STRIDERS COMMITTEE AGENDA – 5th October 2009

1) Minutes of last meeting were agreed (10th August 2009)

2) Chairman's Report -

Sandilands

- It is projected that Sandilands expenditure will exceed income by a small margin this year and subs are likely to increase by around CPI inflation.
- The bar seating and tables have now been reupholstered and re varnished and the carpet cleaned
- Ladies showers again raised the urgency of getting the Ladies showers fixed.
- Cycle stands on the list to provide a few stands on the wall at the end of the play area.
- Lockers RJ to investigate options to replace the rather battered lockers in the both changing rooms.
- Painting possibly another mini working party around Xmas to paint just the corridor.
- Car Park plans to clear the far end of the Car Park may hire skip and call on club members to help clear some of the rubbish.
- The Sandilands Roof Fund, now Maintenance Fund for 2010 will be launched shortly.

Croydon Half Marathon.

- RLJ with JG support will commit to producing a feasibility plan for the next committee meeting in November.
- Initially for the proposed Forestdale, Limpsfield Road, Featherbed Lane route but also for a town centre route.
- The target is a significant open event in spring 2011.
- An initial trial of the out of town route will be a marathon training event next January
- Initial plan to identify as far as possible .
- Cost and options for event centres, car parking, first aid, catering, loos, marquees.
- Requirement and costs for signs and other route marking equipment
- Projected resource requirements for pre race and marshalling
- Main risk and problem areas with the routes and possible resolution
- Options and costs and options for entry, timing and results.
- Sizing impact of say 250, 500,1000 limit.
- Potential sponsorship in Croydon and along route
- Establish contact with Council and Police to discuss their requirements from us and likely support.
- (includes Tandridge for the out of town route).

3) Membership Secretary's Report.

40 members paid up as of 4th October

| 491 | Clarification on the process for members changing | Open | CM / | 16/11 |
|-----|---|------|------|-------|
| | their first claim club needed | | MT | |

4) England Athletics

5) Switchback 2009

| 484 | Organise Switchback : promotion, catering, Goody | Done | SH / | 27/09 |
|-----|--|------|------|-------|
| | bags etc | | MT | |

Feedback, ideas for next year : remark the final corner to make it clearer for runners; more flags for the final few hundred metres of the course; less sweets on offer should lead to increased cake sales; sweeper behind final runner needed; keep fee for on-the-day Strider entries to £4;

Pre-race course checker - esp round Shirley Hills

Mile markers - I sort of dismissed this out of hand as a XC race - but perhaps a half way marker Water station at the viewing point - Andy del Nevo – possibly but at our discretion T shirt design competition for 2010

2009 T shirt stock - 66 remaining. Sell to members for $\pounds 1/\pounds 2$ or keep for next year. Marshals and helpers for this year's race will be offered a free T shirt. Remaining stock to be sold to members at $\pounds 2$ each.

| 492 T shirts – give to helpers. Sell to members. | Open | MT | 16/11 |
|--|------|----|-------|
|--|------|----|-------|

Costs and income from this year

6) Kit Report.

| 480Additional order for more new CoolmaxDoneSUOct | / | | | | | |
|---|---|-----|---------------------------------------|------|----|-----|
| | | 480 | Additional order for more new Coolmax | Done | SU | Oct |

Kit sale at AGM

New kit order placed for hoodies, sports t shirts, Striders T shirts.

Another stock check to be done before AGM. Current stock value only needs to be a memo item of value at current list price. Look to write off existing ladies' vests before purchasing new designs.

7) Treasurer's Report

| - | 485 | Confirm next year's EA costs | Done | KM/RJ | 23/09 |
|---|-----|------------------------------|------|-------|-----------|
| | | | | | = • • • • |

Consider future charity payments : this year's fund to St. Giles.

Next year's fund either to go to a good cause suggested by members or to be split to marathon runners with sponsorship.

| 493 | Seek new suitable charity or arrange for marathon | Open | RJ | 16/11 |
|-----|---|------|----|-------|
| | sponsorship | | | |

8) Social

| 482 | look into organising another Hash | Done | CM / | 31/08 |
|-----|-----------------------------------|------|------|-------|
| | | | PM | |

Chris reported that instead of a Hash a 'pub run' was organised. This was successful even if the numbers were typically small (only 4) despite initial enthusiasm on Striderslist. The event would be repeated.

| 486 | Christmas social | Open | SH/SU | 16/11 | |
|---|------------------|------|-------|-------|--|
| More options were discussed. It was considered that it may be too expensive to hire a room in a | | | | | |
| local pub and then lose money after a poor response from members. Possibilities considered | | | | | |
| included simply meeting in a pub or booking a room in a restaurant but only after members have | | | | | |
| paid a deposit. | | | | | |

