### STRIDERS COMMITTEE MEETING - 24<sup>th</sup> November

Apologies: John Humphries, John Ralf

1) Minutes of last meeting agreed (13th October 2008)

## 2) Chairman's Report - November 2008 (and Sandilands-related items)

- 1 The club now has a large banner as a meeting point for events. Used for the first time at Saturdays London XC.
- 2 JG and I attended the FLM team leaders meeting last Thursday. There is no change from last year. JG will continue as our team at the usual location at Cannon Street. For those who didn't know the Flora London Marathon becomes the Virgin London Marathon for the 2010 race onwards.
- 3 Sandilands would be very happy if we could get a painting party together to wash the wood work and paint the walls and ceilings in the downstairs changing rooms and corridor. The ideal time to do it would be over Christmas or in early January. It would need a team of between four and six if we are to finish it in two days. Robin to send out mailshot for volunteers.
- 4 In the last draw of this years Roof Fund took draw Jenny Plant won £104 and John Humphries for £41.60. The roof Fund will restart in January lot of subscriptions requested before the end of the year.
- 5 I have been asked for our views on how or whether the bar could be run better or differently to feed back to Sandilands in January.

Discussed: felt that current arrangements offer variable situation for Striders – i.e. opening bar on a Weds. night when only a few Striders stay behind. General view was we would be reluctant to opt for any significant change.

Susan suggested that more pan-Sandilands events should be organized.

Ladies changing rooms – poor condition, especially toilets (no cleaning done after parties ?). Robin to raise with Sandilands committee.

464	Seek and organise volunteers to paint parts of	Open	RJ	07/01
	Sandilands	-		
465	Feedback to Sandilands committee our opinions on	Open	RJ /	01/01
	bar franchise and cleaning of changing rooms and		ND	
	pan-Sandilands events			

#### 3) Membership Secretary's Report.

139 as at 23/11/2008.

Karen to send out latest membership list to rest of committee – for them to chase members that they regularly see.

## 4) England Athletics

453	Confirm membership and payment dates with EA	Done	RJ	24/11
454	Confirm that members have received EA cards and	Done	RJ /	24/11
	also update address and email details		KM	

England Athletics about to reorganise – with the cut of about 19 posts.

### 6) Kit Report.

455	Review of kit required and attempt to reduce stock	Done	SU /	24/11
			KJ	

456 Buy	y and install padlocks for lockers to store kit	Done	RJ	24/11	
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Looking into updating and improving First Aid kits: JP to report back

Women's crop-tops to be ordered.

### 7) Treasurer's Report

See attached spreadsheet

- Memberships continue to flow in but we are still short of the forecasted total. We will have to pay EA the £5 for the most recent joiners.
- The banner has been purchased and Robin has now been reimbursed.
- The cost of the band for the Christmas party has been accrued and I will pass the cash to Karen or Susan on Wednesday.

I have not included any ticket sales at this stage.

- I have transferred £2500 to the savings account to earn a little more interest. It will not be much with the rates as they are but every little helps!
- We still have a contingency for the England Athletics fees for the Switchback (£40) and the cash for the band (£300).

#### 8) Social

Christmas party – 5<sup>th</sup> December at Sandilands clubhouse

437	Organise and promote Quiz Night	Done	SH/KM	14/11
438	Organise and promote Christmas Party	Open	SH/KM	5/12
444	Quiz Night – arrange food	Done	SH/KM	14/11
466	Organise raffle for Christmas Party	Open	SH/KM	5/12

### 9) Team management

South of Thames at Wimbledon Common on 20<sup>th</sup> December - Chris Surrey champs at Lloyd Park (we are not hosting) on 3<sup>rd</sup> January- Chris Surrey League – men & women – on 10<sup>th</sup> January – John R & Chris Southern champs at Hillingdon – on 24<sup>th</sup> January - Chris

# 10) Hosting cross country next season

426	Find out Surrey xc Officials course details and seek volunteers	Open	CM	01/01
457	Continue top attempt some contact with Croydon Council	Open	CM	March 09

Begin arrangements for Feb 7<sup>th</sup>: Striders are hosting both the Women's and Men's Surrey League - likely to be over 400 runners

#### 11) Croydon 10+ race

458	Contact those who expressed an interest in a new	Done	SH	24/11
	Croydon race			

#### 12) Events

Swimming – look into organising a duathlon

467 Contact Trinity about Duathlon etc.	Open	KM	02/01

### 13) **Runs**

460	Update SCAG programme and advise new	Open	CM /	16/12
	marathon runners		DB	

Confirmed:

Oxted run on 14<sup>th</sup> Dec.

Addington 4: 1<sup>st</sup> Jan. 2009 - start 11 a.m. Greenwich run – approx. 12 miles: 25<sup>th</sup> Jan. 2009

Neil's Down Way run - out and back, max. of 15 miles: 8th Feb. 2009

Kingston run – option of 15 or 21 miles : 22<sup>nd</sup> Mar. 2009

Beginner's course - provisionally to start on a Friday night in mid-January - likely to run for 10 weeks and have 2 leaders.

Friday slower runs – 4 week rota for three named leaders (Robin, Kevin B, Steve T) plus a.n.other

#### 14) Courses for coaches

New committee members to attend a UKA Level 1 course

461	Link to be sent, then committee to self book onto	Open	CM	12/01
	course			

### 15) Communications

### 16) Extra items

Tear-drop flags - to look into purchasing these Look into purchase of tear-drop flag (s) Done RJ 24/11

Recording of 'Personal Bests' on the club website

After some discussion it was agreed that Striders who run a distance for the first time should be included in the PB lists - but marked as debut runs.

# 17) Date and place of next meeting – 15<sup>th</sup> December

### Action points carried forward:

426	Find out Surrey xc Officials course details and see	ek	Oper	1	CM	01/01
438	Volunteers Organics and promote Christmas party	0	200	CII	/KM	5/12
	Organise and promote Christmas party		oen	L .		
457	Continue top attempt some contact with Croydon		Oper	)	CM	March 09
	Council					
460	Update SCAG programme and advise new		Oper	1	CM /	16/12
	marathon runners			DB		
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	course					
464	Seek and organise volunteers to paint parts of	e volunteers to paint parts of Open		1	RJ	07/01
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	bar franchise and cleaning of changing rooms and	b	•		ND	
	pan-Sandilands events					
466	Organise raffle for Christmas Party	0	pen	SH	/KM	5/12
467	Contact Trinity about Duathlon etc.	0	pen	K۱	1	02/01