for Leadership & fitness course

14) Policy on young runners

Agreed to create a separate membership form for under 16s (*or under 17s ?*) – to be countersigned by parent or guardian. If the signatory cannot be on the same run then the run leader will be in charge of the child.

523	Create new 'junior' membership form	Open	SH / MT	01/09
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16) Summer runs, bike rides etc.

More social cycling planned for summer.

To Woldingham then White Bear – after a Sunday run - Done

Croydon to Olympic site via Woolwich Ferry – 15th August

Away runs

The extended run round Keston Ponds seemed to work well. Selsdon Nature Reserve Car Park is about the same distance from the club house as Sparrows Den so I propose another extended run with the option to meet there. It would let one hour runners see more of the routes round Chelsham and Farley.

Other options to arrange at short notice

High Elms

Biggin Hill

17) **Striders parkrun special**

503	Promote a Striders championship day at Roundshaw parkrun	Open	MT	25/09
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25th September 2010 – i.e. pre-Switchback for helpers etc.

23) **Next committee meeting**

AGM on 22nd Sept.

Have pre-meeting via email or post club run if necessary

Action points carried forward :

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