Post Croydon 10K / Cabbage Patch / Abingdon marathon social on 18^{th} October : probably in the evening at the Builders

| 494 Publicise 18 th October social | Open | MT | 17/10 | |
|---|------|----|-------|--|
|---|------|----|-------|--|

9) Team management

Women's Surrey League – Oct 10th – John R Women's Surrey league – Nov 14th – John R Women's Surrey League – Dec 12th – John R

Men's Surrey League – Oct 10^{th} – Chris Surrey Vets xc champs – Oct 17^{th} – Chris (Dave Batten) East Surrey League – Oct 31^{st} - Chris Reigate Relays – Nov 7^{th} – Chris Men's Surrey league – Nov 14^{th} - Chris London xc Champs – Nov 21^{st} – Chris South of Thames 5 miles – Nov 28^{th} – Chris Men's Surrey League – Dec 12^{th} – Chris South of Thames 7.5 miles – Dec 19^{th} - Chris

10) Hosting xc

Striders are hosting the Men's Surrey League division 2 race on 12th Dec. at Lloyd Park. This season we are co-hosting this with Dulwich runners. Sugested split of duties : Striders to : book course from council

get permit from England Athletics send out letter / email to other clubs provide changing facilities mark out the course dismantle course after race Marshal the course

Dulwich will: collect team registration sheets provide all the officials for the finish funnel (minimum 6 people) have someone to start the race produce the results and publish Possible provide First Aid cover

Recently Chris was contacted by the league to see is we could also host the men's Surrey League division 3 & 4 race on the saem day as they are unable to find a venue. We have agreed to do this. Currently seeking approval from Croydon Council. This will mean that on 12th December we will need to mark out the course in time for the Division 3 & 4 race at 1 p.m.

11) Events

Duathlon ; Robin reported that this was a success on 4th October with about 20 participants. There would be another next year.

12) Runs

Possibly another Bromley-area Sunday run this year

Possibly pilot the suggested Croydon Half Marathon route (see section 2 above) as a marathon training run next year.

13) Courses for coaches / Leading club runs

New committee members to attend a UKA Level 1 course or Joggers & Leaders course

| 461 | committee to self book onto course once UKA have | Open | MT / | winter |
|-----|--|------|------|--------|
| | set them up | | JH | |

New dates for courses.

Open up the EA 'run leadership' courses to members as long as they are then willing to then lead club runs.

Need to ensure that there is always a key holder for the Friday runs. Ideally leaders should carry a mobile phone with them when running.

| 495 | Produce notes on 'how to lead a club run' | Open | CM / | 16/11 |
|-----|---|------|------|-------|
| | | | JG | |

14) Communications

| 473 | Photos of committee members to appear on | Done | SH/JH/KM | summer |
|-----|--|------|----------|--------|
| | website | | | |

Changes to club flyer : Chris to update to include Susan and Steph's email addresses.

15) **AGM**

| 487 | Book Sandilands hall for AGM | Done | RJ/CM | 23/09 |
|-----|--|------|-------|-------|
| 488 | Organise Club Man & Woman of the Year vote | Done | SH/CM | 23/09 |
| 490 | Purchase trophies for AGM | Done | RJ | 23/09 |

Feedback / requests for special events. (see notes in section 11 & 12)

Increasing use of bar. John Gannon will be arranging provision of food.

Issues to raise with Sandilands committee. (see notes in section 2)

| | 489 | Organise club photo | Closed | RJ/CM | 02/09 | | |
|--|-----|---------------------|--------|-------|-------|--|--|
| Time has run out this year for a group photo to be taken. Instead we will look into greating a | | | | | | | |

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| 496 | Create a montage of photos to include as many members as possible. | Open | RJ | 16/11 |
|-----|---|------|----|-------|
| | | | | |

16) Croydon Half Marathon

See section 2

17) Striders parkrun special

Mick briefly mentioned the idea of encouraging more Striders to run at Roundshaw by having a Striders championship day – possibly in a handicapped format to give all members a chance. More details to follow.

18) next meeting - on 16th November - at Susan's

Action points carried forward :

| 461 | committee to self book onto course once UKA have set them up | Open | MT / | JH | winter |
|-----|---|---|--------|------------|--------|
| 473 | Photos of committee members to appear on website | Done | SH/J | H/KM | 20/07 |
| 480 | Additional order for more new Coolmax | | Done | SU | Oct |
| 482 | look into organising another Hash | | Done | CM / PM | 20/07 |
| 484 | Organise Switchback : promotion, catering, Go bags etc | rganise Switchback : promotion, catering, Goody ags etc | | SH / MT | 27/09 |
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